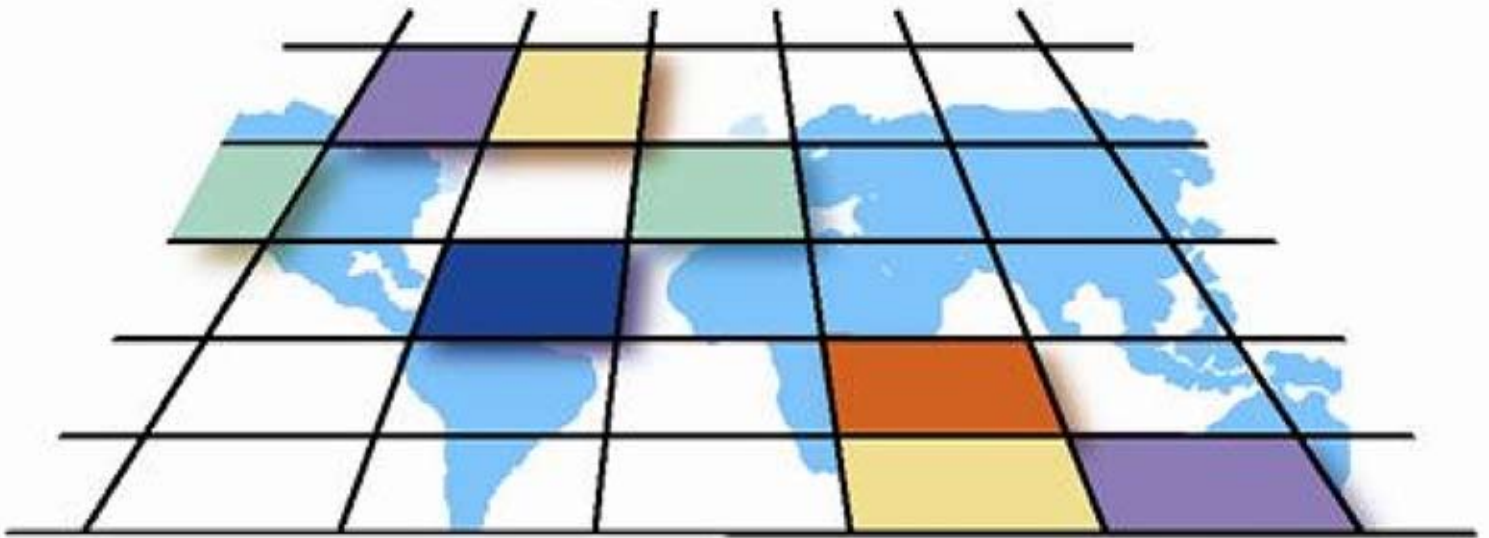


GSHS COUNTRY REPORT

Global School Based Student Health Survey Nepal, 2015



NEPAL



Global School Based Student Health Survey Nepal, 2015

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Acronyms

AIDS	Acquired Immune Deficiency Syndrome
BCC	Behavior Change Communication
BMI	Body Mass Index
CDC	Center for Disease Control and Prevention
CHD	Child Health Division
DEO	District Education Office
GoN	Government of Nepal
GSHS	Global School based Student Health Survey
GSPS	Global School Personal Survey
GYTS	Global Youth Tobacco Survey
HIV	Human Immunodeficiency Virus
NCD	Non-Communicable Infection
NHEICC	National Health Education Information and Communication Center
NHRC	Nepal Health Research Council
STI	Sexually Transmitted Infection
WHO	World Health Organization
UNAIDS	United Nation Program on AIDS
UNESCO	United Nation Educational, Scientific and Cultural Organization
UNICEF	United Nation Children's Fund

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Executive Summary

Establishing healthy behaviors during childhood and adolescent period is easier and more effective than trying to change unhealthy behaviors and treating diseases during adulthood. Schools can play a vital role in promoting the health and safety of young people helping them establish lifelong healthy behavior patterns. Realizing the importance of youth health, many developing countries like Nepal have taken some actions to prevent and control risk factors among youth.

The country has had the information on key risk behaviors in particular the NCD risk factors on adult population (15-69 years) recently. Similarly, the country also has information of overall adolescents (10-24 years) with focus on issues like fertility, health behavior, sexually transmitted infection and HIV/AIDS. Besides these findings, Government of Nepal has also developed the national multi-sector action plan for prevention and control of NCDs. The action plan emphasizes the evidence need for NCDs and envisioned the GSHS in 2016. It is therefore expected that the essential information on health risk behaviors is acquired at national level to complement the evidence gap on NCD risk factors among adult population. The National GSHS was carried out to identify the prevalence of health behaviors and protective factors among the students attending 7 to 11 grades in Nepal.

The 2015 Nepal GSHS employed a two-stage cluster sample design to produce a representative sample of students of class 7 -11. The first-stage sampling frame consisted of all schools containing any of class 7 -11. Schools were selected with probability proportional to school enrolment size, which ended with selection of 75 schools to participate in the Nepal GSHS. The second stage of sampling consisted of random selection of intact classrooms (using a random start) from each school to participate. All classrooms in each selected school were included in the sampling frame. All students in the sampled classrooms were eligible to participate in the GSHS. The Nepal GSHS questionnaire contained 91 questions addressing the issue of; Alcohol and other drug use. Dietary behaviors, Hygiene, Mental health, Physical activity, Protective factors, Sexual behaviors that contribute to HIV infection, other STIs, unintended pregnancy, Tobacco use, Violence and unintentional injury.

The standard GSHS questionnaire was adapted after discussion with Ministry of Health, Ministry of Education and WHO Nepal. The Questionnaire was then sent to CDC Atlanta followed by translation into Nepali and back translation into English. The Nepal version of GSHS questionnaire contained 91 questions of which, 58 questions were core questionnaire module and 33 were core expanded questions. Both the core and expanded questions included questions related to demography, dietary behaviors, hygiene, violence and unintentional injury, mental health, tobacco use, alcohol and drug use, sexual behaviors, physical activity and protective factors. For the Nepal GSHS, 6529 questionnaires were completed in 74 schools. The school response rate was 92%, the student response rate was 75%, and the overall response rate was 69%.

Among 6529 participants, slightly higher proportion of participants were female (51.3%) and the remaining were male (48.7%). Similarly, most of the adolescent were from class 7 (27.7%), class 8 (27.7%) and class 9 (23.7%). Regarding age distribution of participants, majority (64.2%) were from 13-15 years age group followed by (21.5%), 16-17 years age group.

Current alcohol user (at least one drink of alcohol during the 30 days before the survey) among the adolescent students was about 5.5%. A significantly higher proportion of male students (7.1%, CI: 5.6 - 8.9) were current alcohol users compared to female students (3.7%, CI: 2.5 - 5.3). Similarly, 74.6% of adolescent students who ever drank alcohol had their first drink before the age of 14 years. Nine percent (male-11.8%, female-5.4%) of adolescent students were current tobacco user and a higher proportion of males (8.9%, CI: 6.9 - 11.5) were current tobacco user in comparison to females (5.4%, CI: 3.8 - 7.8). Similarly, 6.4% of adolescent students were current cigarette smoker with higher proportion of males (8.9%, CI: 6.9 - 11.5) compared to female adolescents (3.5%, CI: 2.3 - 5.4). Seventy-eight percent adolescent students used cigarettes before the age of 14 years among those who ever smoked.

Regarding the nutritional status of students, 10.9% (male-13.8%, female-8.1%) adolescent students were underweight (BMI < -2 SD). The proportion of underweight among males (13.8%, CI: 10.8 - 17.5) was higher in comparison to female (8.1%, CI: 6.3 - 10.3). Regarding fruit intake in last 30 days, 12% of adolescent students did not eat fruits in last 30 days. Similarly, only 32.3% of adolescent students ate vegetables less than one time per day during 30 days. Furthermore, 77.4% of adolescent student were taught about benefits of eating fruits and vegetables.

Four percent of adolescent students never or rarely washed their hands before eating. Similarly, 4.8% students never or rarely washed their hands after using the toilet or latrine. Five percent of students never or rarely used soap when washing their hands.

Regarding mental health status of adolescent, 6.6% of adolescent students felt lonely most of the time or always during the last 12 months preceding the survey. Similarly, 13.9% of adolescent students seriously considered attempting suicide in the last 12 months.

Almost 50% of adolescents were physically inactive during the 7 days before the survey. Furthermore, 34% did not attend weekly physical education classes during this school year. Overall, 49.1% of adolescent students reported that parents or guardians checked if their homework was completed during the past 30 days. Similarly, 52.6% adolescent students reported that most of the time or always parents understood their problems and worries during the past 30 days. Furthermore, 50.9% of adolescent students were bullied one or more days during the 30 days and more males (55.7%, CI: 51.1 - 60.2) were bullied in comparison to females (46.2%, CI: 42.4 - 50.0).

Almost 21% of adolescent students had sexual intercourse, and among those 66.9% had sexual intercourse before age of 14 years of age. Similarly, only 57.4% (male-64.4%) of adolescent students used condom during their last sexual intercourse. Nearly 39.3% (male-43.7%, female-34.9%) adolescent students had physical fight one or more times during the past 12 months and 64.4% adolescent students suffered from serious injury one or more times during past 12 months.

Overall, Nepal GSHS 2015 fulfilled information gap related with adolescent students and identified some of the core areas (tobacco use, alcohol use, violence and injury) which need special focus to address the issues of adolescent health risk behaviors with a coordinated effort from educational as well as health sector.

INTRODUCTION

Adolescents are the future of any country. Healthy and happy adolescents can contribute to the betterment of the society. The overall health (physical, mental, social and spiritual) of adolescent is determined by healthy behavior and protective environment. However, there is huge burden of adolescents with unhealthy behaviors (tobacco use, alcohol consumption, unhealthy diet intake, physical inactivity, risky sexual behaviors, poor hygiene etc.) and at the same time, lack of protective factors (homework, understanding of problems and worries by the parents) among youth and adults in the world.(1) Above mentioned unhealthy behaviors are directly associated with cardiovascular diseases, cancer, chronic respiratory diseases, depression, violence, substance abuse, injuries, nutritional deficiencies, HIV/AIDS/STI and helminthes infections and globally, these are leading causes of morbidity, mortality and disability.(2)

Establishing healthy behaviors during childhood and adolescent period is easier and more effective than trying to change unhealthy behaviors and treating diseases during adulthood. Schools can play a vital role in promoting the health and safety of young people and helping them establish lifelong healthy behavior patterns. Realizing the importance of youth health, many developing countries like Nepal have taken actions like banning use of tobacco products, selling of tobacco products nearby schools/colleges etc. to prevent and control risk factors among youth.

Global Youth Tobacco Survey (GYTS) 2011 reported a high proportion of tobacco use among youth compared to that of GYTS 2007.(3,4) Despite these activities, Nepal has still limited evidence regarding other important unhealthy behaviors and protective factors among youth aged 13-17 years. The Ministry of Health and Ministry of Education, Government of Nepal has not yet formulated policy regarding school health and youth health programs most likely due to lack of evidence based information. The country has the recent information on key risk behaviors, in particular the NCD risk factors, on adult population (15-69 years), which shows age at initiation of smoking is about 18.2 years, 17% of adults are current drinker.(5) Similarly, country also has information of overall adolescents (10-24 years) with focus on issues like fertility, health behavior, sexually transmitted infection and HIV/AIDS which had revealed that 99% of adolescent had heard about any type of sexually transmitted infection (STIs), 11% of adolescent felt sad and depressed, 44% of adolescent ever had sexual intercourse.(6) Furthermore, besides these findings, GoN has also developed the national multi-sector action plan for prevention and control of NCDs which emphasizes on the need of evidences and had proposed to conduct GSHS in 2016. (7)

In this situation, it was deemed essential that information on key health risk behaviors is acquired at national level which could complement the evidences on NCD risk factors among adult population. Thus this national study on Global School-based Health Survey was proposed and carried out in Nepal.

Global School based Health Survey (GSHS)

In 2001, WHO, in collaboration with UNAIDS, UNESCO, and UNICEF, and with technical assistance from the U.S. Center for Disease Control and Prevention (CDC), Atlanta initiated development of the Global School-based Student Health Survey (GSHS). Since 2003, Ministries of Health and Education around the world have been using the GSHS to periodically monitor the prevalence of important health risk behaviours and protective factors among students.

This report describes results from the first GSHS conducted in Nepal by the Nepal Health Research Council (NHRC) during August-September 2015, and March 2016. Data collection was spread into two phases due to unstable political situation of the country. GSHS is a school-based survey conducted primarily among students aged 13-17 years, and in case of Nepal we chose to take students attending 7 to 11 grades. It measures behaviors and protective factors related to the leading causes of mortality and morbidity among youth and adults in Nepal namely:

- Alcohol use
- Dietary behaviors
- Drug use
- Hygiene
- Mental health
- Physical activity
- Protective factors
- Sexual behaviors that contribute to HIV infection, other STI, and unintended pregnancy
- Tobacco use
- Violence and unintentional injury

The overall goal of the GSHS is to obtain systematic information from students to support school health and youth health programmes and policies globally.

The purpose of the GSHS is to provide accurate data on health behaviors and protective factors among students to:

- Help country develop priorities, establish programmes, and advocate for resources for school health and youth health programmes and policies;
- Establish trends in the prevalence of health behaviours and protective factors for use in evaluation of school health and youth health promotion; and
- Allow country, international agencies, and others to make comparisons across countries and within countries regarding the prevalence of health behaviours.

With those above mentioned goal and purpose the objectives of the GSHS Nepal 2015 were:

- To identify health behaviors and protective factors among students attending 7-11 grades in Nepal
- To establish trends in the prevalence of health behaviors and protective factors in Nepal

There have been several other national surveys and studies on adolescent health but this is first time ever GSHS has been conducted in Nepal. Most of the surveys are limited to small areas and specific topics only, unlike GSHS which cover nationwide sample and comprehensive issues. So, GSHS is expected to provide first source of data related with school going adolescents.

This GSHS Report is a description of major findings obtained from GSHS survey. The overall structure of this report is organized into four chapters including this introductory chapter. The first chapter introduced the context of GSHS survey in Nepal, and outlined the general and specific objectives of the study. The second chapter is a description of research methodologies implemented during the study. The third chapter moves on to present study findings focusing on the health risk factors of adolescent students. The final chapter gives a brief summary of the entire report with suggestions for further research and practice.

METHODS

The previous chapter outlined the context of conducting GSHS in Nepal. The study objectives stated in the previous chapter has guided the research strategies, which is the focus of discussion of this chapter. The chapter describes and discusses the detail methods used in this study.

Sampling

The 2015 Nepal GSHS employed a two-stage cluster sample design to produce a representative sample of students in 7-11 class. The first-stage sampling frame consisted of all schools containing any of 7-11 class. Among the total schools, 74 were selected with probability proportional to school enrolment size.

The second stage of sampling consisted of randomly selecting intact classrooms (using a random start) from each school to participate. All classrooms in each selected school were included in the sampling frame. All students in the sampled classrooms were eligible to participate in GSHS.

A weighting factor was applied to each student record to adjust for non-response and for the varying probabilities of selection. A weight has been associated with each questionnaire to reflect the likelihood of sampling each student and to reduce bias by compensating for differing patterns of non-response. The weight use for estimation is given by:

$$W = W1 * W2 * f1 * f2 * f3$$

W1 = the inverse of the probability of selecting the school;

W2 = the inverse of the probability of selecting the classroom within the school;

f1 = a school-level non-response adjustment factor calculated by school size category (small, medium, large). The factor was calculated in terms of school enrolment instead of number of schools.

f2 = a student-level non-response adjustment factor calculated by class.

f3 = a post stratification adjustment factor calculated by Class Standard.

Response Rate

Sixty-eight out of 74 Schools (92%) sampled schools participated in the study. Similarly, 75% (6,531 of the 8,670) of sampled students completed questionnaires. 6,529 questionnaires were usable after data editing. Overall response rate was about 69%.

The data set was cleaned and edited for inconsistencies. Missing data were not statistically imputed. Software that takes into consideration the complex sample design was used to compute prevalence estimates and 95% confidence intervals. GSHS data are representative of all students attending 7-11 class in Nepal.

Survey administration occurred from 7 August to 10 September 2015 and 1 to 14 March 2016. Survey procedures were designed to protect student privacy by allowing for anonymity and voluntary participation. Students completed the self-administered questionnaire during one classroom period and recorded their responses directly on a computer-scannable answer sheet. Approximately, 40 Survey Administrators were specially trained to conduct the GSHS. Department of Education formally informed all the head of schools of selected schools to participate in GSHS. Parents and students of selected classes were informed beforehand and their consents were taken. Before providing the questionnaire students who do not have parental/guardian permission to participate in GSHS were double checked.

Nepal GSHS questionnaire contained 91 questions consisting of 58 core questions, 33 expanded questions addressing all the GSHS core modules: Demographics, dietary behaviors, hygiene, violence and unintentional injury, mental health, tobacco use, alcohol and drug use, sexual behaviors, physical

activity and protective factors.

The questionnaire was developed by Nepal Health Research Council with rigorous consultation with representatives of National Health Education Information & Communication Center (NHEICC), Child Health Division (CHD), Department of Education and World Health Organization (WHO) Nepal. The finalized version was translated into Nepali and then back translated to English language for the validity. Furthermore, pre-testing of questionnaire was carried out to ensure its validity. Questionnaire was then adjusted for suggestions and recommendations, received during and after the pre-testing.

Research assistants, who were public health and nursing graduates, were recruited and trained for data collection. The entire training was based on the GSHS manual provided by CDC. After the training, research assistants, mobilized to assigned schools for data collection. Classes were selected using random number provided on school level form. After selecting the class, all students were provided with information paper about GSHS on the first day as well as informed consent form to obtain written consent from parents or guardians. On the following day, questionnaires were administered to those students who had obtained a written consent from their parents/guardians. Students were asked to follow the instructions of GSHS manual while filling the questionnaire. Class level form was checked for possible errors and compiled in a file that contains information about total participants from the respective class. Collected class level forms were packed in separate envelope with school level form that contains information about total participants at school. All of these forms were collected in central office, Kathmandu and with necessary arrangements, it was dispatched to CDC (Center for Disease Control and Prevention) for data analysis. All of the above mentioned activities were conducted under the continuous supervision and instruction of survey coordinator.

CDC carried out data analysis by using SUDAAN software. For estimating standard error first order Taylor series linearization was calculated, in addition to standard errors, design effects was also calculated for each statistics with 95% of confidence limits. That standard error and design effect was calculated for all questions of GSHS and presented in table. In this manner, CDC developed complete data analysis file.

The complete data analysis file was sent by CDC to Nepal Health Research Council (NHRC) for further process of report writing. Before report writing started, WHO provided 4 days data analysis and report writing training for 2 persons from Nepal. As instructed on training session whole report has been prepared.

RESULTS

The purpose of this chapter is to describe the major findings of GSHS survey. Self-administered, anonymous, 91-item questionnaire of Nepal Global School-Based Student Health Survey (GSHS) was completed by 6,529 students in 68 schools of Nepal during late 2015 and early 2016. The school response rate was 92%, the student response rate was 75%, and the overall response rate was 69%. The results are representative of all students in the grades 7 to 11. The weighted findings of the sample are presented in the sections:

Demographics

Table 1. The demographic characteristics of the sample are described.

Age group (in years)	Total		Male		Female	
	n	%	n	%	n	%
12 or younger	606	12	259	5.3	333	6.6
13-15	4,123	64.2	1,844	30.4	2,233	33.9
16-17	1,624	21.8	824	11.7	781	10.0
18 or older	128	2	76	1.2	50	0.9
Missing	48	-	13	-	9	-
Grade						
Class 7	1,407	27.7	677	13.4	717	14.4
Class 8	1,830	27.7	830	13.4	977	14.1
Class 9	1,496	23.7	661	11.7	824	12
Class 10	1,568	18.7	766	9.3	785	9.5
Class 11	139	2.2	58	0.9	75	1.3
Missing	89	-	24	-	28	-
Total	6,529	100	3,016	48.7	3,406	51.3

* Blank rows/boxes: percentages for fewer than 100 students in subgroups were left blank

Table 1 show the age and grade wise distribution of sample in GSHS of 2015. The table suggests slightly higher proportion of female adolescent students than male adolescent students. Regarding age wise distribution, majority of adolescents were 13-15 years (64%) followed by 16-17 years (22%), 12 or younger (12%) and 18 or older (2%) respectively. Age wise distribution by gender revealed a similar proportion of male (30%) and female (34%) adolescent students of 13-15 years followed by 12% of male and 10% of female students of 16-17 years.

Similarly, the grade wise distribution of sample shows a majority of respondents belonging to class 7 and class 8 (28%) followed by class 9 (23%), class 10 (19%) and class 11 (2%). The gender wise distribution students' grade shows a majority of female students in class 7 and 8 followed by males in the same grades.

Alcohol Use

The following section presents the findings on alcohol use by the students as well as problems resulting from the alcohol use.

Table 2. Percentage of current alcohol drinker among adolescent students.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI

12 or younger	590	5.9	3.0 - 11.3	252	8.6	3.9 - 18.2	324	3.1	1.2 - 7.4
13-15	4,044	4.6	3.2 - 6.4	1,811	5.5	4.0 - 7.4	2,193	3.7	2.4 - 5.7
16-17	1,580	7.1	5.5 - 9.1	807	9.9	7.7 - 12.7	754	3.3	2.0 - 5.4
18 or older	124	11.2	6.0 - 20.0	73	-	-	49	-	-
Total	6,385	5.5	4.2 - 7.1	2,956	7.1	5.6 - 8.9	3,329	3.7	2.5 - 5.3

- = Fewer than 100 students in subgroups

The table above depicts the percentage of students who currently drank alcohol at least one day in past 30 days before survey. Overall 5.5% of students attending grades 7-11 were found to have drunk alcohol at least one day in last 30 days before the survey with the proportion of male (7.1%) higher than female (3.7%). The prevalence of alcohol drinking was higher (9.9%) in 16-17 years males than 13-15 year males (5.5%). The prevalence of alcohol consumption was not different by age group among female students.

Table 3. Percentage of students who drank alcohol (other than a few sips) before age 14 years for the first times among students who ever had a drink of alcohol.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	37	-	-	22	-	-	11	-	-
13-15	297	82.0	76.0 -86.7	190	86.6	79.6 -91.5	100	71.9	59.4 -81.8
16-17	210	57.4	48.6 -65.7	152	52.1	41.7 -62.3	53	-	-
18 or older	24	-	-	17	-	-	7	-	-
Total	576	74.6	69.6 -79.0	383	74.9	69.1 -80.0	173	71.1	60.9 -79.6

- = Fewer than 100 students in subgroups

Table 3 presents the percentage of students who drank before the age of 14 years. Overall 74.6% (male - 74.9%, female - 71.1%) of students were found to have drunk alcohol for the first time before the age of 14 years. However, the difference between sexes was not significant. The prevalence of alcohol use before age of 14 was higher (86.6%) among 13-15 years males than 16-17 years males (52.1%), however it was not in case of female adolescent students where 71.9% of 13-15 years female drank alcohol before reaching 14 years.

Table 4. Percentage of students who ever got into trouble with their family or friends, missed school, or got into fights as a result of drinking alcohol (one or more times during their life).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	571	3.2	1.6 - 6.3	244	4.4	2.2 - 8.6	314	0.8	0.1 - 5.8
13-15	3,976	2.6	1.4 - 5.0	1,779	3.4	2.0 - 5.6	2,160	1.8	0.6 - 5.1
16-17	1,561	3.0	1.7 - 5.3	791	3.9	2.5 - 6.3	754	2.0	0.8 - 5.0
18 or older	121	3.9	1.4 - 9.9	72	-	-	47	-	-
Total	6,274	2.9	1.6 - 5.0	2,899	3.6	2.3 - 5.6	3,283	1.8	0.7 - 4.4

- = Fewer than 100 students in subgroups

Table 4 presents the percentage of students who ever got into trouble with family or friend, missed school or got into fights as a result of drinking alcohol. Overall 2.9% (male - 3.6%, female - 1.8%) of adolescent students had trouble at least once with their family or friends as a result of alcohol use. There was no significant difference among male and female students and among the age groups in relation to getting trouble on alcohol use.

Tobacco Use

The following section presents the findings on tobacco use behaviors of the students including exposure to second hand smoke.

Table 5. Percentage of students currently smoking cigarettes (at least 1 day during past 30 days).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	586	6.9	3.8 - 12.3	248	10.7	5.2 - 20.6	326	3.0	1.2 - 7.3
13-15	4,036	5	3.6 - 6.7	1,808	6.8	5.0 - 9.2	2,185	3.0	1.8 - 4.9
16-17	1,591	8.8	6.9 - 11.3	813	12.6	9.6 - 16.4	760	4.5	2.7 - 7.3
18 or older	122	16.3	10.8 - 24.0	73	-	-	47	-	-
Total	6,381	6.4	4.9 - 8.2	2,954	8.9	6.9 - 11.5	3,327	3.5	2.3 - 5.4

- = Fewer than 100 students in subgroups

The table above shows the current smoking practice among adolescent students. Overall 6.4% (male - 8.9%, female - 3.5%) adolescent students were found to be currently smoking cigarette (at least 1 day during past 30 days), and difference among male and female was statistically significant. The prevalence of current smoking was higher (12.6%) among 16-17 years male compared to 13-15 years male (6.8%), while this was not the case with female students with the smoking behavior not being different by age.

Table 6. Percentage of students who tried a cigarette before 14 years among those who ever smoked cigarettes.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	43	-	-	27	-	-	14	-	-
13-15	276	88.5	83.1 - 92.3	186	88.2	82.3 - 92.3	84	-	-
16-17	215	58.4	49.4 - 66.9	155	54.1	44.0 - 63.8	59	-	-
18 or older	26	-	-	20	-	-	6	-	-
Total	568	78.1	73.7 - 81.9	390	76.1	71.9 - 79.8	165	81.7	73.7 - 87.7

- = Fewer than 100 students in subgroups

Table above shows the smoking initiation behavior among adolescent students before they become 14 years of age. Overall, 78.1% adolescent (male - 76.1%, female - 81.7%) students had tried smoking cigarette before reaching the age of 14 years, and the difference among male and female was not statistically significant. The percentage of students who tried a cigarette before 14 years was higher (88.2%) among 13-15 years male compared to 16-17 years male (54.1%).

Table 7. Percentage of students who currently used any tobacco product (at least 1 day during past 30 days).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	596	10.6	5.6 - 19.0	254	14.4	7.1 - 27.0	329	6.2	2.8 - 12.9
13-15	4,045	7.2	5.4 - 9.4	1,815	9.5	7.1 - 12.6	2,187	4.8	3.4 - 6.7
16-17	1,594	10.8	8.4 - 13.8	816	14.9	11.4 - 19.1	761	5.9	3.4 - 10.2
18 or older	122	20.2	13.1 - 29.9	73	-	-	47	-	-
Total	6,403	8.7	6.8 - 11.2	2,970	11.8	9.3 - 14.8	3,333	5.4	3.8 - 7.8

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who currently used any tobacco products at least 1 day during the past 30 days. Overall 8.7% (male-11.8%, female-5.4%) of adolescent students currently used any form of tobacco product. The difference between male and female students was statistically significant, while there was no significant difference in the prevalence of tobacco use by age groups.

Table 8. Percentage of students who reported people smoking in their presence (on one or more days during the past 7 days).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	593	47.2	39.5 - 55.0	253	48.4	37.3 - 59.7	326	45.5	36.2 - 55.2
13-15	4,077	54.1	50.5 - 57.6	1,823	57.9	53.1 - 62.6	2,210	50.7	45.4 - 56.1
16-17	1,604	57.4	53.3 - 61.4	816	59.7	55.3 - 63.9	769	54.8	49.0 - 60.5
18 or older	126	56.6	42.4 - 69.8	76	-	-	48	-	-
Total	6,447	54.0	50.9 - 57.1	2,981	57.2	53.3 - 61.1	3,362	51.0	46.4 - 55.6

- = Fewer than 100 students in subgroups

Above table presents the findings on second hand exposure to smoking on one or more days during the past 7 days. Overall 54.0% adolescent students (male - 57.2%, female - 51.0%) were exposed to second hand smoke during the past 7 days, and the differences among male and female adolescent was not statistically significant. Similarly, none of the age-wise proportions among both sexes were statistically significant.

Dietary Behaviors and Nutritional Status

This section presents the dietary behaviors and educational factors related to food habits, and nutritional status of the students.

Table 9. Percentage of students who did not eat fruits during past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	601	15.8	10.3 - 23.4	257	16.2	7.9 - 30.4	330	15.3	9.1 -24.6
13-15	4,088	10.8	8.7 - 13.3	1,828	12.3	9.8 - 15.4	2,216	9.4	6.8 -12.8
16-17	1,619	13	9.6 - 17.5	823	16.5	11.7 - 22.8	778	8.9	5.9 -13.1
18 or older	127	12.2	6.0 - 23.2	76	-	-	50	-	-
Total	6,478	12.0	9.8 - 14.5	2,996	13.9	10.9 - 17.5	3,381	10.0	7.8 -12.8

- = Fewer than 100 students in subgroups

Above table illustrates that 12.0% adolescent students (male -13.9%, female-10.0%) did not eat fruits in the past 30 days, and difference of prevalence of not eating fruits during past 30 days was not significant among male and female adolescent students. Similarly, none of the age-wise comparisons among both sexes were significant.

Table 10. Percentage of students who usually ate fruits less than one time per day during past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	601	38	27.4 - 49.8	257	35	21.7 -51.2	330	39.4	29.6 -50.0
13-15	4,088	38.4	35.7 - 41.2	1,828	37.8	32.7 - 43.1	2,216	39	35.0 - 43.2
16-17	1,619	47.3	43.4 -51.1	823	46.4	40.7 -52.2	778	48.2	43.1 -53.3
18 or older	127	51.1	37.6 - 64.5	76	-	-	50	-	-
Total	6,478	40.5	37.5 - 43.5	2,996	39.9	35.0 - 45.0	3,381	41.0	37.3 - 44.8

- = Fewer than 100 students in subgroups

Overall 40.5% (male-35.0%, female-41.0%) adolescent students usually ate fruits less than one time per day during past 30 days and difference among male and female students was not statistically significant. The prevalence of eating fruits less than one time per day during past 30 days was higher among adolescents of 18 years or older than the other age group, but it was not significant. A significant difference was observed among 13-15 years old and 16-17 years. None of age-wise comparisons among male and female adolescents was significant.

Table 11. Percentage of students who usually ate fruits one or more times per day during past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	601	46.2	35.9 - 56.9	257	48.8	35.1 - 62.7	330	45.3	36.2 - 54.7
13-15	4,088	50.8	47.1 - 54.5	1,828	49.9	44.4 - 55.3	2,216	51.6	47.5 - 55.7
16-17	1,619	39.7	35.4 - 44.2	823	37.1	32.1 - 42.4	778	42.9	36.5 - 49.6
18 or older	127	36.7	26.4 - 48.4	76	-	-	50	-	-
Total	6,478	47.6	43.9 - 51.3	2,996	46.2	41.3 - 51.2	3,381	49.0	44.9 - 53.0

- = Fewer than 100 students in subgroups

Above table shows that out of total students, 47.6% (male-46.2%, female-49.0%) usually ate fruits one or more times per day during past 30 days and difference among male and female adolescent students was not significant. The prevalence of eating fruits one or more times per day during past 30 days was higher (50.8%) in 13-15 years adolescent than 16-17 years adolescent student (39.7%). This is similar among male students where 13-15 years old had higher (37.1%) prevalence compared to 16-17 years old (39.7%). While, there was no such difference by age groups among female students.

Table 12. Percentage of students who usually ate vegetables less than one time per day during past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	595	29.7	22.6 - 37.9	253	30.9	21.8 - 41.9	328	27.8	20.0 - 37.3
13-15	4,072	31.1	27.7 - 34.8	1,829	31.6	26.6 - 37.1	2,202	30.6	27.0 - 34.6
16-17	1,614	37.6	33.7 - 41.7	819	43.8	39.5 - 48.2	776	30.7	25.9 - 36.0
18 or older	126	31.2	18.1 - 48.1	75	-	-	49	-	-
Total	6,448	32.3	28.9 - 36.0	2,986	34.6	30.0 - 39.6	3,362	30.1	27.1 - 33.3

- = Fewer than 100 students in subgroups

Above table presents the proportion of students who usually ate vegetables less than one time per day during past 30 days and it was 32.3% (male-34.6%, female-30.1%) among total adolescent students attending 7-11 grades in Nepal and the difference among male and female students was not significant. However, within age group, more 16-17 year old males ate vegetables less than one time per day compared to 13-15 year old males; however there were no differences in different age group of female adolescents.

Table 13. Percentage of students who were taught about the benefits of eating more fruits and vegetables during this school year.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	595	76.4	72.3 - 80.0	257	75.3	68.4 - 81.1	328	77.2	71.5 - 82.1
13-15	4,077	78.7	76.4 - 80.9	1,829	77.5	73.4 - 81.1	2,206	80.0	77.1 - 82.6
16-17	1,595	75.4	70.7 - 79.6	811	78.2	74.6 - 81.4	766	72.3	63.9 - 79.4
18 or older	124	63.3	54.0 - 71.6	73	-	-	49	-	-

Total	6,433	77.4	75.2 - 79.4	2,983	77.0	73.8 - 79.9	3,358	77.8	75.2 - 80.2
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- = Fewer than 100 students in subgroups

Above table presents the proportion of students who were taught about the benefits of eating more fruits and vegetables during the current school year which was 77.4% (male-77.0%, female-77.8%).

Table 14. Percentage of students who usually drank carbonated soft drinks one or more times per day during past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	600	41.3	31.8 - 51.5	255	43.8	30.0 - 58.6	332	39.7	30.2 - 50.1
13-15	4,092	32.9	28.9 - 37.1	1,832	30.7	24.8 - 37.4	2,219	34.6	30.6 - 38.7
16-17	1,612	29.4	24.7 - 34.5	817	25.8	21.3 - 30.8	776	33.9	27.4 - 41.1
18 or older	126	32.9	23.4 - 44.1	75	-	-	50	-	-
Total	6,475	33.3	29.3 - 37.7	2,991	31.1	25.9 - 36.8	3,386	35.1	30.7 - 39.7

- = Fewer than 100 students in subgroups

Above table illustrates that overall 33.3% of adolescents (male-31.1%, female-35.1%) usually drank carbonated soft drinks one or more times per day during past 30 days but the difference was not significant between the sex groups. Similarly, the difference was not significant among the age groups in none of the sex groups.

Table 15. Percentage of students who usually ate food from a fast food restaurant one or more days during the past 7 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	599	72.2	62.4 - 80.2	254	73.6	61.3 - 83.1	332	70.5	59.9 - 79.2
13-15	4,081	76.0	72.1 - 79.5	1,827	73.2	67.7 - 78.0	2,209	78.4	74.7 - 81.8
16-17	1,609	74.2	69.6 - 78.3	813	74.7	70.0 - 78.9	777	73.6	67.4 - 79.1
18 or older	128	74.8	66.2 - 81.9	76	-	-	50	-	-
Total	6,462	75.2	71.5 - 78.5	2,983	73.7	69.1 - 77.9	3,377	76.4	72.3 - 80.1

- = Fewer than 100 students in subgroups

Above table presents the fast food consumption practices among the students during past 7 days. Overall 75.2% adolescent (male - 73.7%, female - 76.4%) ate food from a fast food restaurant one or more days during the past 7 days but the difference among male and female was not significant. Similarly, within age group of both sexes, none of the differences were significant.

Table 16. Percentage of students who usually ate foods high in fat in the past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	599	10	6.7 - 14.5	255	10.2	5.8 - 17.3	330	9.7	6.2 - 14.7
13-15	4,105	6.4	5.3 - 7.8	1,837	5.5	4.3 - 6.9	2,224	7.1	5.4 - 9.5
16-17	1,612	6.4	4.9 - 8.4	819	5.5	3.4 - 8.8	775	6.9	4.8 - 10.0
18 or older	127	5.1	2.4 - 10.8	76	-	-	49	-	-
Total	6,490	6.9	5.9 - 8.0	3,000	6.0	4.9 - 7.2	3,387	7.4	6.0 - 9.1

- = Fewer than 100 students in subgroups

Table above presents that 7% (male-6.0%, female-7.4%) of total adolescent students ate high fat food in the past 30 days but the difference was not significant. Similarly, within age group of both sexes, none of the differences were significant.

Table 17. Percentage of underweight students (less than -2SD from median for BMI by age and sex).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	477	9.4	6.3 - 13.9	205	6.5	3.2 - 12.7	272	11.6	7.3 - 18.0
13-15	3,686	10.8	8.3 - 14.0	1,632	13.6	10.4- 17.7	2,054	8.4	6.3 - 11.1
16-17	1,507	11.4	8.1 - 15.9	781	16.4	11.4 - 22.9	726	5.4	3.5 - 8.2
18 or older	121	13.6	5.9 - 28.4	75	-	-	46	-	-
Total	5,791	10.9	8.6 - 13.6	2,693	13.8	10.8-17.5	3,098	8.1	6.3 -10.3

- = Fewer than 100 students in subgroups

Above table presents the proportion of underweight students by age and sex. A total of 10.9% (male-13.8%, female-8.1%) of students were found to be underweight with the difference between sex groups being statistically significant. The difference among age groups in either of the groups was not statistically significant.

Table 18. Percentage of overweight (greater than +1SD from median for BMI by age and sex).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	477	11.7	6.7 - 19.6	205	14.1	7.1 - 25.8	272	10	5.5 - 17.3
13-15	3,686	6.7	4.3 - 10.2	1,632	7.8	4.8 - 12.4	2,054	5.7	3.5 - 9.1
16-17	1,507	4.6	2.8 - 7.6	781	5.2	3.1 - 8.8	726	3.8	2.2 - 6.7
18 or older	121	2.6	0.9 - 7.4	75	-	-	46	-	-
Total	5,791	6.7	4.6 - 9.5	2,693	7.6	5.0 - 11.4	3,098	5.8	4.1 - 8.1

- = Fewer than 100 students in subgroups

Above table presents overweight student that was calculated with BMI greater than +1SD from median for age and sex groups. Overall 6.7% (male- 7.6%, female - 5.8%) of students were found to be overweight with BMI more than +1SD, but the difference among male and female was not statistically significant. Similarly, within age group of both sexes, none of the differences was significant.

Table 19. Percentage of obese students (greater than +2SD from median for BMI by age and sex).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	477	0.5	0.1 - 2.3	205	1.2	0.3 - 5.2	272	0	-
13-15	3,686	0.5	0.3 - 0.9	1,632	0.5	0.2 - 1.1	2,054	0.6	0.3 - 1.0
16-17	1,507	0.9	0.4 - 2.4	781	1.5	0.6 - 3.8	726	0.2	0.0 - 1.1
18 or older	121	0.2	0.0 - 1.4	75	-	-	46	-	-
Total	5,791	0.6	0.4 - 1.0	2,693	0.8	0.5 - 1.5	3,098	0.4	0.3 - 0.7

- = Fewer than 100 students in subgroups

Table above presents the age-sex distribution of obese adolescent students which was 0.6% (male-0.8%, female-0.4%) among total adolescents and the difference among male and female was not statistically significant. Similarly, within age group of both sexes, none of the differences were statistically significant.

Drug use

The following section describes the prevalence of drug use and related factors among the students

Table 20. Percentage of students who ever used marijuana (one or more times during their life).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	586	4.4	2.0 - 9.3	246	6.6	2.7 - 15.6	326	2.8	1.3 - 6.1
13-15	3,977	3.1	2.1 - 4.6	1,780	4.0	2.5 - 6.2	2,155	2.1	1.1 - 4.0
16-17	1,556	5.8	3.9 - 8.5	784	7.7	5.3 - 11.2	755	3.5	1.5 - 8.1
18 or older	121	9.3	5.2 - 16.0	73	-	-	46	-	-
Total	6,284	4.1	2.9 - 5.8	2,895	5.4	3.9 - 7.5	3,290	2.5	1.5 - 4.3

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who ever had marijuana (one or more times during their life). Overall 4.1% (male- 5.4%, female - 2.5%) students were found to have ever used marijuana one or more times during their life but differences among male and female were not significant. Similarly, within the age groups of both sexes, none of the differences were significant.

Table 21. Percentage of students who ever used amphetamines or methamphetamines (one or more times during their life).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	580	3.9	1.9 - 7.8	243	3.9	1.4 - 10.3	324	2.5	0.9 - 6.6
13-15	4,041	2.9	1.8 - 4.8	1,807	3.1	1.8 - 5.1	2,194	2.5	1.2 - 5.0
16-17	1,585	3.1	1.8 - 5.1	807	3.8	2.4 - 6.1	761	1.8	0.7 - 4.7
18 or older	125	5.8	2.9 - 11.5	74	-	-	49	-	-
Total	6,377	3.2	2.0 - 5.1	2,944	3.4	2.3 - 4.9	3,337	2.4	1.2 - 4.7

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who ever used amphetamines or methamphetamines (one or more times during their life). Overall 3.2% (male-3.4%, female-2.4%) students were found to have ever used amphetamines or methamphetamines but the differences among male and female group was not significant. Similarly, within age group of both sexes, none of the comparisons were significant.

Table 22. Percentage of students who used drugs before age 14 years (for the first time among students who ever used drugs).

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	42	-	-	19	-	-	20	-	-
13-15	262	87.6	83.1 - 91.1	159	89.3	81.2 - 94.2	96	-	-
16 or 17	158	64.1	54.1 - 73.0	111	62.6	50.3 - 73.5	43	-	-
18 or older	24	-	-	19	-	-	5	-	-
Total	495	81.7	77.0 - 85.6	311	81.1	73.8 - 86.8	165	81.0	70.2 - 88.5

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who used drugs before age 14 years (for the first times among those ever used drugs). Overall 81.7% (male-81.1%, female-81.0%) students were found to have used drugs before age 14 years but the difference among male and female students was not significant. Meanwhile, on age-wise distribution there was significant difference in the proportion of

students using drugs before age 14 years among 13-15 years (87.6%) compared to 16-17 years (64.1%) old adolescents. This was again similar for the male students in these age groups.

Hygiene

The section below presents the results on hygiene related behaviors especially hand washing before eating food, after going to toilet and use of soap while washing hands.

Table 23. Percentage of students who never or rarely washed their hands before eating during the 30 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	595	7.1	3.8 -12.7	253	5.4	2.8-10.1	328	8.1	3.9-16.3
13-15	4,065	3.7	2.7 - 5.1	1,813	2.7	1.9 - 3.8	2207	4.2	2.6 - 6.7
16-17	1,596	3.8	2.5 - 5.8	812	1.9	1.1 - 3.5	766	6.0	3.3 - 10.7
18 or older	125	5.5	2.2 -12.9	73	-	-	50	-	-
Total	6,428	4.2	3.1 - 5.7	2,964	2.8	2.0 - 4.0	3,360	5.1	3.5 - 7.4

- = Fewer than 100 students in subgroups

Above table describes the hand washing practice before eating among adolescent students. Overall 4.2% adolescent students (male - 2.8%, female - 5.1%) never or rarely washed their hands before eating but the differences among male and female students was not significant. Similarly, within age group of both sexes, none of the differences was significant.

Table 24. Percentage of students who never or rarely washed their hands after using the toilet or latrine during the 30 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	590	7.6	4.8 -12.0	249	7.0	3.6 - 13.2	327	8.0	4.5 - 14.0
13-15	4,080	4.1	3.2 - 5.4	1,826	3.7	2.6 - 5.3	2,210	4.2	3.0 - 5.9
16-17	1,600	4.6	3.0 - 7.0	815	3.5	2.2 - 5.7	767	5.5	2.8 - 10.4
18 or older	126	6.9	3.0 - 14.9	74	-	-	50	-	-
Total	6,443	4.8	3.6 - 6.4	2,977	4.1	3.0 - 5.6	3,363	5.0	3.5 - 7.1

- = Fewer than 100 students in subgroups

Above table shows the hand washing practice after toilet among adolescents. Overall 4.8% adolescent students (male- 4.1%, female- 5.0%) never or rarely washed their hands after using the toilet but the differences among adolescent students was not significant. Similarly, within age group of both sexes, none of the differences were significant.

Table 25. Percentage of students who never or rarely used soap when washing their hands during 30 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	595	7.4	4.5 -12.0	255	7.2	3.8 - 13.3	326	6.9	4.2 - 11.0
13-15	4,096	4.7	3.7 - 5.9	1836	3.5	2.6 - 4.7	2,216	5.5	3.8 - 7.9
16-17	1,609	4.8	2.5 - 8.8	821	4.3	2.8 - 6.6	769	5.5	2.0 - 14.1
18 or older	127	8.1	4.2 - 15.1	75	-	-	50	-	-
Total	6,474	5.1	3.8 - 6.9	3000	4.2	3.3 - 5.3	3,370	5.7	3.7 - 8.6

- = Fewer than 100 students in subgroups

The above table indicates the use of soap while washing hands among adolescents during past 30 days. Overall 5.1% of adolescent students (male - 4.2%, female - 5.7%) never or rarely used soap when washing their hands but the differences among male and female students was not statistically significant. Similarly, within age group of both sexes, none of the comparisons were statistically significant.

Mental Health

The following section presents the findings on mental health related issues among the students including suicidal attempts.

Table 26. Percentage of students who most of the time or always felt lonely during the 12 months before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	592	4.2	2.8 - 6.3	254	5.9	3.0 - 11.5	324	1.8	0.9 - 3.8
13-15	4,043	6.2	4.7 - 8.2	1,812	5.5	4.2 - 7.4	2,188	6.3	4.6 - 8.6
16-17	1,585	8.3	7.1 - 9.8	812	8.8	6.9 - 11.2	755	7.7	5.4 - 11.0
18 or older	122	9.7	6.8 - 13.5	75	-	-	45	-	-
Total	6,388	6.6	5.4 - 7.9	2,966	6.6	5.5 - 8.0	3,321	6.0	4.7 - 7.6

- = Fewer than 100 students in subgroups

Above table presents the prevalence of feeling of loneliness among adolescents. Overall 6.6% adolescent students (male-6.6%, female-6.0%) felt lonely most of the time or always during the past 12 months but the differences among male and female students were not significant. Similarly, within age group of both sexes, none of the comparisons were significant.

Table 27. Percentage of students who most of the time or always were so worried about something that they could not sleep at night during the 12 months before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	599	3.7	1.8 - 7.3	256	5.5	2.5 - 11.8	329	2.3	0.9 - 6.1
13-15	4,097	3.9	3.0 - 5.1	1,836	3.5	2.4 - 5.2	2,215	3.7	2.5 - 5.6
16-17	1,617	6.6	5.5 - 8.0	822	6.5	4.7 - 8.9	776	6.6	4.7 - 9.2
18 or older	127	8.2	4.6 - 13.9	75	-	-	50	-	-
Total	6,488	4.6	3.7 - 5.6	3,002	4.7	3.5 - 6.1	3,379	4.1	2.9 - 5.7

- = Fewer than 100 students in subgroups

Above table presents the percentage of student who most of the time or always were so worried about something that they could not sleep at night during the past 12 months of the survey. Overall, 4.6% (male - 4.7%, female - 4.1%) of adolescent students reported that they were worried about something most of the time so that they could not sleep but the difference among male and female adolescent was not significant. Similarly, within age group of both sexes comparisons, none of the differences were significant.

Table 28. Percentage of students who seriously considered attempting suicide during the 12 months before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	591	16.3	12.2 - 21.4	252	16.3	11.0- 23.5	325	15.7	10.2 -23.4
13-15	4,045	13.1	10.8 - 15.9	1,806	12.9	9.8 -16.8	2,196	12.7	10.4 -15.5

16-17	1,586	15.3	11.5 - 20.1	811	12.3	8.3 - 17.7	756	17.8	13.2 -23.5
18 or older	123	10.1	5.8 - 16.9	72	-	-	49	-	-
Total	6,392	13.9	11.6 - 16.7	2,954	13.3	10.4 -16.7	3,335	13.9	11.3 -17.0

- = Fewer than 100 students in subgroups

Above table illustrates the percentage of students who seriously considered attempting suicide over the last 12 months before the survey. Overall 13.9% (male - 13.3%, female - 13.9%) had seriously considered attempting suicide in the past 12 months before the survey but the differences among male and female was not significant. Similarly, within age groups of both sex comparisons, none of the differences were significant.

Table 29. Percentage of students who attempted suicide one or more times during the 12 months before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	603	13.0	8.2 - 20.0	259	14.9	8.1 - 25.8	330	10.1	6.5 - 15.3
13-15	4,099	10.1	7.7 - 13.1	1,836	9.4	6.7 - 13.0	2,217	10.4	7.7 - 13.8
16-17	1,620	9.8	7.4 - 12.8	822	7.4	5.2 - 10.4	779	11.7	8.5 - 15.9
18 or older	128	19.3	13.4 - 27.0	76	-	-	50	-	-
Total	6,498	10.7	8.3 - 13.6	3,006	9.7	7.3 - 12.8	3,385	10.9	8.5 - 13.8

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who attempted suicide one or more times during the 12 months before the survey. Overall 10.7% (male-9.7%, female-10.9%) reported that they had attempted suicide in past 12 months before the survey but the differences among male and female was not significant. Similarly, within age group of both sexes comparison, none of the differences were significant.

Physical Activity

The following section presents the findings about physical activity among the students as well as students' attendance of physical activity classes.

Table 30. Percentage of students who were not physically active for at least 60 minutes per day on any day during the 7 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	596	53.4	43.2 -63.2	256	47.5	36.6 -58.5	326	57.8	46.6-68.3
13-15	4,042	51.6	47.1 -56.1	1,826	47.3	41.9 -52.9	2,171	55.2	49.5- 60.7
16-17	1,607	44.1	39.8 -48.5	814	39.2	33.3 -45.5	774	49.6	43.3- 55.8
18 or older	126	35.9	26.3 -46.9	75	-	-	50	-	-
Total	6,419	49.9	45.7 -54.1	2,984	45.0	40.2 -49.9	3,330	54.2	48.9 -59.4

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who were not physically active for at least 60 minutes per day on any day during the past 7 days of survey. Overall 49.9% (male - 45.0%, female - 54.2%) adolescents were not physically active for at least 60 minutes per day on any day during 7 days before the survey but the difference among male and female students was not significant. Similarly, within age group of both sexes, none of the differences were significant.

Table 31: Percentage of students who were physically active at least 60 minutes per day on 5 or more days during the 7 days before the survey

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	596	16.3	8.4 -29.2	256	18.6	8.6 -35.7	326	14.5	7.4 - 26.4
13-15	4,042	20.0	16.0 -24.7	1,826	21.5	16.7 -27.2	2,171	19.0	14.7- 24.3
16 -17	1,607	23.5	19.6 -27.8	814	26.9	21.8 -32.8	774	20.0	15.4- 25.5
18 or older	126	26.5	19.1 -35.6	75	-	-	50	-	-
Total	6,419	20.4	16.7 -24.8	2,984	22.8	18.1 -28.1	3,330	18.7	14.6- 23.6

- = Fewer than 100 students in subgroups

Above table presents the percentage of student who was physically active for at least 60 minutes per day on 5 or more days during the 7 days before the survey. Overall, 20.4% (male-22.8%, female-18.7%) students were physically active for at least 60 minutes per day for 5 or more days but the differences among male and female adolescent was not significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 32. Percentage of students who were physically active at least 60 minutes per day on all 7 days during the past 7 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	596	13.4	6.2 - 26.6	256	15.7	6.4 - 33.7	326	11.6	5.4 - 22.9
13-15	4,042	14.3	10.9-18.6	1,826	15.8	11.6 - 21.1	2,171	13.3	9.4 - 18.3
16-17	1,607	17.9	14.3-22.3	814	21.8	16.9 - 27.7	774	13.7	9.9 - 18.8
18 or older	126	20	14.7-26.7	75	-	-	50	-	-
Total	6,419	15.1	11.7-19.3	2,984	17.4	13.2 - 22.6	3,330	13.1	9.5 - 17.8

- = Fewer than 100 students in subgroups

Above table explains the percentage of students who were physically active at least 60 minutes per day on all 7 days before the survey. Overall, 15.1% (male-17.4%, female-13.1%) adolescent students were physically active during the 7 days before the survey but the difference among male and female was not significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 33. Percentage of students who did not walk or ride a bicycle to or from school during the 7 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	594	48.0	40.5 -55.6	252	41.1	31.0-52.1	328	53.4	46.6-60.1
13-15	4,056	41.3	36.7 -46.1	1,819	38.7	33.0-44.6	2,192	43.9	39.5-48.4
16-17	1,596	41.8	37.1 -46.7	810	34.9	28.9-41.4	768	49.4	43.0-55.8
18 or older	126	47.9	36.0 -60.1	76	-	-	49	-	-
Total	6,420	42.4	38.6 -46.3	2,970	38.0	33.5-42.8	3,346	46.4	42.6-50.2

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who did not walk or ride a bicycle to and from school during the 7 days before the survey. Overall 42.4% (male - 38.0%, female - 46.4%) students did not walk or ride bicycle to and from school but the difference among male and female was not statistical significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 34. Percentage of students who did not attend physical education classes each week during their school year.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	579	36.5	29.3 -44.4	245	32.3	25.5- 40.0	321	39.1	29.6 -49.6
13-15	3,983	33.6	30.7 -36.6	1,785	32.3	28.1 -36.7	2,153	34.7	31.8 -37.6
16-17	1,572	31.7	28.3 -35.4	797	27.8	23.6 -32.4	757	35.5	29.9 -41.4
18 or older	119	35.3	28.3 -43.1	71	-	-	47	-	-
Total	6,300	33.7	31.2 - 6.2	2,911	31.3	28.0 -34.8	3,287	35.6	32.8 -38.6

- = Fewer than 100 students in subgroups

Overall 33.7% (male - 31.3%, female - 35.6%) students did not attend weekly physical education classes during their school year but the differences among male and female student was not significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 35. Percentage of students who attended physical education classes on three or more days each week during their school year.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	579	36.5	29.3 -44.4	245	32.3	25.5- 40.0	321	39.1	29.6 -49.6
13-15	3,983	33.6	30.7 -36.6	1,785	32.3	28.1 -36.7	2,153	34.7	31.8 -37.6
16-17	1,572	31.7	28.3 -35.4	797	27.8	23.6 -32.4	757	35.5	29.9 -41.4
18 or older	119	35.3	28.3 -43.1	71	-	-	47	-	-
Total	6,300	33.7	31.2 - 6.2	2,911	31.3	28.0 -34.8	3,287	35.6	32.8 -38.6

- = Fewer than 100 students in subgroups

Overall 42.9% (male - 45.2%, female - 41.3%) students attended physical education classes on three or more days each week during their school year but the differences among male and female adolescent were not significant. Similarly, no statistical differences were observed among age groups and sexes.

Protective Factors

The following section presents the findings on protective factors such as those related to homework, understanding of problems and worries by the parents. This section also includes findings on bullying of students in the schools.

Table 36. Percentage of students who reported that their parents or guardians most of the time or always checked to see if their homework was done during the past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	591	43.1	33.2 - 53.6	253	39.2	27.0 - 52.8	324	46.9	36.5 - 57.5
13-15	4,042	51.0	46.5 - 55.4	1,808	48.7	43.6 - 53.8	2,189	52.9	47.1 - 58.8
16-17	1,595	48.6	44.4 - 52.9	813	48.1	43.9 - 52.4	764	50.1	44.4 - 55.7
18 or older	128	33.8	23.9 - 45.2	76	-	-	50	-	-
Total	6,403	49.1	44.7 - 53.5	2,963	47.1	42.6 - 51.6	3,335	51.1	45.6 - 56.6

- = Fewer than 100 students in subgroups

Above table reveals that 49.1% (male- 47.1%, female 51.1%) of the students' parents or guardians checked if their homework was done during the past 30 days but the difference among male and female adolescent was not significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 37. Percentage of students who reported that their parents or guardians most of the time or always understood their problems and worries during the past 30 days.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	588	48.4	36.6 - 60.5	251	40.0	28.6 - 52.6	323	55.7	42.4 - 68.3
13-15	4,010	54.2	49.6 - 58.8	1,810	53.1	47.8 - 58.5	2,157	55.6	50.7 - 60.4
16-17	1,586	51.3	45.9 - 56.6	808	51.3	46.5 - 56.1	760	51.6	43.0 - 60.2
18 or older	124	45.1	36.8 - 53.7	74	-	-	48	-	-
Total	6,351	52.6	47.8 - 57.3	2,954	51.0	46.4 - 55.5	3,296	54.6	48.5 - 60.5

- = Fewer than 100 students in subgroups

Similarly, above table reveals that more than half of the students reported that their parents or guardian most of the time or always understood their problems and worries on past 30 days but the differences among male and female adolescent was not significant. Similarly, within age group of both sexes, none of the differences were significant.

Table 38. Percentage of bullied students on one or more days during the 30 days before the survey.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	567	50.1	42.8- 57.4	235	53.0	43.1 -62.8	318	47.1	37.0- 57.4
13-15	3,939	50.6	46.5- 54.6	1,744	56.2	50.6 -61.7	2151	45.4	41.4- 49.4
16-17	1,534	52.4	48.2- 56.7	778	55.9	51.2 -60.5	742	48.1	42.0- 54.3
18 or older	118	49.1	38.4 -59.9	69	-	-	47	-	-
Total	6,201	50.9	47.2- 54.5	2,839	55.7	51.1 -60.2	3,265	46.2	42.4- 50.0

- = Fewer than 100 students in subgroups

Overall, 50.9% (male-55.7%, female-46.2%) of students were bullied on one or more days during the 30 days before the survey. However, no statistical differences were observed among age groups and sexes.

Sexual Behaviors and HIV related Knowledge

The following section presents the findings on sexual behaviors that contribute to HIV Infection, other sexually transmitted infections (STIs), and unintended pregnancy. This section also report findings on other sexual behaviors such as condom use and HIV related knowledge.

Table 39. Percentage of students who ever had sexual intercourse.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	477	24.7	19.7 - 30.6	202	23.3	16.7 - 31.4	265	26.5	19.9 - 34.3
13-15	3,585	18.7	14.6 - 23.5	1,588	20.3	16.3 - 24.9	1,964	16.7	12.2 - 22.4
16-17	1,423	22.8	18.2 - 28.1	714	26.2	20.3 - 33.1	695	18.0	13.2 - 24.1
18 or older	107	34	21.5 - 49.2	65	-	-	40	-	-
Total	5,629	20.8	17.3 - 24.8	2,580	22.6	18.8 - 26.8	2,970	18.3	14.8 - 22.4

- = Fewer than 100 students in subgroups

Table 39 depicts the proportion of student having sexual intercourse before or during the survey. Overall, 20.8% adolescent students (male - 22.6%, female -18.3%) ever had sexual intercourse in their life but the differences among male and female adolescent was not significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 40. Percentage of students who had sexual intercourse before age 14 years for the first time among students who ever had sexual intercourse.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	31	-	-	16	-	-	14	-	-
13-15	195	77.7	68.8 - 84.6	120	69.3	61.9 - 75.9	68	-	-
16-17	150	43	28.7 - 58.5	116	39.3	26.9 - 53.4	33	-	-
18 or older	21	-	-	18	-	-	3	-	-
Total	406	66.9	55.3 - 76.7	273	58.5	47.9 - 68.3	118	80.0	64.1 - 89.9

- = Fewer than 100 students in subgroups

Above table presents that among those who ever had sexual intercourse, 66.9% adolescents (male - 58.5%, female - 80.0%) had first sexual intercourse before age 14 years but differences among male and female adolescents were not significant. However, more male 13-15 years old had sexual intercourse before age 14 years for the first time compared to male 16-17 years.

Table 41. Percentage of students who used a condom during last sexual intercourse among students who ever had sexual intercourse.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	28	-	-	14	-	-	13	-	-
13-15	179	49.2	37.1- 61.3	121	58.2	43.0 - 72.0	55	-	-
16-17	133	69.0	57.0- 79.0	103	70.3	56.6 - 81.1	29	-	-
18 or older	20	-	-	19	-	-	1	-	-
Total	369	57.4	49.2 - 65.2	260	64.4	56.2 - 71.8	98	-	-

- = Fewer than 100 students in subgroups

Above table shows that 57.4% (male- 64.4%) of adolescent students used condom during their last sexual intercourse. However, there was no significant difference among age groups in this behavior.

Table 42. Percentage of students who had sexual intercourse 4 or more times during past 12 months.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	573	1	0.3 - 3.5	241	1.3	0.2 - 8.0	319	0.7	0.1 - 4.2
13-15	4,008	1.4	0.7 - 2.7	1,785	1.8	1.0 - 3.4	2,179	0.9	0.4 - 2.0
16-17	1,576	3.4	2.3 - 5.1	802	5.2	3.2 - 8.4	758	1.3	0.6 - 2.8
18 or older	122	4.5	1.6 - 12.1	72	-	-	48	-	-
Total	6,326	1.9	1.2 - 2.9	2,913	2.7	1.8 - 4.2	3,313	0.9	0.5 - 1.9

- = Fewer than 100 students in subgroups

The table above presents the proportion of adolescent students who had sexual intercourse 4 or more times in past 12 months. Overall, 1.9% of adolescents (male - 2.7%, female - 0.9%) had sexual intercourse 4 or more times in the past 12 months but the differences among male and female adolescent was not significant. There was no significant difference among age groups in this behavior.

Table 43. Percentage of students who mostly or always used a condom among students who have ever had sexual intercourse.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	88	-	-	30	-	-	54	-	-

13-15	525	16.8	12.3 - 22.4	254	23.8	17.0 - 32.2	260	10.3	4.9 - 20.6
16-17	269	19.3	14.4 - 25.2	176	22.3	15.5 - 31.0	88	-	-
18 or older	33	-	-	24	-	-	9	-	-
Total	930	17.1	13.9 - 20.8	488	22.5	17.1 - 29.0	413	10.4	6.5 - 16.4

- = Fewer than 100 students in subgroups

Above table describes about the condom use practice among adolescent students. Overall 17.1% (male-22.5%, female-10.4%) adolescent students were found to have used condom most of the time or always during sexual intercourse among those who ever had sexual intercourse. However, no statistical differences were observed among age groups and sexes.

Table 44. Percentage of students who were taught in any of their classes the ways of preventing HIV infection or AIDS during their school year.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	591	79.6	74.8 -83.8	253	75.8	67.3 -82.6	326	82.6	75.1 -88.1
13-15	4,028	85.3	82.8 -87.6	1,808	84.4	80.4 -87.7	2,176	86.5	84.0 -88.7
16-17	1,594	86.3	83.2 -89.0	809	86.5	82.5 -89.6	767	86.1	80.7 -90.2
18 or older	126	87.9	77.1 -94.0	75	-	-	49	-	-
Total	6,383	84.8	82.5 -86.9	2,958	84.0	80.6 -86.9	3,326	85.9	83.3 -88.3

- = Fewer than 100 students in subgroups

Overall 84.8% (male - 84.0%, female - 85.9%) adolescent students were taught about how to avoid HIV infection or AIDS during their school year, but difference in percentage of students taught about HIV/AIDS during their school year students was not statistically significant looking at gender-wise comparison. Similarly, no statistical differences were observed among different age groups.

Violence and Unintentional Injury

This section presents the findings on violence and unintentional injury among students including physical fight, occurrence of serious injury, and injury from a motorbike ride, hit/slapped by the teacher.

Table 45: Percentage of students in a physical fight one or more times during the past 12 months

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	604	35.5	28.1 - 43.7	259	39.9	30.3 - 50.4	331	31.1	22.2 - 41.6
13-15	4,112	39.9	36.9 - 43.0	1,841	45.2	40.9 - 49.6	2,226	35.1	30.9 - 39.4
16-17	1,617	39.6	35.8 - 43.6	822	42.8	37.1 - 48.6	776	35.8	29.2 - 43.1
18 or older	127	32.9	25.4 - 41.4	75	-	-	50	-	-
Total	6,507	39.3	36.2 - 42.4	3,010	43.7	40.0 - 47.4	3,392	34.9	30.8 - 39.1

- = Fewer than 100 students in subgroups

Above table presents the involvement of students in a physical fight one or more times during past 12 months. Overall 39.3% adolescent students (male -43.7%, female -34.9%) had a physical fight one or more times during the past 12 months. However, fewer females aged 13-15 years got into fights than males aged 13-15 years.

Table 46. Percentage of students who were seriously injured one or more times during the past 12 months.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	537	65.9	55.3 - 75.1	227	61.1	44.5 - 75.4	296	68.8	60.7 - 75.8

13-15	3,659	64.0	59.1 - 68.5	1,652	67.9	63.0 - 72.5	1,968	60.0	53.0 - 66.6
16-17	1,427	64.3	58.6 - 69.6	737	63.4	57.2 - 69.3	675	64.3	57.5 - 70.5
18 or older	111	64.5	54.1 - 73.7	64	-	-	45	-	-
Total	5,774	64.4	59.9 - 68.7	2,691	65.9	61.3 - 70.2	2,991	62.2	56.3 - 67.8

- = Fewer than 100 students in subgroups

Above table presents the percentage of students who were seriously injured one or more times during past 12 months. Overall 64.4%(male-65.9%, female-62.2%) of adolescent students were seriously injured one or more times during past 12 months but the difference among male and female adolescent was not statistically significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 47. Percentage of students reporting the most serious injury by a motor vehicle accident among those seriously injured during past 12 months.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	278	11.2	7.2 - 17.1	114	16.3	9.9 - 25.7	156	7.8	4.0 - 14.8
13-15	1,972	9.6	5.6 - 16.1	935	12.4	6.1 - 23.7	1,012	6.4	4.1 - 9.8
16-17	759	12.2	7.2 - 20.0	404	17.1	9.8 - 28.2	342	6.6	3.3 - 12.7
18 or older	59	-	-	38	-	-	20	-	-
Total	3,091	10.3	6.5 - 16.0	1,496	13.8	7.7 - 23.5	1,533	6.5	4.3 - 9.8

- = Fewer than 100 students in subgroups

Above table describes the injury reported by the students from vehicle accident. A total of 10.3% adolescents (male-14%, female-6%) reported seriously injured due to vehicle accident or motor vehicle collision in past 12 months period but the differences was not statistically significant. Similarly, no statistical differences were observed among age groups and sexes.

Table 48. Percentage of students who were hit, slapped, or physically hurt by their teacher on purpose during past 12 months.

Age group (in years)	Total			Male			Female		
	n	%	95%CI	n	%	95%CI	n	%	95%CI
12 or younger	581	44.3	36.6 - 52.3	250	49.2	39.1 - 59.3	320	40.9	32.6 - 49.6
13-15	4,078	40.8	38.0 - 43.7	1,828	48.1	44.1 - 52.1	2,205	34.0	30.3 - 38.0
16-17	1,601	38.8	33.6 - 44.2	816	43.0	37.3 - 49.0	767	32.6	26.3 - 39.6
18 or older	126	42	31.4 - 53.5	75	-	-	49	-	-
Total	6,431	40.8	37.9 - 43.8	2,981	46.8	43.5 - 50.2	3,350	34.8	31.0 - 38.8

- = Fewer than 100 students in subgroups

Above table describes about the physical violence made by teacher to their students on purpose in past 12 months. Overall, 40.8% adolescent students (male-46.8%, female-34.8%) were found to have been hit/slapped or physically hurt by their teacher purposely in past 12 months. Similarly, more males 13-15 years old reported a higher percentage of such incidence compared to females of 13-15 years.

CONCLUSIONS

GSHS Nepal, 2015 is the first comprehensive nationwide survey of health behaviors and protective factors among adolescent students. The national survey fulfills the gap regarding health behaviors and protective factors that would facilitate in organizing and establishing future plan/programs/policies for school going adolescents and youths. The survey has identified basic information regarding adolescent health that was not available on national level till date, which is summarized below.

Alcohol and tobacco use

This survey identified alcohol (5.5% current users) and tobacco (6.4% current users) use as one of the significant risk factors among adolescent students. Similar result was shown by STEPS survey 2013 among elderly group of population.⁽⁵⁾ Significant numbers of adolescent students were found to use alcohol (74.6%) and tobacco (78.1%) for the first time before reaching the age of 14 years. This might be due to easy accessibility of alcoholic/tobacco products and the student's curiosities.

Dietary Behaviors and Nutritional Status

Results of survey showed malnutrition and unhealthy dietary practices (eating fast food) should be written before might be might be (eating fast food) as a major problem. For example, 11% of adolescents were underweight and 75% of adolescents ate fast foods. This finding clearly demonstrates a need of change in dietary behaviors among adolescents with coordinated effort that ranges from educational to social sector.

Drug Use

Drug use is a malicious social behavior characterized by social stigma as well as criminal act. So, the self reporting of drug use was expected lower. However, this survey revealed a significant proportion (4.1%) of adolescents engaged in using drugs before reaching 14 years of age. A substantial proportion (81.7%) of them used marijuana at least once in their life. Reporting of high prevalence of drugs use before reaching 14 years of age and marijuana use may be explained due to use of self-administer questionnaire, which offered a sense of comfort among participants to reveal the harmful health behavior.

Hygiene

Findings related with hygiene practices among adolescents were satisfactory. Four percent and five percent of adolescent students never or rarely washed their hands with or without soap respectively, however, it can be achieved more. Issues like hand washing practices with soap and water before eating and after using toilet is still areas that need to improve.

Mental Health

Significant number of adolescents were suffered from loneliness (6.6%), anxiety (4.6%) and some of them also had a suicidal plan/attempt (suicide plan/attempt-13.9%/10.7%). These all status shows poor level of mental health status of adolescent students.

Physical Activity

This survey showed physical inactivity (49.9%) among the adolescent students as a major concern for unhealthy lifestyle. Furthermore, 33.7% of adolescents do not participate in the physical education classes in their school. These finding indicates poor knowledge and unhealthy practices among adolescent that increases their vulnerability of non-communicable diseases.

Protective Factors

Bullying practices (50.9%) in school and parents inability to understand adolescent problems were identified as important problems affecting students' health and development. Presence of this condition for longer period hampers the academic performance of children now and in future. These findings thus indicate a need for adolescent friendly school and home environment.

Sexual Behaviors

This survey findings revealed that majority (66.9%) of adolescent students have had sexual intercourse before 14 years of age. Whereas, these practices were unsafe despite they were taught about different measures to avoid harmful sexual practices. These unsafe practices lead raised concerns about

effectiveness of existing teaching materials and methodology.

Violence and Unintentional Injury

Risk taking habit of adolescent often invites unintentional injuries that may lead to permanent disability and brain damage, depression, substance abuse, and many other conditions affecting health and quality of life. Despite this fact, a significant proportion (39.3%) of adolescents was found involved on physical fight. Similarly, they were found to have serious injury via motor vehicle accident.

RECOMMENDATIONS

On the basis of survey findings following recommendation can be made on policy level as well as implementation level.

Policy Level

- Develop effective co-ordination mechanism among different health programmes such as alcohol/tobacco/drugs prevention and control and mental health promotion program which can produce positive synergistic effect on adolescent health.
- Develop proper inter-sectoral co-ordination mechanism between related agencies like health, education and sports so that adolescent students' physical and mental health as well as academic performance can be enhanced.
- Advocate for making punishment free school environment.
- Develop a policy with provision of counselor in school to help adolescents cope with health problems.
- Encourage the role of civil society in promoting safe driving practices.
- Strong monitoring on the enforcement of prohibition of selling and buying tobacco products by children in line with commitment made on framework convention on tobacco control.
- Strictly control a sale and purchase of illicit drugs thereby effectively limiting access of adolescent students to those drugs.
- Implement regulatory measures for reducing consumption of food products containing high trans-fat/saturated fat.
- Regulatory measures also need to be adapted to control selling of alcohol around schools premises.
- Develop and implement safe school policy thereby creating bullying and punishment free learning environment.

Implementation Level

- Develop appropriate infrastructures and promote programs for physical exercise and activities during and outside school hours
- Encourage students to get counseling support when they have difficulties coping with problems and ensure such facilities at the school level
- Behavior changing teaching methods need to be harnessed and developed for addressing gap between knowledge and practice.
- Enhance participatory role of parents and peers in teaching learning process of health education.
- Conduct healthy eating behavior change communication (BCC) campaigns with the involvement of students as change makers/peer educators in school, especially encourage students to use more fruits and vegetables, making them realize importance of breakfast, avoiding junk food and carbonated soft drinks.

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Annex

Ecological and sex-wise distribution of characteristics

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
% current alcohol drinker among students	2,139	66 (4.1-10.5)	81 (5.2-12.2)	48 (2.6-8.8)	2,075	4.7 (3.4-6.5)	6.4 (4.8-8.5)	2.9 (1.7-4.8)	2,171	4.1 (2.4-7.2)	5.9 (3.3-10.4)	2.3 (1.4-3.8)
% of students who drank alcohol (other than a few sips) before age 14 years for the first time among students who ever had a drink of alcohol	223	72.5 (63.2-80.1)	71.8 (63.3-79.0)	-	187	76.7 (68.9-83.0)	78.1 (67.0-86.3)	-	166	74.6 (66.6-81.2)	70.8 (60.3-79.4)	-
% of students who ever got into trouble with their family or friends, missed school, or got into fights as a result of drinking alcohol (one or more times during their life)	2,097	3.9 (1.5-9.9)	4.1 (1.7-9.5)	3.0 (0.8-10.8)	2,088	2.2 (1.3-3.5)	3.3 (2.0-5.4)	0.9 (0.4-2.3)	2,139	1.9 (0.7-5.4)	2.7 (1.2-6.0)	1.2 (0.2-5.9)
% of students currently smoking cigarettes (at least 1 day during past 30 days)	2,146	7.8 (4.8-12.4)	10.8 (6.7-17.1)	4.5 (2.6-7.7)	2,070	5.3 (4.0-7.0)	7.5 (5.9-9.5)	2.9 (1.2-6.5)	2,165	4.9 (2.7-8.9)	7.7 (4.4-13.0)	2.2 (0.9-5.8)
% of students who tried a cigarette before 14 years among those who ever smoked cigarettes	220	75.4 (69.1-80.8)	74.6 (67.8-80.3)	-	186	80.5 (72.4-86.6)	76.9 (69.8-82.8)	-	162	80.3 (71.1-87.1)	80.5 (68.8-88.5)	-
% of students who currently used any tobacco product (at least 1 day during past 30 days)	2,189	7.8 (4.8-12.4)	9.3 (5.7-14.8)	5.3 (2.7-10.0)	2,116	4.9 (3.2-7.5)	6.3 (4.2-9.4)	3.3 (1.8-6.2)	2,191	4.5 (2.4-8.6)	5.8 (3.3-10.1)	3.3 (1.3-8.2)

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
% of students who reported people smoking in their presence (on one or more days during the past 7 days)	2,170	77.7 (68.0-85.1)	57.4 (50.0-64.5)	50.0 (41.3-58.6)	2,096	53.3 (48.4-58.2)	56.3 (50.6-61.7)	50.9 (44.6-57.1)	2,181	59.9 (54.7-64.9)	62.4 (57.1-67.4)	57.8 (50.8-64.4)
% of students who did not eat fruits during past 30 days	2,193		9.6 (6.3-14.4)	6.0 (3.0-11.3)	2,102	15.6 (11.5-20.9)	17.9 (12.3-25.2)	13.3 (9.7-17.8)	2,183	12.8 (9.8-16.7)	13.2 (8.8-19.4)	12.3 (9.3-16.0)
% of students who usually ate fruits less than one time per day during past 30 days	2,193	41.1 (36.2-46.3)	40.3 (31.1-50.2)	41.4 (34.8-48.3)	2,102	39.9 (35.2-44.8)	39.1 (32.3-46.4)	41.1 (35.7-46.6)	2,183	40.3 (33.6-47.4)	42.5 (35.3-49.9)	38.5 (30.8-46.9)
% of students who usually ate fruits one or more times per day during past 30 days	2,193	51.2 (44.6-57.7)	50.1 (41.2-59.0)	52.6 (45.7-59.5)	2,102	44.5 (39.1-50.1)	43.0 (36.0-50.2)	45.7 (39.1-52.4)	2,183	46.9 (38.2-55.8)	44.3 (33.6-55.6)	49.2 (40.9-57.6)
% of students who usually ate vegetables less than one time per day during past 30 days	2,184	32.5 (26.8-38.9)	33.8 (26.1-42.5)	30.8 (25.5-36.7)	2,088	32.3 (27.1-38.0)	35.3 (28.1-43.3)	29.7 (25.2-34.6)	2,176	31.8 (25.7-38.5)	34.8 (28.2-42.0)	28.6 (21.5-36.9)
% of students who were taught about the benefits of eating more fruits and vegetables during this school year	2,181	77.4 (73.6-80.7)	78.0 (73.1-82.3)	77.1 (72.0-81.6)	2,083	77.4 (74.0-80.4)	76.2 (70.4-81.2)	78.3 (74.7-81.5)	2,169	77.1 (73.9-80.0)	76.0 (71.5-80.0)	78.5 (75.4-81.3)
% of students who usually who usually drank carbonated soft drinks one or more times per day during past 30 days	2,191	21.0(16.1-26.8)	33.8 (23.8-45.5)	34.6 (29.1-40.6)	2,097	32.6 (26.1-39.8)	28.4 (22.2-35.5)	35.7 (27.7-44.5)	2,187	39.0 (30.5-48.1)	32.4 (22.8-43.9)	34.0 (28.4-40.2)
% of students who	2,192	79.1	78.7	79.5	2,085	72.2	69.7	74.2	2,185	72.1	70.9	73.0

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
usually ate food from a fast food restaurant one or more days during the past 7 days		(72.5-84.4)	(70.8-84.9)	(72.6-85.1)		(66.2-77.5)	(61.5-76.8)	(67.0-80.3)		(65.3-78.0)	(61.8-78.7)	(67.8-77.6)
% of students who usually ate foods high in fat in the past 30 days	2,197	53 (3.7-7.7)	4.2 (2.5-6.7)	6.2 (3.7-10.4)	2,100	8.2 (6.8-9.8)	7.4 (6.0-9.2)	8.4 (6.6-10.6)	2,193	7.7 (5.2-11.1)	7.2 (3.9-12.8)	8.0 (6.0-10.6)
% of underweight students (less than -2SD from median for BMI by age and sex)	2,038	14.6 (10.4-20.1)	17.8 (12.4-24.8)	11.5 (8.1-16.2)	1,734	7.3 (4.5-11.8)	9.9 (5.8-16.3)	5.1 (3.1-8.1)	2,019	10.1 (7.0-14.4)	13.4 (9.5-18.7)	6.8 (3.7-12.1)
% of overweight (greater than +1SD from median for BMI by age and sex)	2,038	7.6 (4.3-13.2)	9.3 (5.2-16.2)	5.9 (3.2-10.7)	1,734	6.2 (3.5-10.5)	6.5 (3.1-13.3)	5.8 (3.5-9.5)	2,019	4.1 (2.5-6.9)	3.4 (1.6-7.0)	4.8 (2.8-8.2)
% of obese students	2,038	0.9 (0.5-1.5)	1.1 (0.6-2.0)	0.7 (0.4-1.2)	1,734	0.4 (0.1-1.4)	0.6 (0.2-2.4)	0.2 (0.0-0.8)	2,019	0.6 (0.2-1.4)	0.8 (0.3-2.0)	0.4 (0.1-1.1)
% of students who ever used marijuana (one or more times during their life)	2,080	5.1 (2.9-8.7)	6.1 (4.0-9.3)	3.7 (1.6-8.3)	2,051	3.4 (2.0-5.9)	5.0 (2.7-9.0)	1.5 (0.7-3.2)	2,153	3.3 (1.8-6.2)	4.6 (2.7-7.7)	2.1 (0.7-6.1)
% of students who ever used amphetamines or methamphetamines (one or more times during their life)	2,128	4.2 (2.0-8.7)	4.0 (2.3-7.0)	3.6 (1.3-9.6)	2,077	2.5 (1.3-4.8)	2.9 (1.5-5.6)	1.5 (0.5-4.3)	2,172	2.2 (1.0-4.5)	2.5 (1.3-4.9)	1.8 (0.7-4.7)
% of students who used drugs before age 14 years (for the first time among students who ever used drugs)	193	80.0 (70.9-86.8)	79.5 (69.0-87.2)	-	162	82.4 (75.3-87.7)	82.2 (67.6-91.0)	-	140	88.6 (77.3-94.7)	-	-
% of students who never or rarely	2,175	4.1 (2.3-7.4)	2.7 (1.3-5.2)	5.4 (2.7-10.3)	2,085	4.6 (3.0-6.7)	3.1 (2.0-4.8)	5.2 (3.1-8.6)	2,168	2.4 (1.6-3.7)	2.1 (1.0-4.1)	2.7 (1.7-4.3)

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
washed their hands before eating during the 30 days before the survey												
% of students who never or rarely washed their hands after using the toilet or latrine during the 30 days before the survey	2,173	4.6 (2.6-7.9)	3.9 (2.2-6.9)	5.4 (2.9-9.9)	2,094	5.1 (3.4-7.6)	4.5 (2.9-7.0)	5.0 (2.9-8.3)	2,176	3.6 (2.5-5.2)	3.3 (2.1-5.0)	3.4 (1.9-6.0)
% of students who never or rarely used soap when washing their hands during 30 days before the survey	2,183	5.6 (3.1-10.2)	4.6 (2.9-7.4)	6.2 (2.8-13.3)	2,111	4.8 (3.4-6.6)	3.8 (2.9-5.1)	5.3 (3.1-9.1)	2,180	4.4 (3.4-5.6)	3.8 (2.7-5.4)	4.8 (3.3-7.1)
% of students who most of the time or always felt lonely during the 12 months before the survey	2,154	6.6 (4.6-9.3)	5.7 (4.2-7.7)	6.7 (4.3-10.4)	2,071	6.5 (5.0-8.4)	7.4 (5.4-10.1)	5.3 (3.7-7.4)	2,163	6.5 (4.7-9.0)	6.6 (4.0-11.0)	6.1 (4.6-8.1)
% of students who most of the time or always were so worried about something that they could not sleep at night during the 12 months before the survey	2,184	4.3 (3.1-5.8)	4.6 (2.8-7.3)	3.6 (2.1-6.1)	2,110	5.0 (3.5-7.0)	4.8 (3.1-7.4)	4.6 (2.6-7.9)	2,194	4.0 (3.0-5.3)	4.1 (3.0-5.6)	3.7 (2.3-5.7)
% of students who seriously considered attempting suicide during the 12 months before the survey	2,143	15.2 (10.9-20.9)	15.3 (9.6-23.4)	14.6 (10.8-19.4)	2,073	13.1 (10.2-16.7)	11.9 (9.2-15.1)	13.4 (9.3-18.9)	2,176	12.3 (9.7-15.5)	10.8 (8.1-14.1)	13.5 (10.2-17.8)
% of students who	2,190	12.2	11.6	11.8	2,113	9.6	8.4	10.1	2,195	9.1	7.4	10.6

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
attempted suicide one or more times during the 12 months before the survey		(8.1-17.9)	(8.0-16.5)	(7.5-18.2)		(6.6-13.7)	(4.9-14.1)	(7.3-13.9)		(5.8-14.2)	(4.3-12.3)	(6.5-16.7)
% of students who were not physically active for at least 60 minutes per day on any day during the 7 days before the survey	2,158	45.9 (37.8-54.3)	41.5 (32.8-50.8)	50.0 (39.6-60.4)	2,073	53.7 (47.9-59.4)	48.3 (41.1-55.6)	58.4 (51.0-65.4)	2,188	47.7 (42.4-53.1)	44.1 (37.9-50.6)	51.2 (44.4-58.1)
% of students who were physically active at least 60 minutes per day on 5 or more days during the 7 days before the survey	2,158	23.1 (14.9-33.9)	24.9 (15.8-36.9)	21.5 (13.2-33.1)	2,073	17.8 (14.7-21.5)	20.5 (15.3-26.7)	15.9 (11.6-21.5)	2,188	22.7 (19.4-26.4)	25.1 (20.9-29.8)	20.5 (16.2-25.6)
% of students who were physically active at least 60 minutes per day on all 7 days during the past 7 days before the survey	2,158	18.0 (10.7-28.8)	20.3 (12.0-32.3)	15.9 (8.4-28.1)	2,073	12.5 (9.6-16.1)	15.1 (10.7-20.9)	10.3 (7.0-14.9)	2,188	15.3 (13.2-17.7)	15.5 (12.9-18.5)	15.1 (12.0-19.0)
% of students who did not walk or ride a bicycle to or from school during the 7 days before the survey	2,159	28.2 (21.4-36.2)	23.5 (16.8-31.8)	33.1 (25.6-41.5)	2,084	53.7 (48.2-59.1)	49.9 (42.7-57.1)	57.4 (51.9-62.7)	2,177	47.9 (39.3-56.6)	45.6 (37.8-53.6)	49.6 (38.7-60.6)
% of students who did not attend physical education classes each week during this school year	2,120	35.1 (30.8-39.7)	33.7 (28.2-39.7)	36.3 (31.3-41.6)	2,045	33.6 (30.0-37.5)	30.1 (25.1-35.7)	36.6 (32.3-41.0)	2,135	25.7 (21.1-30.8)	25.4 (20.0-31.6)	25.9 (21.5-30.9)
% of students who attended physical	2,120	43.2(36.6-50.2)	45.7 (37.9-53.7)	41.1 (32.8-50.0)	2,045	41.8 (37.8-45.9)	44.2 (38.1-50.4)	40.5 (35.9-45.4)	2,135	48.6 (42.9-54.3)	49.2 (43.0-55.4)	47.8 (41.8-53.8)

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
education classes on three or more days each week during this school year												
% of students who reported that their parents or guardians most of the time or always checked to see if their homework was done during the past 30 days	2,150	469 (39.0-54.9)	455 (36.1-55.3)	483 (40.1-56.7)	2,087	504 (43.9-56.8)	476 (43.0-52.2)	531 (43.6-62.4)	2,166	529 (47.6-58.1)	522 (48.3-56.1)	537 (46.5-60.7)
% of students who reported that their parents or guardians most of the time or always understood their problems and worries during the past 30 days	2,133	521 (43.3-60.8)	514 (41.8-60.8)	534 (43.8-62.8)	2,063	525 (45.5-59.4)	499 (44.6-55.2)	552 (45.2-64.8)	2,155	562 (51.2-61.0)	552 (49.2-61.1)	572 (52.5-61.7)
% of bullied students on one or more days during the 30 days before the survey	2,077	562 (51.8-60.5)	605 (56.6-64.4)	519 (45.2-58.6)	2,009	472 (40.4-54.0)	527 (43.3-61.8)	418 (36.1-47.8)	2,115	448 (40.4-49.3)	476 (42.8-52.4)	416 (35.5-48.0)
% of students who ever had sexual intercourse	1,924	213 (14.2-30.6)	232 (15.8-32.8)	195 (12.4-29.4)	1,789	209(17.3-24.9)	22.3 (18.4-26.7)	179 (14.6-21.7)	1,916	174 (12.8-23.2)	209 (14.3-29.4)	139 (10.8-17.7)
% of students who had sexual intercourse before age 14 years for the first time among students who ever had sexual intercourse	152	65.4 (43.0-82.6)	56.3 (39.6-71.7)	-	120	71.0 (56.5-82.2)	-	-	134		-	-
% of students who	136	53.8	-	-	108	61.0	-	-	125	61.0	-	-

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
used a condom during last sexual intercourse among students who ever had sexual intercourse		(42.4-64.9)				(46.6-73.6)				(49.7-71.2)		
% of students who had sexual intercourse 4 or more times during past 12 months	2,105	2.5 (1.1-5.4)	3.6 (1.8-6.9)	1.3 (0.4-4.1)	2,066	1.2 (0.7-2.1)	1.8 (0.8-4.0)	0.6 (0.2-1.7)	2,155	2.5 (0.9-7.0)	3.8 (1.4-10.3)	1.2 (0.4-4.2)
% of students who most of the time or always used a condom among students who have ever had sexual intercourse	344	14.5 (10.9-19.0)	18.6 (11.4-28.9)	8.6 (3.9-17.9)	280	19.1 (13.0-27.0)	25.4 (16.4-37.0)	12.5 (5.5-25.9)	306	21.0 (15.5-27.6)	29.2(21.1-38.9)	10.4 (6.2-17.0)
% of students who were taught in any of their classes how to avoid HIV infection or AIDS during this school year	2,139	86.0 (81.5-89.6)	84.9 (79.4-89.2)	87.3 (82.2-91.1)	2,074	83.8 (80.3-86.8)	83.2 (77.0-88.0)	84.8 (80.4-88.3)	2,170	85.0 (82.8-86.9)	84.0 (81.8-86.1)	85.8 (83.0-88.2)
% of students in a physical fight one or more times during the past 12 months	2,201	45.1 (42.9-47.3)	48.5 (42.8-54.3)	41.7 (36.8-46.7)	2,113	34.7 (29.0-40.9)	40.1 (34.0-46.6)	29.3 (22.7-36.8)	2,193	35.3 (30.3-40.6)	38.5 (32.7-44.7)	32.1 (26.4-38.4)
% of students who were seriously injured one or more times during the past 12 months	1,972	66.6 (59.0-73.4)	67.4 (58.0-75.6)	65.3 (57.3-72.6)	1,846	62.0 (54.7-68.8)	64.3 (58.5-69.7)	58.8 (48.2-68.6)	1,956	67.2 (58.4-74.9)	67.4 (60.1-73.9)	67.0 (55.6-76.7)

Characteristics	Terai				Hill				Mountain			
	n	Both	Male	Female	n	Both	Male	Female	Total	n	Male	Female
% of students reporting the most serious injury by a motor vehicle accident or being hit by a motor vehicle among those seriously injured during past 12 months	1,049	15.1 (7.6-27.9)	215 (96-413)	83 (44-151)	926	63 (45-89)	70 (40-118)	5.1 (29-89)	1,116	55 (29-103)	64 (34-118)	45 (18-106)
% of students who were hit, slapped, or physically hurt by their teacher on purpose during past 12 months	2,169	45.7 (41.7-49.8)	53.8 (48.5-59.1)	37.5 (33.0-42.2)	2,090	37.1 (32.1-42.5)	41.4 (36.0-47.0)	32.9 (26.1-40.4)	2,172	36.7 (32.2-41.5)	41.1 (37.0-45.4)	31.7 (25.0-39.4)

Table 1: Ecological and sex-wise distribution of characteristics Alcohol/Tobacco use

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% current alcohol drinker among students	2,139	66 (4.1-10.5)	8.1 (5.2-12.2)	4.8 (2.6-8.8)	2,075	4.7 (3.4-6.5)	6.4 (4.8-8.5)	2.9 (1.7-4.8)	2,171	4.1 (2.4-7.2)	5.9 (3.3-10.4)	2.3 (1.4-3.8)
% of students who drank alcohol (other than a few sips) before age 14 years for the first time among students who ever had a drink of alcohol	223	72.5 (63.2-80.1)	71.8 (63.3-79.0)	-	187	76.7 (68.9-83.0)	78.1 (67.0-86.3)	-	166	74.6 (66.6-81.2)	70.8 (60.3-79.4)	-
% of students who ever got into trouble with their family or friends, missed school, or got into fights as a result of drinking alcohol (one or more times during their life)	2,097	3.9 (1.5-9.9)	4.1 (1.7-9.5)	3.0 (0.8-10.8)	2,088	2.2 (1.3-3.5)	3.3 (2.0-5.4)	0.9 (0.4-2.3)	2,139	1.9 (0.7-5.4)	2.7 (1.2-6.0)	1.2 (0.2-5.9)
% of students currently smoking cigarettes (at least 1 day during past 30 days)	2,146	7.8 (4.8-12.4)	10.8 (6.7-17.1)	4.5 (2.6-7.7)	2,070	5.3 (4.0-7.0)	7.5 (5.9-9.5)	2.9 (1.2-6.5)	2,165	4.9 (2.7-8.9)	7.7 (4.4-13.0)	2.2 (0.9-5.8)
% of students who tried a cigarette before 14 years among those who ever smoked cigarettes	220	75.4 (69.1-80.8)	74.6 (67.8-80.3)	-	186	80.5 (72.4-86.6)	76.9 (69.8-82.8)	-	162	80.3 (71.1-87.1)	80.5 (68.8-88.5)	-
% of students who currently used any tobacco product (at least 1 day during past 30 days)	2,189	7.8 (4.8-12.4)	9.3 (5.7-14.8)	5.3 (2.7-10.0)	2,116	4.9 (3.2-7.5)	6.3 (4.2-9.4)	3.3 (1.8-6.2)	2,191	4.5 (2.4-8.6)	5.8 (3.3-10.1)	3.3 (1.3-8.2)
% of students who	2,170	77.7	57.4	50.0	2,096	53.3	56.3	50.9	2,181	59.9	62.4	57.8

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
reported people smoking in their presence (on one or more days during the past 7 days)*		(68.0-85.1)	(50.0-64.5)	(41.3-58.6)		(48.4-58.2)	(50.6-61.7)	(44.6-57.1)		(54.7-64.9)	(57.1-67.4)	(50.8-64.4)

Table 2: Ecological and sex-wise distribution of characteristics Dietary behavior and nutritional status

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who did not eat fruits during past 30 days	2,193	7.7 (5.6-10.5)	9.6 (6.3-14.4)	6.0 (3.0-11.3)	2,102	15.6 (11.5-20.9)	17.9 (12.3-25.2)	13.3 (9.7-17.8)	2,183	12.8 (9.8-16.7)	13.2 (8.8-19.4)	12.3 (9.3-16.0)
% of students who usually ate fruits less than one time per day during past 30 days	2,193	41.1 (36.2-46.3)	40.3 (31.1-50.2)	41.4 (34.8-48.3)	2,102	39.9 (35.2-44.8)	39.1 (32.3-46.4)	41.1 (35.7-46.6)	2,183	40.3 (33.6-47.4)	42.5 (35.3-49.9)	38.5 (30.8-46.9)
% of students who usually ate fruits one or more times per day during past 30 days	2,193	51.2 (44.6-57.7)	50.1 (41.2-59.0)	52.6 (45.7-59.5)	2,102	44.5 (39.1-50.1)	43.0 (36.0-50.2)	45.7 (39.1-52.4)	2,183	46.9 (38.2-55.8)	44.3 (33.6-55.6)	49.2 (40.9-57.6)
% of students who usually ate vegetables less than one time per day during past 30 days	2,184	32.5 (26.8-38.9)	33.8 (26.1-42.5)	30.8 (25.5-36.7)	2,088	32.3 (27.1-38.0)	35.3 (28.1-43.3)	29.7 (25.2-34.6)	2,176	31.8 (25.7-38.5)	34.8 (28.2-42.0)	28.6 (21.5-36.9)
% of students who were taught about the benefits of eating more fruits and vegetables during this school year	2,181	77.4 (73.6-80.7)	78.0 (73.1-82.3)	77.1 (72.0-81.6)	2,083	77.4 (74.0-80.4)	76.2 (70.4-81.2)	78.3 (74.7-81.5)	2,169	77.1 (73.9-80.0)	76.0 (71.5-80.0)	78.5 (75.4-81.3)
% of students who usually who usually drank carbonated soft	2,191	21.0 (16.1-26.8)	33.8 (23.8-45.5)	34.6 (29.1-40.6)	2,097	32.6 (26.1-39.8)	28.4 (22.2-35.5)	35.7 (27.7-44.5)	2,187	39.0 (30.5-48.1)	32.4 (22.8-43.9)	34.0 (28.4-40.2)

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
drinks one or more times per day during past 30 days												
% of students who usually ate food from a fast food restaurant one or more days during the past 7 days	2,192	79.1 (72.5-84.4)	78.7 (70.8-84.9)	79.5 (72.6-85.1)	2,085	72.2 (66.2-77.5)	69.7 (61.5-76.8)	74.2 (67.0-80.3)	2,185	72.1 (65.3-78.0)	70.9 (61.8-78.7)	73.0 (67.8-77.6)
% of students who usually ate foods high in fat in the past 30 days	2,197	5.3 (3.7-7.7)	4.2 (2.5-6.7)	6.2 (3.7-10.4)	2,100	8.2 (6.8-9.8)	7.4 (6.0-9.2)	8.4 (6.6-10.6)	2,193	7.7 (5.2-11.1)	7.2 (3.9-12.8)	8.0 (6.0-10.6)
% of underweight students (less than -2SD from median for BMI by age and sex)	2,038	14.6 (10.4-20.1)	17.8 (12.4-24.8)	11.5 (8.1-16.2)	1,734	7.3 (4.5-11.8)	9.9 (5.8-16.3)	5.1 (3.1-8.1)	2,019	10.1 (7.0-14.4)	13.4 (9.5-18.7)	6.8 (3.7-12.1)
% of overweight (greater than +1SD from median for BMI by age and sex)	2,038	7.6 (4.3-13.2)	9.3 (5.2-16.2)	5.9 (3.2-10.7)	1,734	6.2 (3.5-10.5)	6.5 (3.1-13.3)	5.8 (3.5-9.5)	2,019	4.1 (2.5-6.9)	3.4 (1.6-7.0)	4.8 (2.8-8.2)
% of obese students	2,038	0.9 (0.5-1.5)	1.1 (0.6-2.0)	0.7 (0.4-1.2)	1,734	0.4 (0.1-1.4)	0.6 (0.2-2.4)	0.2 (0.0-0.8)	2,019	0.6 (0.2-1.4)	0.8 (0.3-2.0)	0.4 (0.1-1.1)

Table 3: Ecological and sex-wise distribution of characteristics drug use

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who ever used marijuana (one or more times during their life)	2,080	5.1 (29-8.7)	6.1 (4.0-9.3)	3.7 (1.6-8.3)	2,051	3.4 (2.0-5.9)	5.0 (2.7-9.0)	1.5 (0.7-3.2)	2,153	3.3 (1.8-6.2)	4.6 (2.7-7.7)	2.1 (0.7-6.1)
% of students who ever used amphetamines or methamphetamines (one or more times during their life)	2,128	4.2 (2.0-8.7)	4.0 (2.3-7.0)	3.6 (1.3-9.6)	2,077	2.5 (1.3-4.8)	2.9 (1.5-5.6)	1.5 (0.5-4.3)	2,172	2.2 (1.0-4.5)	2.5 (1.3-4.9)	1.8 (0.7-4.7)
% of students who used drugs before age 14 years (for the first time among students who ever used drugs)	193	80.0 (70.9-86.8)	79.5 (69.0-87.2)	-	162	82.4 (75.3-87.7)	82.2 (67.6-91.0)	-	140	88.6 (77.3-94.7)	-	-

Table 4: Ecological and sex-wise distribution of Hygiene practices

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who never or rarely washed their hands before eating during the 30 days before the survey	2,175	4.1 (2.3-7.4)	2.7 (1.3-5.2)	5.4 (2.7-10.3)	2,085	4.6 (3.0-6.7)	3.1 (2.0-4.8)	5.2 (3.1-8.6)	2,168	2.4 (1.6-3.7)	2.1 (1.0-4.1)	2.7 (1.7-4.3)
% of students who never or rarely washed their hands after using the toilet or latrine during the 30 days before the survey	2,173	4.6 (2.6-7.9)	3.9 (2.2-6.9)	5.4 (2.9-9.9)	2,094	5.1 (3.4-7.6)	4.5 (2.9-7.0)	5.0 (2.9-8.3)	2,176	3.6 (2.5-5.2)	3.3 (2.1-5.0)	3.4 (1.9-6.0)
% of students who never or rarely used	2,183	5.6 (3.1-10.2)	4.6 (2.9-7.4)	6.2 (2.8-13.3)	2,111	4.8 (3.4-6.6)	3.8 (2.9-5.1)	5.3 (3.1-9.1)	2,180	4.4 (3.4-5.6)	3.8 (2.7-5.4)	4.8 (3.3-7.1)

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
soap when washing their hands during 30 days before the survey												

Table 5: Ecological and sex-wise distribution of mental health

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who most of the time or always felt lonely during the 12 months before the survey	2,154	66 (46-93)	5.7 (4.2-7.7)	6.7 (4.3-10.4)	2,071	65 (50-84)	7.4 (5.4-10.1)	5.3 (3.7-7.4)	2,163	65 (47-90)	6.6 (4.0-11.0)	6.1 (4.6-8.1)
% of students who most of the time or always were so worried that they could not sleep at night during the 12 months before the survey	2,184	43 (3.1-5.8)	4.6 (2.8-7.3)	3.6 (2.1-6.1)	2,110	5.0 (3.5-7.0)	4.8 (3.1-7.4)	4.6 (2.6-7.9)	2,194	4.0 (3.0-5.3)	4.1 (3.0-5.6)	3.7 (2.3-5.7)
% of students who seriously considered attempting suicide during the 12 months before the survey	2,143	15.2 (10.9-20.9)	15.3 (9.6-23.4)	14.6 (10.8-19.4)	2,073	13.1 (10.2-16.7)	11.9 (9.2-15.1)	13.4 (9.3-18.9)	2,176	12.3 (9.7-15.5)	10.8 (8.1-14.1)	13.5 (10.2-17.8)
% of students who attempted suicide 1 or more times during the 12 months before the survey	2,190	12.2 (8.1-17.9)	11.6 (8.0-16.5)	11.8 (7.5-18.2)	2,113	9.6 (6.6-13.7)	8.4 (4.9-14.1)	10.1 (7.3-13.9)	2,195	9.1 (5.8-14.2)	7.4 (4.3-12.3)	10.6 (6.5-16.7)

Table 6: Ecological and sex-wise distribution of physical activity

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who were not physically active for at least 60 minutes per day on any day during the 7 days before the survey	2,158	459 (37.8-54.3)	41.5 (32.8-50.8)	500 (39.6-60.4)	2,073	53.7 (47.9-59.4)	48.3 (41.1-55.6)	58.4 (51.0-65.4)	2,188	47.7 (42.4-53.1)	44.1 (37.9-50.6)	51.2 (44.4-58.1)
% of students who were physically active at least 60 minutes per day on 5 or more days during the 7 days before the survey	2,158	23.1 (14.9-33.9)	24.9 (15.8-36.9)	21.5 (13.2-33.1)	2,073	17.8 (14.7-21.5)	20.5 (15.3-26.7)	15.9 (11.6-21.5)	2,188	22.7 (19.4-26.4)	25.1 (20.9-29.8)	20.5 (16.2-25.6)
% of students who were physically active at least 60 minutes per day on all 7 days during the past 7 days before the survey	2,158	18.0 (10.7-28.8)	20.3 (12.0-32.3)	15.9 (8.4-28.1)	2,073	12.5 (9.6-16.1)	15.1 (10.7-20.9)	10.3 (7.0-14.9)	2,188	15.3 (13.2-17.7)	15.5 (12.9-18.5)	15.1 (12.0-19.0)
% of students who did not walk or ride a bicycle to or from school during the 7 days before the survey*	2,159	28.2 (21.4-36.2)	23.5 (16.8-31.8)	33.1 (25.6-41.5)	2,084	53.7 (48.2-59.1)	49.9 (42.7-57.1)	57.4 (51.9-62.7)	2,177	47.9 (39.3-56.6)	45.6 (37.8-53.6)	49.6 (38.7-60.6)
% of students who did not attend physical education classes each week during this school year	2,120	35.1 (30.8-39.7)	33.7 (28.2-39.7)	36.3 (31.3-41.6)	2,045	33.6 (30.0-37.5)	30.1 (25.1-35.7)	36.6 (32.3-41.0)	2,135	25.7 (21.1-30.8)	25.4 (20.0-31.6)	25.9 (21.5-30.9)
% of students who attended physical education classes on three or more days	2,120	43.2 (36.6-50.2)	45.7 (37.9-53.7)	41.1 (32.8-50.0)	2,045	41.8 (37.8-45.9)	44.2 (38.1-50.4)	40.5 (35.9-45.4)	2,135	48.6 (42.9-54.3)	49.2 (43.0-55.4)	47.8 (41.8-53.8)

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
each week during this school year												

Table 7: Ecological and sex-wise distribution of protective factors

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who reported that their parents or guardians most of the time or always checked to see if their homework was done during the past 30 days	2,150	469 (39.0-54.9)	455 (36.1-55.3)	483 (40.1-56.7)	2,087	504 (43.9-56.8)	476 (43.0-52.2)	531 (43.6-62.4)	2,166	529 (47.6-58.1)	522 (48.3-56.1)	537 (46.5-60.7)
% of students who reported that their parents or guardians most of the time or always understood their problems and worries during the past 30 days	2,133	521 (43.3-60.8)	514 (41.8-60.8)	534 (43.8-62.8)	2,063	525 (45.5-59.4)	499 (44.6-55.2)	552 (45.2-64.8)	2,155	562 (51.2-61.0)	552 (49.2-61.1)	572 (52.5-61.7)
% of bullied students on one or more days during the 30 days before the survey*	2,077	562 (51.8-60.5)	605 (56.6-64.4)	519 (45.2-58.6)	2,009	472 (40.4-54.0)	527 (43.3-61.8)	418 (36.1-47.8)	2,115	448 (40.4-49.3)	476 (42.8-52.4)	416 (35.5-48.0)

Table 8: Ecological and sex-wise distribution of sexual health

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students who ever had sexual intercourse	1,924	213 (142-306)	232 (158-328)	195 (124-294)	1,789	209 (173-249)	223 (184-267)	179 (146-217)	1,916	174 (128-232)	209 (143-294)	139 (108-177)
% of students who had sexual intercourse before age 14 years for the first time among students who ever had sexual intercourse	152	654 (430-826)	563 (396-717)	-	120	710 (565-822)	-	-	134	547 (443-646)	-	-
% of students who used a condom during last sexual intercourse among students who ever had sexual intercourse	136	538 (424-649)	-	-	108	610 (466-736)	-	-	125	610 (497-712)	-	-
% of students who had sexual intercourse 4 or more times during past 12 months	2,105	25 (1.1-54)	3.6 (18-69)	1.3 (04-41)	2,066	1.2 (07-2.1)	1.8 (08-4.0)	0.6 (02-1.7)	2,155	25 (09-70)	3.8 (14-10.3)	1.2 (04-4.2)
% of students who most of the time or always used a condom among students who have ever had sexual intercourse	344	145 (109-190)	18.6 (11.4-28.9)	8.6 (3.9-17.9)	280	19.1 (13.0-27.0)	25.4 (16.4-37.0)	12.5 (5.5-25.9)	306	21.0 (15.5-27.6)	29.2(21.1-38.9)	10.4 (6.2-17.0)
% of students who were taught in any of their classes how to avoid HIV infection or AIDS during this school year	2,139	86.0 (81.5-89.6)	84.9 (79.4-89.2)	87.3 (82.2-91.1)	2,074	83.8 (80.3-86.8)	83.2 (77.0-88.0)	84.8 (80.4-88.3)	2,170	85.0 (82.8-86.9)	84.0 (81.8-86.1)	85.8 (83.0-88.2)

Table 9: Ecological and sex-wise distribution of violence and injury

Characteristics	Terai				Hill				Mountain			
	N	Both	Male	Female	n	Both	Male	Female	n	Both	Male	Female
% of students in a physical fight one or more times during the past 12 months*	2,201	45.1 (42.9-47.3)	48.5 (42.8-54.3)	41.7 (36.8-46.7)	2,113	34.7 (29.0-40.9)	40.1 (34.0-46.6)	29.3 (22.7-36.8)	2,193	35.3 (30.3-40.6)	38.5 (32.7-44.7)	32.1 (26.4-38.4)
% of students who were seriously injured one or more times during the past 12 months	1,972	66.6 (59.0-73.4)	67.4 (58.0-75.6)	65.3 (57.3-72.6)	1,846	62.0 (54.7-68.8)	64.3 (58.5-69.7)	58.8 (48.2-68.6)	1,956	67.2 (58.4-74.9)	67.4 (60.1-73.9)	67.0 (55.6-76.7)
% of students reporting the most serious injury by a motor vehicle accident or being hit by a motor vehicle among those seriously injured during past 12 months	1,049	15.1 (7.6-27.9)	21.5 (9.6-41.3)	8.3 (4.4-15.1)	926	6.3 (4.5-8.9)	7.0 (4.0-11.8)	5.1 (2.9-8.9)	1,116	5.5 (2.9-10.3)	6.4 (3.4-11.8)	4.5 (1.8-10.6)
% of students who were hit, slapped, or physically hurt by their teacher on purpose during past 12 months*	2,169	45.7 (41.7-49.8)	53.8 (48.5-59.1)	37.5 (33.0-42.2)	2,090	37.1 (32.1-42.5)	41.4 (36.0-47.0)	32.9 (26.1-40.4)	2,172	36.7 (32.2-41.5)	41.1 (37.0-45.4)	31.7 (25.0-39.4)

*significant at level of significance 0.05

Table 1-9 shows the ecological distribution of characteristics and most of the characteristics were not statistical different. Some of the statistical significant characteristics are listed under heading as follows:

Alcohol/tobacco use:

Most of the characteristics were not statistically different to each other in ecological basis. However, there was difference on students who reported people smoking in their presence. Higher percentage of students residing on Terai (77.7 %, CI: 68.0- 85.1) reported people smoked in their presence in comparison to students residing on Hill 53.3% (48.4- 58.2) and mountain region (59.9%, CI:54.7 - 64.9).

Physical activity:

Characteristics related with physical activity were not statistically significant to Terai, Hill and mountainous region. Nonetheless, lower percentage of adolescent students from Terai region (28.2%, CI: 21.4-36.25) did not walk or ride a bicycle to or from school during the 7 days before the survey in comparison to Hill (53.7% ,CI:48.2-59.1) ,Mountain region(47.9%, CI: 39.3-56.6).

Protective factor:

Higher percentage(56.2%, CI: 51.8-60.5) of students residing on Terai region was bullied one or more days during the 30 days of survey in comparison to students residing on Mountain region (44.8%, CI: 40.4-49.3).

Violence and injury:

Higher percentage[45.1%(42.9%-47.3%) of students residing on Terai region were in a physical fight one or more times during the past 12 months in comparison to students residing on mountainous region (35.3%, CI: 30.3-40.6). Similarly, higher percentage(45.7% ,CI: 41.7-49.8) of students of Terai region were hit, slapped or physically hurt by their teacher purposely during past 12 months in comparison to students of Mountain region(36.7% ,CI: 32.2-41.5).

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNUNWTG: Percentage of students who were underweight (<-2SD from median for BMI by age and sex)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.9	(8.6 - 13.6)	5,791	13.8	(10.8 - 17.5)	2,693	8.1	(6.3 - 10.3)	3,098
Age									
12 or younger	9.4	(6.3 - 13.9)	477	6.5	(3.2 - 12.7)	205	11.6	(7.3 - 18.0)	272
13-15	10.8	(8.3 - 14.0)	3,686	13.6	(10.4 - 17.7)	1,632	8.4	(6.3 - 11.1)	2,054
16 or 17	11.4	(8.1 - 15.9)	1,507	16.4	(11.4 - 22.9)	781	5.4	(3.5 - 8.2)	726
13-17	11.0	(8.7 - 13.8)	5,193	14.4	(11.3 - 18.2)	2,413	7.7	(6.0 - 9.9)	2,780
18 or older	13.6	(5.9 - 28.4)	121	-	-	75	-	-	46
Grade									
Class 7	7.7	(4.7 - 12.5)	1,192	7.8	(4.2 - 14.1)	569	7.6	(4.6 - 12.4)	623
Class 8	12.9	(9.7 - 17.0)	1,617	16.0	(11.9 - 21.2)	738	10.0	(6.9 - 14.3)	879
Class 9	11.2	(7.9 - 15.6)	1,367	14.7	(10.4 - 20.5)	595	7.9	(4.7 - 12.8)	772
Class 10	12.0	(8.1 - 17.3)	1,450	17.1	(10.7 - 26.2)	715	7.0	(4.8 - 10.2)	735
Class 11	10.5	(5.5 - 19.1)	123	-	-	56	-	-	67

Note: 738 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNOWTG: Percentage of students who were overweight (>+1SD from median for BMI by age and sex)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.7	(4.6 - 9.5)	5,791	7.6	(5.0 - 11.4)	2,693	5.8	(4.1 - 8.1)	3,098
Age									
12 or younger	11.7	(6.7 - 19.6)	477	14.1	(7.1 - 25.8)	205	10.0	(5.5 - 17.3)	272
13-15	6.7	(4.3 - 10.2)	3,686	7.8	(4.8 - 12.4)	1,632	5.7	(3.5 - 9.1)	2,054
16 or 17	4.6	(2.8 - 7.6)	1,507	5.2	(3.1 - 8.8)	781	3.8	(2.2 - 6.7)	726
13-17	6.1	(4.1 - 9.0)	5,193	7.0	(4.6 - 10.7)	2,413	5.3	(3.5 - 7.9)	2,780
18 or older	2.6	(0.9 - 7.4)	121	-	-	75	-	-	46
Grade									
Class 7	11.2	(6.7 - 18.2)	1,192	13.2	(7.5 - 22.1)	569	9.4	(5.5 - 15.8)	623
Class 8	5.1	(3.4 - 7.6)	1,617	5.2	(2.9 - 9.0)	738	5.1	(3.4 - 7.4)	879
Class 9	5.6	(3.8 - 8.2)	1,367	7.4	(4.5 - 11.9)	595	3.9	(2.3 - 6.6)	772
Class 10	3.4	(2.1 - 5.5)	1,450	3.1	(1.8 - 5.2)	715	3.7	(2.0 - 6.6)	735
Class 11	8.0	(1.7 - 30.8)	123	-	-	56	-	-	67

Note: 738 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNOBESEG: Percentage of students who were obese (>+2SD from median for BMI by age and sex)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.6	(0.4 - 1.0)	5,791	0.8	(0.5 - 1.5)	2,693	0.4	(0.3 - 0.7)	3,098
Age									
12 or younger	0.5	(0.1 - 2.3)	477	1.2	(0.3 - 5.2)	205	0.0	-	272
13-15	0.5	(0.3 - 0.9)	3,686	0.5	(0.2 - 1.1)	1,632	0.6	(0.3 - 1.0)	2,054
16 or 17	0.9	(0.4 - 2.4)	1,507	1.5	(0.6 - 3.8)	781	0.2	(0.0 - 1.1)	726
13-17	0.6	(0.4 - 1.1)	5,193	0.8	(0.4 - 1.5)	2,413	0.5	(0.3 - 0.8)	2,780
18 or older	0.2	(0.0 - 1.4)	121	-	-	75	-	-	46
Grade									
Class 7	0.4	(0.1 - 1.1)	1,192	0.6	(0.2 - 2.2)	569	0.2	(0.0 - 1.3)	623
Class 8	0.5	(0.2 - 1.4)	1,617	0.6	(0.2 - 1.5)	738	0.5	(0.1 - 1.7)	879
Class 9	0.6	(0.2 - 1.5)	1,367	1.0	(0.4 - 2.8)	595	0.2	(0.0 - 1.6)	772
Class 10	0.9	(0.4 - 1.9)	1,450	1.1	(0.4 - 2.8)	715	0.8	(0.3 - 1.8)	735
Class 11	2.2	(0.3 - 16.3)	123	-	-	56	-	-	67

Note: 738 students were excluded from this analysis.

N = Number of students in this subgroup.

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2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN6: Percentage of students who most of the time or always went hungry (because there was not enough food in their home during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.7	(2.6 - 8.2)	6,478	4.8	(2.8 - 8.1)	2,992	4.3	(2.2 - 8.5)	3,382
Age									
12 or younger	3.1	(1.6 - 6.1)	599	4.0	(1.4 - 10.9)	256	2.5	(1.0 - 6.2)	329
13-15	4.5	(2.5 - 7.9)	4,097	4.5	(2.6 - 7.5)	1,829	4.2	(2.0 - 8.6)	2,224
16 or 17	5.1	(2.6 - 9.8)	1,610	5.1	(2.6 - 9.5)	819	5.4	(2.4 - 11.7)	772
13-17	4.6	(2.6 - 8.2)	5,707	4.6	(2.8 - 7.6)	2,648	4.5	(2.1 - 9.1)	2,996
18 or older	9.8	(5.0 - 18.5)	127	-	-	75	-	-	50
Grade									
Class 7	6.3	(3.0 - 13.0)	1,393	7.0	(3.0 - 15.2)	668	5.5	(2.5 - 11.7)	713
Class 8	4.5	(2.7 - 7.4)	1,815	4.9	(2.4 - 9.7)	824	3.7	(1.8 - 7.4)	968
Class 9	5.3	(2.3 - 11.7)	1,485	5.0	(2.6 - 9.4)	655	5.5	(1.6 - 17.5)	819
Class 10	1.9	(1.1 - 3.2)	1,558	1.6	(0.9 - 3.0)	763	2.2	(1.0 - 4.9)	779
Class 11	3.7	(0.8 - 16.0)	139	-	-	58	-	-	75

Note: 51 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN7: Percentage of students who did not eat fruit (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	12.0	(9.8 - 14.5)	6,478	13.9	(10.9 - 17.5)	2,996	10.0	(7.8 - 12.8)	3,381
Age									
12 or younger	15.8	(10.3 - 23.4)	601	16.2	(7.9 - 30.4)	257	15.3	(9.1 - 24.6)	330
13-15	10.8	(8.7 - 13.3)	4,088	12.3	(9.8 - 15.4)	1,828	9.4	(6.8 - 12.8)	2,216
16 or 17	13.0	(9.6 - 17.5)	1,619	16.5	(11.7 - 22.8)	823	8.9	(5.9 - 13.1)	778
13-17	11.3	(9.0 - 14.1)	5,707	13.5	(10.6 - 17.1)	2,651	9.3	(6.8 - 12.4)	2,994
18 or older	12.2	(6.0 - 23.2)	127	-	-	76	-	-	50
Grade									
Class 7	14.0	(9.6 - 19.9)	1,396	14.6	(8.9 - 22.9)	675	13.7	(8.8 - 20.7)	710
Class 8	10.6	(8.0 - 13.9)	1,811	13.6	(9.8 - 18.5)	819	7.9	(5.7 - 10.8)	970
Class 9	12.5	(8.5 - 17.9)	1,489	13.4	(9.0 - 19.5)	658	11.1	(6.0 - 19.4)	820
Class 10	10.4	(7.0 - 15.3)	1,560	14.2	(8.8 - 22.2)	762	6.7	(4.0 - 10.9)	781
Class 11	7.7	(3.5 - 15.9)	138	-	-	58	-	-	74

Note: 51 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFRLG: Percentage of students who usually ate fruit less than one time per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	40.5	(37.5 - 43.5)	6,478	39.9	(35.0 - 45.0)	2,996	41.0	(37.3 - 44.8)	3,381
Age									
12 or younger	38.0	(27.4 - 49.8)	601	35.0	(21.7 - 51.2)	257	39.4	(29.6 - 50.0)	330
13-15	38.4	(35.7 - 41.2)	4,088	37.8	(32.7 - 43.1)	1,828	39.0	(35.0 - 43.2)	2,216
16 or 17	47.3	(43.4 - 51.1)	1,619	46.4	(40.7 - 52.2)	823	48.2	(43.1 - 53.3)	778
13-17	40.7	(38.2 - 43.2)	5,707	40.2	(35.9 - 44.6)	2,651	41.1	(37.5 - 44.9)	2,994
18 or older	51.1	(37.6 - 64.5)	127	-	-	76	-	-	50
Grade									
Class 7	32.7	(27.5 - 38.3)	1,396	31.1	(22.9 - 40.6)	675	33.4	(28.7 - 38.4)	710
Class 8	38.9	(32.6 - 45.6)	1,811	38.4	(32.8 - 44.4)	819	39.4	(30.7 - 48.8)	970
Class 9	44.9	(41.5 - 48.3)	1,489	45.6	(38.9 - 52.4)	658	44.9	(40.5 - 49.3)	820
Class 10	47.4	(42.1 - 52.8)	1,560	46.3	(39.2 - 53.5)	762	48.3	(41.2 - 55.5)	781
Class 11	56.6	(38.6 - 72.9)	138	-	-	58	-	-	74

Note: 51 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFR1G: Percentage of students who usually ate fruit one or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	47.6	(43.9 - 51.3)	6,478	46.2	(41.3 - 51.2)	2,996	49.0	(44.9 - 53.0)	3,381
Age									
12 or younger	46.2	(35.9 - 56.9)	601	48.8	(35.1 - 62.7)	257	45.3	(36.2 - 54.7)	330
13-15	50.8	(47.1 - 54.5)	4,088	49.9	(44.4 - 55.3)	1,828	51.6	(47.5 - 55.7)	2,216
16 or 17	39.7	(35.4 - 44.2)	1,619	37.1	(32.1 - 42.4)	823	42.9	(36.5 - 49.6)	778
13-17	48.0	(44.5 - 51.5)	5,707	46.3	(41.9 - 50.7)	2,651	49.6	(45.2 - 54.0)	2,994
18 or older	36.7	(26.4 - 48.4)	127	-	-	76	-	-	50
Grade									
Class 7	53.3	(47.0 - 59.5)	1,396	54.4	(45.4 - 63.1)	675	52.9	(46.2 - 59.5)	710
Class 8	50.5	(43.6 - 57.3)	1,811	48.0	(42.0 - 54.0)	819	52.7	(42.9 - 62.3)	970
Class 9	42.6	(37.1 - 48.4)	1,489	41.0	(34.2 - 48.2)	658	44.1	(36.5 - 51.9)	820
Class 10	42.2	(36.0 - 48.5)	1,560	39.5	(33.3 - 46.1)	762	45.0	(36.2 - 54.1)	781
Class 11	35.7	(22.6 - 51.4)	138	-	-	58	-	-	74

Note: 51 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFR2G: Percentage of students who usually ate fruit two or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	19.8	(17.1 - 22.9)	6,478	20.1	(17.1 - 23.5)	2,996	19.7	(16.6 - 23.3)	3,381
Age									
12 or younger	23.3	(16.6 - 31.8)	601	24.3	(15.1 - 36.5)	257	23.2	(16.2 - 32.2)	330
13-15	20.5	(17.6 - 23.7)	4,088	21.1	(17.5 - 25.2)	1,828	19.9	(16.8 - 23.4)	2,216
16 or 17	15.7	(12.7 - 19.3)	1,619	15.6	(11.5 - 20.8)	823	16.1	(11.7 - 21.8)	778
13-17	19.3	(16.7 - 22.2)	5,707	19.6	(16.7 - 22.8)	2,651	19.0	(16.0 - 22.5)	2,994
18 or older	22.1	(15.9 - 29.7)	127	-	-	76	-	-	50
Grade									
Class 7	25.2	(20.1 - 31.2)	1,396	25.8	(20.2 - 32.3)	675	24.9	(18.6 - 32.4)	710
Class 8	21.0	(16.3 - 26.6)	1,811	19.9	(14.8 - 26.1)	819	22.0	(16.2 - 29.2)	970
Class 9	16.2	(13.2 - 19.6)	1,489	15.4	(11.9 - 19.7)	658	16.9	(13.0 - 21.7)	820
Class 10	15.8	(11.4 - 21.4)	1,560	18.8	(14.3 - 24.4)	762	12.8	(8.6 - 18.8)	781
Class 11	12.6	(6.0 - 24.6)	138	-	-	58	-	-	74

Note: 51 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFR3G: Percentage of students who usually ate fruit three or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.1	(6.6 - 9.9)	6,478	7.4	(5.9 - 9.2)	2,996	8.7	(6.8 - 11.0)	3,381
Age									
12 or younger	8.6	(5.6 - 13.0)	601	9.0	(5.5 - 14.4)	257	8.5	(4.3 - 16.2)	330
13-15	8.5	(6.7 - 10.7)	4,088	7.8	(5.8 - 10.4)	1,828	8.9	(6.9 - 11.5)	2,216
16 or 17	6.6	(4.8 - 9.1)	1,619	5.2	(3.2 - 8.4)	823	8.5	(5.7 - 12.3)	778
13-17	8.0	(6.5 - 9.9)	5,707	7.1	(5.5 - 9.1)	2,651	8.8	(7.0 - 11.0)	2,994
18 or older	8.3	(4.3 - 15.3)	127	-	-	76	-	-	50
Grade									
Class 7	10.6	(7.4 - 14.9)	1,396	10.1	(7.4 - 13.7)	675	11.0	(6.7 - 17.4)	710
Class 8	8.6	(6.4 - 11.6)	1,811	6.5	(4.5 - 9.4)	819	10.4	(7.4 - 14.4)	970
Class 9	6.6	(4.8 - 8.9)	1,489	6.1	(4.1 - 8.9)	658	7.0	(4.5 - 10.7)	820
Class 10	5.9	(3.9 - 9.0)	1,560	6.1	(3.9 - 9.3)	762	5.6	(3.3 - 9.2)	781
Class 11	4.3	(1.7 - 10.3)	138	-	-	58	-	-	74

Note: 51 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN8: Percentage of students who did not eat vegetables (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	5.3	(4.3 - 6.6)	6,448	5.0	(4.1 - 6.1)	2,986	5.6	(4.2 - 7.5)	3,362
Age									
12 or younger	9.2	(4.8 - 16.8)	595	7.8	(3.4 - 16.9)	253	10.6	(5.4 - 19.6)	328
13-15	4.8	(3.9 - 5.9)	4,072	5.0	(3.9 - 6.4)	1,829	4.6	(3.5 - 6.0)	2,202
16 or 17	5.1	(3.4 - 7.6)	1,614	4.0	(2.6 - 6.2)	819	6.1	(3.6 - 9.9)	776
13-17	4.9	(4.1 - 5.8)	5,686	4.7	(4.0 - 5.6)	2,648	4.9	(3.8 - 6.4)	2,978
18 or older	2.7	(0.7 - 9.0)	126	-	-	75	-	-	49
Grade									
Class 7	7.7	(5.0 - 11.9)	1,373	6.7	(4.2 - 10.5)	665	8.9	(5.2 - 14.6)	696
Class 8	5.4	(3.8 - 7.6)	1,811	5.7	(3.4 - 9.4)	824	5.2	(3.7 - 7.3)	964
Class 9	4.0	(2.6 - 6.0)	1,486	3.7	(2.5 - 5.5)	655	3.9	(2.2 - 6.7)	821
Class 10	3.3	(2.0 - 5.2)	1,560	3.5	(1.9 - 6.3)	763	3.1	(1.6 - 6.0)	781
Class 11	4.1	(1.7 - 9.4)	136	-	-	57	-	-	74

Note: 81 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNVEGLG: Percentage of students who usually ate vegetables less than one time per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	32.3	(28.9 - 36.0)	6,448	34.6	(30.0 - 39.6)	2,986	30.1	(27.1 - 33.3)	3,362
Age									
12 or younger	29.7	(22.6 - 37.9)	595	30.9	(21.8 - 41.9)	253	27.8	(20.0 - 37.3)	328
13-15	31.1	(27.7 - 34.8)	4,072	31.6	(26.6 - 37.1)	1,829	30.6	(27.0 - 34.6)	2,202
16 or 17	37.6	(33.7 - 41.7)	1,614	43.8	(39.5 - 48.2)	819	30.7	(25.9 - 36.0)	776
13-17	32.8	(29.6 - 36.2)	5,686	35.0	(30.7 - 39.6)	2,648	30.7	(27.4 - 34.1)	2,978
18 or older	31.2	(18.1 - 48.1)	126	-	-	75	-	-	49
Grade									
Class 7	28.1	(22.4 - 34.6)	1,373	32.8	(25.4 - 41.2)	665	23.2	(16.9 - 31.0)	696
Class 8	30.3	(26.5 - 34.3)	1,811	29.2	(24.0 - 35.1)	824	30.9	(26.5 - 35.7)	964
Class 9	35.8	(30.9 - 41.1)	1,486	37.8	(30.8 - 45.4)	655	34.3	(29.2 - 39.9)	821
Class 10	36.9	(31.9 - 42.2)	1,560	39.2	(32.2 - 46.6)	763	34.5	(28.6 - 40.9)	781
Class 11	34.9	(18.0 - 56.9)	136	-	-	57	-	-	74

Note: 81 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNVEG1G: Percentage of students who usually ate vegetables one or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	62.3	(58.6 - 65.9)	6,448	60.4	(55.7 - 64.9)	2,986	64.3	(60.6 - 67.8)	3,362
Age									
12 or younger	61.1	(51.4 - 70.0)	595	61.3	(48.1 - 73.0)	253	61.6	(49.7 - 72.2)	328
13-15	64.0	(60.5 - 67.5)	4,072	63.4	(58.2 - 68.2)	1,829	64.7	(60.8 - 68.5)	2,202
16 or 17	57.3	(52.6 - 61.8)	1,614	52.2	(47.8 - 56.5)	819	63.2	(56.1 - 69.9)	776
13-17	62.3	(58.9 - 65.6)	5,686	60.3	(56.1 - 64.3)	2,648	64.4	(60.5 - 68.1)	2,978
18 or older	66.2	(49.2 - 79.8)	126	-	-	75	-	-	49
Grade									
Class 7	64.2	(57.0 - 70.8)	1,373	60.5	(51.3 - 69.0)	665	67.9	(58.9 - 75.7)	696
Class 8	64.3	(59.7 - 68.7)	1,811	65.1	(58.7 - 70.9)	824	63.9	(58.5 - 69.0)	964
Class 9	60.2	(55.4 - 64.8)	1,486	58.4	(51.3 - 65.2)	655	61.8	(56.7 - 66.6)	821
Class 10	59.8	(54.0 - 65.4)	1,560	57.4	(50.5 - 63.9)	763	62.3	(55.1 - 69.1)	781
Class 11	61.0	(38.4 - 79.6)	136	-	-	57	-	-	74

Note: 81 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNVEG2G: Percentage of students who usually ate vegetables two or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	34.4	(30.0 - 39.1)	6,448	33.7	(29.1 - 38.6)	2,986	34.8	(29.9 - 39.9)	3,362
Age									
12 or younger	37.9	(28.7 - 48.2)	595	36.6	(25.2 - 49.7)	253	39.6	(29.4 - 50.8)	328
13-15	34.2	(30.0 - 38.7)	4,072	34.7	(30.0 - 39.7)	1,829	33.3	(28.7 - 38.3)	2,202
16 or 17	32.5	(27.5 - 37.9)	1,614	30.0	(24.7 - 35.8)	819	35.3	(28.4 - 42.8)	776
13-17	33.8	(29.7 - 38.1)	5,686	33.4	(29.2 - 37.8)	2,648	33.8	(29.1 - 38.8)	2,978
18 or older	36.0	(24.5 - 49.3)	126	-	-	75	-	-	49
Grade									
Class 7	39.5	(32.8 - 46.6)	1,373	36.9	(30.0 - 44.4)	665	41.7	(32.7 - 51.2)	696
Class 8	33.5	(27.4 - 40.2)	1,811	34.8	(27.0 - 43.4)	824	31.9	(25.8 - 38.7)	964
Class 9	30.0	(24.4 - 36.1)	1,486	32.3	(26.2 - 39.0)	655	27.3	(21.5 - 34.1)	821
Class 10	34.2	(27.9 - 41.2)	1,560	30.6	(23.3 - 39.1)	763	37.6	(29.7 - 46.3)	781
Class 11	36.1	(19.4 - 56.9)	136	-	-	57	-	-	74

Note: 81 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNVEG3G: Percentage of students who usually ate vegetables three or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.2	(7.8 - 13.3)	6,448	9.9	(7.3 - 13.3)	2,986	10.3	(7.5 - 13.9)	3,362
Age									
12 or younger	11.2	(7.1 - 17.0)	595	13.1	(7.3 - 22.4)	253	10.0	(6.4 - 15.4)	328
13-15	9.4	(6.9 - 12.8)	4,072	9.0	(6.6 - 12.3)	1,829	9.7	(6.6 - 14.0)	2,202
16 or 17	11.2	(8.0 - 15.4)	1,614	10.6	(6.9 - 15.8)	819	11.7	(7.6 - 17.6)	776
13-17	9.9	(7.3 - 13.2)	5,686	9.5	(6.8 - 13.0)	2,648	10.2	(7.3 - 14.0)	2,978
18 or older	15.7	(10.1 - 23.6)	126	-	-	75	-	-	49
Grade									
Class 7	12.1	(8.5 - 16.8)	1,373	11.2	(7.5 - 16.4)	665	12.8	(8.6 - 18.7)	696
Class 8	9.7	(7.0 - 13.4)	1,811	10.5	(6.2 - 17.5)	824	8.9	(6.5 - 12.1)	964
Class 9	9.2	(5.7 - 14.4)	1,486	8.9	(5.9 - 13.3)	655	9.4	(5.1 - 16.6)	821
Class 10	10.0	(6.5 - 15.0)	1,560	9.4	(5.7 - 15.3)	763	10.2	(6.2 - 16.4)	781
Class 11	6.7	(3.0 - 14.3)	136	-	-	57	-	-	74

Note: 81 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN9: Percentage of students who did not drink carbonated soft drinks (excluding diet soft drinks, during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	24.0	(20.5 - 27.9)	6,475	25.2	(21.6 - 29.1)	2,991	23.2	(18.8 - 28.4)	3,386
Age									
12 or younger	24.8	(17.4 - 34.2)	600	23.3	(14.6 - 35.0)	255	26.2	(17.6 - 37.2)	332
13-15	24.0	(20.7 - 27.6)	4,092	25.8	(22.2 - 29.8)	1,832	22.6	(18.6 - 27.1)	2,219
16 or 17	24.4	(19.5 - 30.2)	1,612	24.7	(19.9 - 30.2)	817	24.2	(16.6 - 33.8)	776
13-17	24.1	(20.7 - 27.9)	5,704	25.5	(22.1 - 29.2)	2,649	22.9	(18.4 - 28.1)	2,995
18 or older	17.8	(10.5 - 28.5)	126	-	-	75	-	-	50
Grade									
Class 7	24.2	(18.8 - 30.5)	1,390	24.9	(18.6 - 32.5)	668	23.7	(17.6 - 31.1)	712
Class 8	24.6	(20.1 - 29.8)	1,816	26.5	(21.2 - 32.6)	824	23.1	(18.7 - 28.2)	970
Class 9	27.5	(22.0 - 33.9)	1,489	27.6	(23.6 - 31.9)	657	27.9	(18.5 - 39.7)	821
Class 10	18.9	(14.3 - 24.7)	1,559	21.7	(16.0 - 28.7)	760	16.4	(10.5 - 24.5)	782
Class 11	19.2	(12.6 - 28.3)	136	-	-	58	-	-	73

Note: 54 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNSODALG: Percentage of students who usually drank carbonated soft drinks less than one time per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	42.6	(38.7 - 46.7)	6,475	43.8	(38.7 - 48.9)	2,991	41.7	(37.9 - 45.6)	3,386
Age									
12 or younger	33.8	(26.2 - 42.4)	600	32.9	(23.2 - 44.4)	255	34.1	(25.7 - 43.5)	332
13-15	43.1	(38.7 - 47.7)	4,092	43.5	(37.4 - 49.8)	1,832	42.9	(38.9 - 46.9)	2,219
16 or 17	46.2	(42.1 - 50.3)	1,612	49.6	(44.4 - 54.7)	817	41.9	(35.4 - 48.7)	776
13-17	43.9	(39.9 - 47.9)	5,704	45.2	(40.5 - 50.0)	2,649	42.7	(38.6 - 46.8)	2,995
18 or older	49.2	(36.8 - 61.8)	126	-	-	75	-	-	50
Grade									
Class 7	35.6	(29.9 - 41.6)	1,390	36.7	(27.2 - 47.3)	668	34.0	(28.0 - 40.7)	712
Class 8	39.7	(34.5 - 45.1)	1,816	41.5	(35.8 - 47.4)	824	38.2	(32.1 - 44.6)	970
Class 9	46.0	(39.7 - 52.5)	1,489	46.7	(40.8 - 52.6)	657	45.5	(35.8 - 55.6)	821
Class 10	52.6	(47.1 - 58.0)	1,559	52.9	(45.9 - 59.7)	760	52.3	(44.9 - 59.6)	782
Class 11	56.0	(37.1 - 73.3)	136	-	-	58	-	-	73

Note: 54 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNSODA1G: Percentage of students who usually drank carbonated soft drinks one or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	33.3	(29.3 - 37.7)	6,475	31.1	(25.9 - 36.8)	2,991	35.1	(30.7 - 39.7)	3,386
Age									
12 or younger	41.3	(31.8 - 51.5)	600	43.8	(30.0 - 58.6)	255	39.7	(30.2 - 50.1)	332
13-15	32.9	(28.9 - 37.1)	4,092	30.7	(24.8 - 37.4)	1,832	34.6	(30.6 - 38.7)	2,219
16 or 17	29.4	(24.7 - 34.5)	1,612	25.8	(21.3 - 30.8)	817	33.9	(27.4 - 41.1)	776
13-17	32.0	(28.4 - 35.8)	5,704	29.4	(24.8 - 34.4)	2,649	34.4	(30.3 - 38.8)	2,995
18 or older	32.9	(23.4 - 44.1)	126	-	-	75	-	-	50
Grade									
Class 7	40.2	(33.4 - 47.5)	1,390	38.4	(27.1 - 51.1)	668	42.3	(36.2 - 48.6)	712
Class 8	35.7	(30.1 - 41.8)	1,816	32.0	(25.5 - 39.3)	824	38.7	(32.6 - 45.2)	970
Class 9	26.4	(21.7 - 31.8)	1,489	25.8	(21.3 - 30.9)	657	26.6	(19.9 - 34.6)	821
Class 10	28.5	(23.5 - 34.0)	1,559	25.4	(21.6 - 29.7)	760	31.4	(24.2 - 39.6)	782
Class 11	24.7	(13.8 - 40.3)	136	-	-	58	-	-	73

Note: 54 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNSODA2G: Percentage of students who usually drank carbonated soft drinks two or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	9.7	(8.0 - 11.7)	6,475	8.4	(6.6 - 10.7)	2,991	10.6	(8.4 - 13.3)	3,386
Age									
12 or younger	11.5	(7.9 - 16.6)	600	12.0	(7.5 - 18.9)	255	11.6	(7.7 - 17.1)	332
13-15	9.4	(7.4 - 11.9)	4,092	8.3	(6.4 - 10.7)	1,832	10.3	(7.5 - 14.0)	2,219
16 or 17	9.0	(7.1 - 11.4)	1,612	7.4	(5.7 - 9.6)	817	11.3	(8.0 - 15.6)	776
13-17	9.3	(7.6 - 11.4)	5,704	8.0	(6.3 - 10.2)	2,649	10.5	(8.1 - 13.5)	2,995
18 or older	6.2	(2.4 - 14.7)	126	-	-	75	-	-	50
Grade									
Class 7	13.2	(9.9 - 17.4)	1,390	11.5	(7.3 - 17.8)	668	14.9	(9.6 - 22.5)	712
Class 8	10.1	(7.9 - 12.9)	1,816	8.2	(5.9 - 11.4)	824	11.7	(8.6 - 15.7)	970
Class 9	6.0	(4.6 - 7.8)	1,489	6.0	(4.0 - 9.0)	657	5.9	(4.0 - 8.7)	821
Class 10	8.0	(5.5 - 11.4)	1,559	6.8	(4.6 - 9.8)	760	8.8	(5.3 - 14.3)	782
Class 11	7.7	(4.4 - 13.0)	136	-	-	58	-	-	73

Note: 54 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNSODA3G: Percentage of students who usually drank carbonated soft drinks three or more times per day (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.5	(2.7 - 4.5)	6,475	2.9	(2.0 - 4.2)	2,991	4.0	(2.9 - 5.5)	3,386
Age									
12 or younger	3.6	(1.8 - 7.2)	600	3.4	(1.3 - 8.7)	255	3.9	(1.8 - 8.4)	332
13-15	3.3	(2.4 - 4.5)	4,092	2.8	(1.9 - 4.3)	1,832	3.7	(2.5 - 5.3)	2,219
16 or 17	3.7	(2.4 - 5.7)	1,612	2.5	(1.5 - 4.2)	817	5.2	(2.8 - 9.5)	776
13-17	3.4	(2.5 - 4.6)	5,704	2.8	(1.9 - 4.0)	2,649	4.0	(2.8 - 5.7)	2,995
18 or older	3.8	(1.5 - 9.1)	126	-	-	75	-	-	50
Grade									
Class 7	4.3	(2.8 - 6.4)	1,390	3.4	(1.7 - 6.6)	668	5.2	(3.1 - 8.5)	712
Class 8	4.4	(3.1 - 6.1)	1,816	3.4	(2.2 - 5.2)	824	5.2	(3.5 - 7.7)	970
Class 9	1.9	(1.2 - 2.9)	1,489	1.5	(0.7 - 3.2)	657	2.1	(1.2 - 3.6)	821
Class 10	2.8	(1.5 - 5.1)	1,559	2.6	(1.5 - 4.5)	760	2.8	(1.2 - 6.7)	782
Class 11	4.5	(2.5 - 8.2)	136	-	-	58	-	-	73

Note: 54 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN10: Percentage of students who did not eat food from a fast food restaurant (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	24.8	(21.5 - 28.5)	6,462	26.3	(22.1 - 30.9)	2,983	23.6	(19.9 - 27.7)	3,377
Age									
12 or younger	27.8	(19.8 - 37.6)	599	26.4	(16.9 - 38.7)	254	29.5	(20.8 - 40.1)	332
13-15	24.0	(20.5 - 27.9)	4,081	26.8	(22.0 - 32.3)	1,827	21.6	(18.2 - 25.3)	2,209
16 or 17	25.8	(21.7 - 30.4)	1,609	25.3	(21.1 - 30.0)	813	26.4	(20.9 - 32.6)	777
13-17	24.4	(21.4 - 27.8)	5,690	26.4	(22.4 - 30.8)	2,640	22.7	(19.3 - 26.5)	2,986
18 or older	25.2	(18.1 - 33.8)	128	-	-	76	-	-	50
Grade									
Class 7	24.8	(18.9 - 31.8)	1,387	23.7	(17.1 - 31.9)	667	26.3	(19.1 - 35.0)	707
Class 8	25.1	(21.3 - 29.4)	1,815	29.1	(23.1 - 35.9)	824	21.8	(16.9 - 27.6)	968
Class 9	26.7	(20.4 - 34.2)	1,484	27.8	(20.8 - 36.1)	656	25.3	(18.5 - 33.6)	818
Class 10	22.3	(17.9 - 27.5)	1,553	24.3	(19.4 - 30.0)	755	19.7	(14.6 - 25.9)	781
Class 11	21.2	(14.9 - 29.2)	139	-	-	58	-	-	75

Note: 67 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFF1G: Percentage of students who ate food from a fast food restaurant one or more days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	75.2	(71.5 - 78.5)	6,462	73.7	(69.1 - 77.9)	2,983	76.4	(72.3 - 80.1)	3,377
Age									
12 or younger	72.2	(62.4 - 80.2)	599	73.6	(61.3 - 83.1)	254	70.5	(59.9 - 79.2)	332
13-15	76.0	(72.1 - 79.5)	4,081	73.2	(67.7 - 78.0)	1,827	78.4	(74.7 - 81.8)	2,209
16 or 17	74.2	(69.6 - 78.3)	1,609	74.7	(70.0 - 78.9)	813	73.6	(67.4 - 79.1)	777
13-17	75.6	(72.2 - 78.6)	5,690	73.6	(69.2 - 77.6)	2,640	77.3	(73.5 - 80.7)	2,986
18 or older	74.8	(66.2 - 81.9)	128	-	-	76	-	-	50
Grade									
Class 7	75.2	(68.2 - 81.1)	1,387	76.3	(68.1 - 82.9)	667	73.7	(65.0 - 80.9)	707
Class 8	74.9	(70.6 - 78.7)	1,815	70.9	(64.1 - 76.9)	824	78.2	(72.4 - 83.1)	968
Class 9	73.3	(65.8 - 79.6)	1,484	72.2	(63.9 - 79.2)	656	74.7	(66.4 - 81.5)	818
Class 10	77.7	(72.5 - 82.1)	1,553	75.7	(70.0 - 80.6)	755	80.3	(74.1 - 85.4)	781
Class 11	78.8	(70.8 - 85.1)	139	-	-	58	-	-	75

Note: 67 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFF2G: Percentage of students who ate food from a fast food restaurant two or more days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	41.5	(38.9 - 44.2)	6,462	40.9	(38.0 - 43.8)	2,983	41.7	(37.1 - 46.4)	3,377
Age									
12 or younger	33.8	(25.9 - 42.7)	599	36.7	(27.2 - 47.3)	254	30.4	(22.9 - 39.1)	332
13-15	42.7	(40.1 - 45.3)	4,081	41.2	(37.3 - 45.2)	1,827	43.6	(39.0 - 48.2)	2,209
16 or 17	42.2	(37.2 - 47.4)	1,609	42.2	(38.3 - 46.2)	813	42.2	(33.9 - 51.0)	777
13-17	42.6	(39.9 - 45.3)	5,690	41.5	(38.5 - 44.5)	2,640	43.3	(38.2 - 48.4)	2,986
18 or older	41.8	(27.6 - 57.6)	128	-	-	76	-	-	50
Grade									
Class 7	38.9	(34.5 - 43.6)	1,387	38.4	(32.9 - 44.4)	667	39.0	(32.2 - 46.3)	707
Class 8	40.4	(36.0 - 45.0)	1,815	37.3	(31.9 - 43.0)	824	42.5	(35.5 - 49.9)	968
Class 9	41.3	(36.6 - 46.2)	1,484	44.5	(38.0 - 51.1)	656	38.6	(32.9 - 44.6)	818
Class 10	45.4	(41.2 - 49.6)	1,553	44.7	(41.0 - 48.5)	755	45.9	(39.4 - 52.6)	781
Class 11	51.2	(32.1 - 69.9)	139	-	-	58	-	-	75

Note: 67 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNFF3G: Percentage of students who ate food from a fast food restaurant three or more days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	25.5	(23.3 - 27.8)	6,462	25.1	(22.9 - 27.4)	2,983	25.4	(21.2 - 30.2)	3,377
Age									
12 or younger	18.4	(12.5 - 26.1)	599	19.4	(12.5 - 28.7)	254	17.2	(10.2 - 27.3)	332
13-15	25.7	(23.6 - 27.9)	4,081	24.9	(22.0 - 28.0)	1,827	26.1	(22.3 - 30.4)	2,209
16 or 17	27.9	(24.5 - 31.6)	1,609	27.7	(24.1 - 31.7)	813	27.8	(21.1 - 35.7)	777
13-17	26.3	(24.2 - 28.5)	5,690	25.7	(23.2 - 28.2)	2,640	26.5	(22.2 - 31.3)	2,986
18 or older	31.5	(19.1 - 47.4)	128	-	-	76	-	-	50
Grade									
Class 7	21.8	(17.1 - 27.2)	1,387	20.4	(15.4 - 26.3)	667	22.7	(15.7 - 31.5)	707
Class 8	23.2	(19.7 - 27.0)	1,815	22.6	(19.2 - 26.4)	824	23.5	(17.7 - 30.6)	968
Class 9	26.6	(23.1 - 30.4)	1,484	28.8	(23.0 - 35.5)	656	24.4	(19.3 - 30.5)	818
Class 10	30.4	(26.9 - 34.1)	1,553	30.0	(26.3 - 33.8)	755	30.6	(24.1 - 38.0)	781
Class 11	44.0	(25.9 - 63.8)	139	-	-	58	-	-	75

Note: 67 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN11: Percentage of students who usually cleaned or brushed their teeth (one or more times per day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	85.0	(81.2 - 88.1)	6,482	86.4	(82.2 - 89.7)	2,994	84.2	(79.4 - 88.0)	3,384
Age									
12 or younger	76.7	(66.0 - 84.8)	598	73.5	(58.1 - 84.6)	255	78.5	(68.6 - 85.9)	329
13-15	86.5	(83.2 - 89.3)	4,100	88.4	(85.0 - 91.2)	1,833	85.5	(80.6 - 89.4)	2,222
16 or 17	86.5	(81.4 - 90.4)	1,612	88.4	(83.4 - 92.1)	819	84.4	(76.8 - 89.8)	775
13-17	86.5	(83.2 - 89.3)	5,712	88.4	(85.4 - 90.9)	2,652	85.3	(80.6 - 89.0)	2,997
18 or older	74.2	(58.1 - 85.7)	125	-	-	74	-	-	49
Grade									
Class 7	81.3	(74.7 - 86.4)	1,391	84.2	(74.8 - 90.6)	666	78.8	(70.4 - 85.2)	712
Class 8	82.8	(77.8 - 86.8)	1,817	84.1	(77.7 - 88.9)	828	81.7	(76.9 - 85.7)	967
Class 9	86.9	(80.4 - 91.5)	1,491	88.0	(81.9 - 92.3)	659	85.8	(75.4 - 92.2)	822
Class 10	92.7	(88.8 - 95.3)	1,555	91.4	(86.8 - 94.5)	759	94.6	(90.4 - 97.0)	780
Class 11	87.3	(72.0 - 94.8)	139	-	-	58	-	-	75

Note: 47 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN12: Percentage of students who never or rarely washed their hands before eating (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.2	(3.1 - 5.7)	6,428	2.8	(2.0 - 4.0)	2,964	5.1	(3.5 - 7.4)	3,360
Age									
12 or younger	7.1	(3.8 - 12.7)	595	5.4	(2.8 - 10.1)	253	8.1	(3.9 - 16.3)	328
13-15	3.7	(2.7 - 5.1)	4,065	2.7	(1.9 - 3.8)	1,813	4.2	(2.6 - 6.7)	2,207
16 or 17	3.8	(2.5 - 5.8)	1,596	1.9	(1.1 - 3.5)	812	6.0	(3.3 - 10.7)	766
13-17	3.7	(2.8 - 5.0)	5,661	2.5	(1.7 - 3.5)	2,625	4.6	(3.1 - 6.8)	2,973
18 or older	5.5	(2.2 - 12.9)	125	-	-	73	-	-	50
Grade									
Class 7	5.2	(3.2 - 8.2)	1,384	3.2	(1.9 - 5.4)	661	7.1	(3.8 - 12.7)	710
Class 8	5.1	(3.0 - 8.7)	1,801	4.4	(2.6 - 7.1)	814	5.7	(3.0 - 10.8)	964
Class 9	2.4	(1.3 - 4.3)	1,474	1.0	(0.4 - 2.3)	653	3.8	(1.9 - 7.4)	810
Class 10	2.7	(1.7 - 4.4)	1,544	2.2	(1.2 - 4.0)	754	2.7	(1.5 - 4.8)	775
Class 11	2.3	(0.8 - 6.1)	138	-	-	58	-	-	74

Note: 101 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN13: Percentage of students who never or rarely washed their hands after using the toilet or latrine (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.8	(3.6 - 6.4)	6,443	4.1	(3.0 - 5.6)	2,977	5.0	(3.5 - 7.1)	3,363
Age									
12 or younger	7.6	(4.8 - 12.0)	590	7.0	(3.6 - 13.2)	249	8.0	(4.5 - 14.0)	327
13-15	4.1	(3.2 - 5.4)	4,080	3.7	(2.6 - 5.3)	1,826	4.2	(3.0 - 5.9)	2,210
16 or 17	4.6	(3.0 - 7.0)	1,600	3.5	(2.2 - 5.7)	815	5.5	(2.8 - 10.4)	767
13-17	4.3	(3.3 - 5.5)	5,680	3.7	(2.7 - 5.0)	2,641	4.5	(3.2 - 6.3)	2,977
18 or older	6.9	(3.0 - 14.9)	126	-	-	74	-	-	50
Grade									
Class 7	6.1	(4.1 - 9.0)	1,385	5.5	(3.1 - 9.6)	662	6.5	(4.0 - 10.4)	710
Class 8	6.7	(4.3 - 10.2)	1,806	6.2	(4.1 - 9.3)	820	7.1	(4.2 - 11.7)	964
Class 9	2.7	(1.5 - 4.8)	1,479	1.9	(1.2 - 3.2)	654	3.1	(1.6 - 5.9)	814
Class 10	2.5	(1.5 - 4.2)	1,548	2.3	(1.3 - 3.9)	759	2.3	(1.1 - 4.5)	773
Class 11	1.0	(0.2 - 5.4)	139	-	-	58	-	-	75

Note: 86 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN14: Percentage of students who never or rarely used soap when washing their hands (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	5.1	(3.8 - 6.9)	6,474	4.2	(3.3 - 5.3)	3,000	5.7	(3.7 - 8.6)	3,370
Age									
12 or younger	7.4	(4.5 - 12.0)	595	7.2	(3.8 - 13.3)	255	6.9	(4.2 - 11.0)	326
13-15	4.7	(3.7 - 5.9)	4,096	3.5	(2.6 - 4.7)	1,836	5.5	(3.8 - 7.9)	2,216
16 or 17	4.8	(2.5 - 8.8)	1,609	4.3	(2.8 - 6.6)	821	5.5	(2.0 - 14.1)	769
13-17	4.7	(3.5 - 6.3)	5,705	3.7	(2.9 - 4.8)	2,657	5.5	(3.5 - 8.5)	2,985
18 or older	8.1	(4.2 - 15.1)	127	-	-	75	-	-	50
Grade									
Class 7	7.2	(5.2 - 10.0)	1,392	5.9	(3.9 - 8.9)	671	8.4	(4.9 - 13.9)	710
Class 8	5.4	(3.4 - 8.5)	1,812	4.5	(3.0 - 6.9)	827	6.0	(3.2 - 10.9)	962
Class 9	3.6	(2.2 - 5.9)	1,483	2.5	(1.4 - 4.6)	658	4.8	(2.6 - 8.5)	814
Class 10	3.2	(1.7 - 5.7)	1,560	3.2	(2.0 - 4.9)	762	2.7	(0.9 - 7.7)	782
Class 11	2.0	(1.2 - 3.3)	139	-	-	58	-	-	75

Note: 55 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN15: Percentage of students who were physically attacked (one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	45.2	(41.0 - 49.5)	6,422	50.3	(45.5 - 55.1)	2,982	40.1	(35.5 - 45.0)	3,341
Age									
12 or younger	55.0	(47.1 - 62.7)	597	60.0	(52.6 - 66.8)	257	50.2	(40.1 - 60.4)	326
13-15	44.9	(40.9 - 49.1)	4,057	51.0	(45.7 - 56.3)	1,824	39.1	(34.6 - 43.9)	2,192
16 or 17	39.8	(34.4 - 45.6)	1,594	43.8	(37.5 - 50.3)	812	35.2	(28.4 - 42.7)	764
13-17	43.6	(39.6 - 47.8)	5,651	49.0	(44.1 - 54.0)	2,636	38.2	(33.9 - 42.8)	2,956
18 or older	51.0	(35.8 - 66.1)	128	-	-	76	-	-	50
Grade									
Class 7	52.6	(46.0 - 59.1)	1,390	61.6	(52.7 - 69.7)	673	44.7	(36.7 - 53.0)	704
Class 8	47.0	(41.6 - 52.5)	1,792	53.1	(46.7 - 59.4)	820	40.0	(33.9 - 46.5)	952
Class 9	42.7	(36.5 - 49.2)	1,467	44.6	(38.5 - 50.9)	653	40.6	(33.3 - 48.5)	805
Class 10	36.5	(29.8 - 43.7)	1,549	39.0	(31.6 - 46.8)	754	33.6	(25.3 - 43.0)	778
Class 11	36.0	(20.3 - 55.4)	139	-	-	58	-	-	75

Note: 107 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN16: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	39.3	(36.2 - 42.4)	6,507	43.7	(40.0 - 47.4)	3,010	34.9	(30.8 - 39.1)	3,392
Age									
12 or younger	35.5	(28.1 - 43.7)	604	39.9	(30.3 - 50.4)	259	31.1	(22.2 - 41.6)	331
13-15	39.9	(36.9 - 43.0)	4,112	45.2	(40.9 - 49.6)	1,841	35.1	(30.9 - 39.4)	2,226
16 or 17	39.6	(35.8 - 43.6)	1,617	42.8	(37.1 - 48.6)	822	35.8	(29.2 - 43.1)	776
13-17	39.9	(37.0 - 42.8)	5,729	44.6	(41.1 - 48.1)	2,663	35.2	(31.4 - 39.2)	3,002
18 or older	32.9	(25.4 - 41.4)	127	-	-	75	-	-	50
Grade									
Class 7	41.5	(35.2 - 48.1)	1,400	49.1	(40.4 - 57.7)	676	34.2	(26.7 - 42.6)	711
Class 8	37.9	(33.7 - 42.4)	1,825	40.6	(35.2 - 46.3)	828	34.7	(28.0 - 42.1)	976
Class 9	39.0	(32.5 - 45.9)	1,490	43.9	(35.5 - 52.6)	658	34.1	(27.7 - 41.1)	821
Class 10	39.6	(35.7 - 43.7)	1,565	43.1	(37.6 - 48.8)	766	36.4	(30.7 - 42.5)	782
Class 11	30.5	(17.6 - 47.3)	139	-	-	58	-	-	75

Note: 22 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN17: Percentage of students who were seriously injured (one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	64.4	(59.9 - 68.7)	5,774	65.9	(61.3 - 70.2)	2,691	62.2	(56.3 - 67.8)	2,991
Age									
12 or younger	65.9	(55.3 - 75.1)	537	61.1	(44.5 - 75.4)	227	68.8	(60.7 - 75.8)	296
13-15	64.0	(59.1 - 68.5)	3,659	67.9	(63.0 - 72.5)	1,652	60.0	(53.0 - 66.6)	1,968
16 or 17	64.3	(58.6 - 69.6)	1,427	63.4	(57.2 - 69.3)	737	64.3	(57.5 - 70.5)	675
13-17	64.1	(59.3 - 68.5)	5,086	66.7	(62.5 - 70.6)	2,389	60.9	(54.4 - 67.1)	2,643
18 or older	64.5	(54.1 - 73.7)	111	-	-	64	-	-	45
Grade									
Class 7	66.5	(59.9 - 72.6)	1,242	68.1	(56.2 - 78.0)	602	64.7	(59.5 - 69.6)	627
Class 8	69.3	(62.9 - 75.0)	1,623	71.9	(67.7 - 75.7)	734	66.1	(54.5 - 76.1)	869
Class 9	59.9	(55.7 - 64.0)	1,336	62.3	(57.7 - 66.7)	605	57.1	(51.2 - 62.9)	724
Class 10	59.9	(51.5 - 67.8)	1,372	58.9	(51.2 - 66.2)	675	60.2	(48.8 - 70.6)	685
Class 11	50.9	(41.3 - 60.5)	125	-	-	53	-	-	66

Note: 755 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN18: Percentage of students who reported that their most serious injury was a broken bone or dislocated joint (among students who were seriously injured during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	11.7	(9.2 - 14.8)	3,124	12.7	(10.7 - 14.9)	1,479	10.4	(7.1 - 14.9)	1,585
Age									
12 or younger	14.5	(7.0 - 27.6)	275	11.5	(6.4 - 19.9)	108	14.2	(5.6 - 31.5)	158
13-15	10.7	(8.9 - 12.9)	1,988	11.9	(9.8 - 14.4)	935	9.4	(7.2 - 12.2)	1,029
16 or 17	13.1	(9.9 - 17.2)	773	15.0	(11.1 - 20.1)	394	10.9	(5.7 - 19.7)	367
13-17	11.3	(9.4 - 13.5)	2,761	12.7	(10.7 - 15.0)	1,329	9.8	(7.1 - 13.3)	1,396
18 or older	-	-	65	-	-	38	-	-	26
Grade									
Class 7	10.9	(7.8 - 15.0)	660	11.3	(7.2 - 17.3)	327	10.3	(6.0 - 17.2)	327
Class 8	13.6	(8.6 - 20.8)	911	13.3	(9.2 - 18.9)	420	14.1	(7.7 - 24.5)	475
Class 9	11.3	(8.5 - 14.9)	736	12.7	(9.2 - 17.3)	350	9.0	(5.8 - 13.6)	381
Class 10	10.1	(7.1 - 14.1)	713	12.8	(8.9 - 18.0)	340	7.9	(3.8 - 15.8)	365
Class 11	-	-	59	-	-	29	-	-	25

Note: 3,405 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN19: Percentage of students who reported that their most serious injury was caused by a motor vehicle accident or being hit by a motor vehicle (among students who were seriously injured during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.3	(6.5 - 16.0)	3,091	13.8	(7.7 - 23.5)	1,496	6.5	(4.3 - 9.8)	1,533
Age									
12 or younger	11.2	(7.2 - 17.1)	278	16.3	(9.9 - 25.7)	114	7.8	(4.0 - 14.8)	156
13-15	9.6	(5.6 - 16.1)	1,972	12.4	(6.1 - 23.7)	935	6.4	(4.1 - 9.8)	1,012
16 or 17	12.2	(7.2 - 20.0)	759	17.1	(9.8 - 28.2)	404	6.6	(3.3 - 12.7)	342
13-17	10.3	(6.1 - 16.9)	2,731	13.7	(7.2 - 24.6)	1,339	6.4	(4.1 - 9.9)	1,354
18 or older	-	-	59	-	-	38	-	-	20
Grade									
Class 7	12.6	(6.3 - 23.5)	677	18.4	(7.7 - 38.1)	336	7.0	(3.6 - 13.1)	333
Class 8	10.4	(6.3 - 16.7)	900	12.3	(6.0 - 23.4)	430	8.5	(5.8 - 12.2)	459
Class 9	10.3	(4.8 - 20.9)	696	12.4	(5.1 - 27.0)	338	7.9	(3.8 - 15.8)	352
Class 10	6.8	(4.2 - 10.8)	720	12.1	(6.4 - 21.9)	352	2.0	(0.7 - 5.4)	360
Class 11	-	-	52	-	-	27	-	-	21

Note: 3,438 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN20: Percentage of students who were bullied (on one or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	50.9	(47.2 - 54.5)	6,201	55.7	(51.1 - 60.2)	2,839	46.2	(42.4 - 50.0)	3,265
Age									
12 or younger	50.1	(42.8 - 57.4)	567	53.0	(43.1 - 62.8)	235	47.1	(37.0 - 57.4)	318
13-15	50.6	(46.5 - 54.6)	3,939	56.2	(50.6 - 61.7)	1,744	45.4	(41.4 - 49.4)	2,151
16 or 17	52.4	(48.2 - 56.7)	1,534	55.9	(51.2 - 60.5)	778	48.1	(42.0 - 54.3)	742
13-17	51.0	(47.4 - 54.6)	5,473	56.1	(51.5 - 60.6)	2,522	46.0	(42.5 - 49.5)	2,893
18 or older	49.1	(38.4 - 59.9)	118	-	-	69	-	-	47
Grade									
Class 7	53.2	(47.0 - 59.4)	1,317	59.7	(50.3 - 68.5)	627	47.6	(40.6 - 54.7)	679
Class 8	51.4	(45.7 - 57.0)	1,731	55.8	(48.0 - 63.4)	775	46.8	(41.3 - 52.5)	934
Class 9	48.8	(42.5 - 55.1)	1,429	52.8	(44.4 - 61.0)	630	44.6	(38.6 - 50.7)	789
Class 10	51.0	(44.9 - 57.0)	1,507	56.7	(50.8 - 62.5)	728	44.6	(37.3 - 52.2)	763
Class 11	42.5	(35.4 - 49.8)	135	-	-	56	-	-	73

Note: 328 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNC2G: Percentage of students who were bullied and could not sleep at night (among students who most of the time or always had been so worried about something that they could not sleep at night during 12 months before the survey, on one or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	73.6	(62.8 - 82.2)	263	75.3	(61.5 - 85.4)	124	67.6	(55.7 - 77.6)	125
Age									
12 or younger	-	-	19	-	-	11	-	-	7
13-15	70.4	(56.0 - 81.7)	137	-	-	53	-	-	76
16 or 17	-	-	93	-	-	52	-	-	39
13-17	73.9	(62.4 - 82.8)	230	75.6	(60.0 - 86.5)	105	68.9	(56.0 - 79.4)	115
18 or older	-	-	11	-	-	8	-	-	2
Grade									
Class 7	-	-	48	-	-	24	-	-	24
Class 8	-	-	63	-	-	23	-	-	35
Class 9	-	-	51	-	-	25	-	-	25
Class 10	-	-	85	-	-	48	-	-	34
Class 11	-	-	8	-	-	3	-	-	4

Note: 6,266 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN21: Percentage of students who were bullied most often by being hit, kicked, pushed, shoved around, or locked indoors (among students who were bullied during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	14.2	(10.7 - 18.7)	2,409	16.7	(12.2 - 22.5)	1,260	10.5	(7.6 - 14.4)	1,106
Age									
12 or younger	22.6	(15.9 - 31.2)	192	-	-	96	-	-	91
13-15	13.5	(9.9 - 18.2)	1,532	15.2	(10.9 - 20.8)	772	10.9	(7.7 - 15.2)	737
16 or 17	12.0	(8.8 - 16.1)	620	15.2	(10.9 - 20.8)	355	7.6	(4.1 - 13.5)	259
13-17	13.1	(9.7 - 17.5)	2,152	15.2	(11.1 - 20.4)	1,127	10.1	(7.3 - 13.8)	996
18 or older	-	-	51	-	-	32	-	-	18
Grade									
Class 7	17.4	(11.8 - 25.0)	477	21.9	(14.8 - 31.3)	268	9.8	(5.7 - 16.4)	203
Class 8	17.6	(12.7 - 23.9)	662	20.8	(14.2 - 29.3)	325	14.6	(8.9 - 22.9)	326
Class 9	12.2	(6.8 - 20.8)	545	12.1	(6.1 - 22.7)	284	11.5	(6.5 - 19.3)	255
Class 10	7.9	(5.6 - 11.1)	647	9.7	(5.8 - 15.8)	358	5.2	(2.5 - 10.5)	281
Class 11	-	-	49	-	-	19	-	-	29

Note: 4,120 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN22: Percentage of students who most of the time or always felt lonely (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.6	(5.4 - 7.9)	6,388	6.6	(5.5 - 8.0)	2,966	6.0	(4.7 - 7.6)	3,321
Age									
12 or younger	4.2	(2.8 - 6.3)	592	5.9	(3.0 - 11.5)	254	1.8	(0.9 - 3.8)	324
13-15	6.2	(4.7 - 8.2)	4,043	5.5	(4.2 - 7.4)	1,812	6.3	(4.6 - 8.6)	2,188
16 or 17	8.3	(7.1 - 9.8)	1,585	8.8	(6.9 - 11.2)	812	7.7	(5.4 - 11.0)	755
13-17	6.7	(5.5 - 8.2)	5,628	6.5	(5.3 - 7.8)	2,624	6.7	(5.1 - 8.7)	2,943
18 or older	9.7	(6.8 - 13.5)	122	-	-	75	-	-	45
Grade									
Class 7	6.0	(3.8 - 9.3)	1,375	5.9	(3.3 - 10.4)	664	5.7	(3.3 - 9.6)	698
Class 8	7.1	(5.3 - 9.5)	1,796	5.3	(3.7 - 7.4)	819	8.6	(5.9 - 12.3)	956
Class 9	6.1	(4.5 - 8.2)	1,457	8.0	(5.5 - 11.5)	647	3.8	(2.4 - 5.8)	799
Class 10	7.2	(5.4 - 9.6)	1,539	8.1	(5.7 - 11.3)	754	5.5	(3.2 - 9.4)	768
Class 11	5.2	(2.0 - 13.2)	136	-	-	58	-	-	73

Note: 141 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN23: Percentage of students who most of the time or always were so worried about something that they could not sleep at night (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.6	(3.7 - 5.6)	6,488	4.7	(3.5 - 6.1)	3,002	4.1	(2.9 - 5.7)	3,379
Age									
12 or younger	3.7	(1.8 - 7.3)	599	5.5	(2.5 - 11.8)	256	2.3	(0.9 - 6.1)	329
13-15	3.9	(3.0 - 5.1)	4,097	3.5	(2.4 - 5.2)	1,836	3.7	(2.5 - 5.6)	2,215
16 or 17	6.6	(5.5 - 8.0)	1,617	6.5	(4.7 - 8.9)	822	6.6	(4.7 - 9.2)	776
13-17	4.6	(3.7 - 5.7)	5,714	4.4	(3.1 - 6.0)	2,658	4.4	(3.1 - 6.2)	2,991
18 or older	8.2	(4.6 - 13.9)	127	-	-	75	-	-	50
Grade									
Class 7	4.2	(2.7 - 6.6)	1,390	4.9	(3.1 - 7.7)	673	3.7	(1.8 - 7.2)	704
Class 8	4.3	(2.6 - 7.1)	1,820	3.2	(1.7 - 6.0)	826	4.5	(2.2 - 8.8)	971
Class 9	3.9	(2.8 - 5.4)	1,489	4.4	(2.5 - 7.5)	658	3.4	(2.3 - 4.9)	820
Class 10	5.9	(4.2 - 8.3)	1,562	6.8	(4.2 - 10.9)	764	4.4	(2.7 - 7.0)	781
Class 11	4.4	(2.6 - 7.2)	139	-	-	58	-	-	75

Note: 41 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN24: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	13.9	(11.6 - 16.7)	6,392	13.3	(10.4 - 16.7)	2,954	13.9	(11.3 - 17.0)	3,335
Age									
12 or younger	16.3	(12.2 - 21.4)	591	16.3	(11.0 - 23.5)	252	15.7	(10.2 - 23.4)	325
13-15	13.1	(10.8 - 15.9)	4,045	12.9	(9.8 - 16.8)	1,806	12.7	(10.4 - 15.5)	2,196
16 or 17	15.3	(11.5 - 20.1)	1,586	12.3	(8.3 - 17.7)	811	17.8	(13.2 - 23.5)	756
13-17	13.7	(11.2 - 16.6)	5,631	12.7	(9.8 - 16.3)	2,617	13.9	(11.4 - 16.9)	2,952
18 or older	10.1	(5.8 - 16.9)	123	-	-	72	-	-	49
Grade									
Class 7	14.8	(11.4 - 19.0)	1,366	15.6	(11.4 - 20.8)	658	13.7	(9.7 - 18.8)	696
Class 8	15.8	(12.0 - 20.5)	1,797	14.7	(9.2 - 22.7)	819	16.3	(13.0 - 20.2)	955
Class 9	11.8	(9.0 - 15.4)	1,463	11.9	(7.9 - 17.4)	644	11.3	(8.2 - 15.3)	808
Class 10	12.7	(9.6 - 16.8)	1,544	10.0	(7.3 - 13.7)	753	14.1	(10.0 - 19.7)	775
Class 11	7.5	(4.8 - 11.4)	135	-	-	56	-	-	73

Note: 137 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN25: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	14.2	(12.0 - 16.8)	6,406	13.4	(10.8 - 16.5)	2,968	14.3	(11.8 - 17.2)	3,339
Age									
12 or younger	14.9	(9.7 - 22.3)	586	18.3	(9.9 - 31.5)	250	11.4	(7.1 - 17.8)	325
13-15	14.0	(11.8 - 16.4)	4,053	13.4	(10.8 - 16.5)	1,817	14.0	(11.3 - 17.3)	2,192
16 or 17	14.0	(11.0 - 17.6)	1,600	10.3	(7.6 - 13.9)	815	17.2	(13.2 - 22.0)	767
13-17	14.0	(11.9 - 16.3)	5,653	12.6	(10.3 - 15.2)	2,632	14.8	(12.2 - 17.8)	2,959
18 or older	19.2	(11.4 - 30.5)	122	-	-	73	-	-	47
Grade									
Class 7	15.2	(12.1 - 19.0)	1,364	17.6	(12.4 - 24.4)	659	12.7	(9.3 - 17.0)	693
Class 8	16.3	(12.8 - 20.5)	1,797	14.4	(10.2 - 19.8)	814	17.6	(13.8 - 22.2)	962
Class 9	11.6	(9.0 - 14.7)	1,472	9.6	(6.3 - 14.2)	655	13.3	(9.9 - 17.7)	807
Class 10	12.0	(8.9 - 16.0)	1,553	10.9	(7.5 - 15.6)	760	12.5	(8.7 - 17.5)	778
Class 11	9.8	(6.2 - 15.2)	136	-	-	57	-	-	73

Note: 123 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN26: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.7	(8.3 - 13.6)	6,498	9.7	(7.3 - 12.8)	3,006	10.9	(8.5 - 13.8)	3,385
Age									
12 or younger	13.0	(8.2 - 20.0)	603	14.9	(8.1 - 25.8)	259	10.1	(6.5 - 15.3)	330
13-15	10.1	(7.7 - 13.1)	4,099	9.4	(6.7 - 13.0)	1,836	10.4	(7.7 - 13.8)	2,217
16 or 17	9.8	(7.4 - 12.8)	1,620	7.4	(5.2 - 10.4)	822	11.7	(8.5 - 15.9)	779
13-17	10.0	(7.7 - 12.8)	5,719	8.9	(6.5 - 11.9)	2,658	10.7	(8.2 - 13.7)	2,996
18 or older	19.3	(13.4 - 27.0)	128	-	-	76	-	-	50
Grade									
Class 7	15.2	(10.9 - 20.9)	1,393	15.4	(9.6 - 23.8)	675	15.1	(11.1 - 20.3)	705
Class 8	10.1	(7.4 - 13.8)	1,820	9.8	(6.5 - 14.6)	825	9.9	(7.6 - 12.8)	972
Class 9	7.7	(5.3 - 10.9)	1,493	6.5	(4.3 - 9.7)	661	8.3	(5.5 - 12.4)	821
Class 10	8.0	(5.4 - 11.7)	1,564	6.2	(4.3 - 8.9)	763	8.7	(5.2 - 14.0)	784
Class 11	9.8	(6.1 - 15.6)	139	-	-	58	-	-	75

Note: 31 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN27: Percentage of students who did not have any close friends

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.6	(3.3 - 6.3)	6,417	3.8	(2.7 - 5.5)	2,971	5.0	(3.7 - 6.9)	3,345
Age									
12 or younger	4.7	(2.6 - 8.4)	591	4.6	(2.2 - 9.3)	254	4.5	(2.1 - 9.3)	323
13-15	4.5	(3.1 - 6.3)	4,053	3.6	(2.4 - 5.4)	1,814	5.1	(3.6 - 7.1)	2,197
16 or 17	4.4	(2.9 - 6.4)	1,602	3.7	(2.5 - 5.5)	817	4.8	(2.9 - 7.8)	768
13-17	4.4	(3.2 - 6.1)	5,655	3.7	(2.6 - 5.2)	2,631	5.0	(3.6 - 6.9)	2,965
18 or older	10.5	(4.0 - 24.9)	123	-	-	73	-	-	48
Grade									
Class 7	6.3	(4.4 - 9.0)	1,370	5.9	(3.8 - 8.8)	662	6.0	(3.8 - 9.4)	696
Class 8	4.1	(2.7 - 6.0)	1,794	3.8	(2.2 - 6.5)	814	4.3	(2.8 - 6.5)	959
Class 9	4.1	(2.3 - 7.2)	1,481	2.8	(1.5 - 5.3)	653	5.3	(2.7 - 10.3)	817
Class 10	2.6	(1.6 - 4.1)	1,550	2.0	(1.2 - 3.3)	761	3.3	(1.8 - 5.8)	773
Class 11	6.7	(2.3 - 18.2)	138	-	-	58	-	-	74

Note: 112 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN28: Percentage of students who tried a cigarette before age 14 years (for the first time among students who ever smoked cigarettes)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	78.1	(73.7 - 81.9)	568	76.1	(71.9 - 79.8)	390	81.7	(73.7 - 87.7)	165
Age									
12 or younger	-	-	43	-	-	27	-	-	14
13-15	88.5	(83.1 - 92.3)	276	88.2	(82.3 - 92.3)	186	-	-	84
16 or 17	58.4	(49.4 - 66.9)	215	54.1	(44.0 - 63.8)	155	-	-	59
13-17	76.7	(71.7 - 81.0)	491	74.3	(69.8 - 78.3)	341	80.3	(70.8 - 87.3)	143
18 or older	-	-	26	-	-	20	-	-	6
Grade									
Class 7	92.2	(82.8 - 96.6)	101	-	-	67	-	-	33
Class 8	80.0	(72.4 - 85.9)	149	-	-	95	-	-	49
Class 9	72.7	(60.2 - 82.4)	124	-	-	85	-	-	37
Class 10	66.1	(57.2 - 74.0)	171	67.3	(56.2 - 76.7)	130	-	-	39
Class 11	-	-	15	-	-	11	-	-	4

Note: 5,961 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN29: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.4	(4.9 - 8.2)	6,381	8.9	(6.9 - 11.5)	2,954	3.5	(2.3 - 5.4)	3,327
Age									
12 or younger	6.9	(3.8 - 12.3)	586	10.7	(5.2 - 20.6)	248	3.0	(1.2 - 7.3)	326
13-15	5.0	(3.6 - 6.7)	4,036	6.8	(5.0 - 9.2)	1,808	3.0	(1.8 - 4.9)	2,185
16 or 17	8.8	(6.9 - 11.3)	1,591	12.6	(9.6 - 16.4)	813	4.5	(2.7 - 7.3)	760
13-17	5.9	(4.6 - 7.7)	5,627	8.4	(6.4 - 11.0)	2,621	3.3	(2.2 - 5.1)	2,945
18 or older	16.3	(10.8 - 24.0)	122	-	-	73	-	-	47
Grade									
Class 7	6.5	(3.7 - 11.2)	1,362	9.5	(5.2 - 16.8)	661	3.6	(1.9 - 6.7)	689
Class 8	6.3	(4.2 - 9.2)	1,784	7.3	(4.7 - 11.4)	803	4.5	(2.5 - 7.9)	960
Class 9	5.9	(4.2 - 8.4)	1,472	8.4	(6.2 - 11.3)	656	3.2	(1.6 - 6.5)	806
Class 10	7.1	(5.3 - 9.5)	1,545	11.2	(7.3 - 17.0)	756	2.6	(1.4 - 5.0)	772
Class 11	3.7	(1.3 - 9.7)	136	-	-	55	-	-	75

Note: 148 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN30: Percentage of students who currently used any tobacco products other than cigarettes (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.0	(4.4 - 8.2)	6,496	7.6	(5.6 - 10.1)	3,008	4.2	(2.8 - 6.3)	3,383
Age									
12 or younger	8.2	(4.3 - 15.0)	603	10.7	(5.1 - 20.8)	258	5.1	(2.0 - 12.1)	331
13-15	4.6	(3.2 - 6.6)	4,103	5.7	(3.9 - 8.5)	1,838	3.5	(2.3 - 5.4)	2,220
16 or 17	7.4	(5.6 - 9.9)	1,616	9.6	(7.0 - 13.0)	824	4.7	(2.6 - 8.2)	774
13-17	5.3	(4.0 - 7.2)	5,719	6.8	(5.1 - 9.0)	2,662	3.8	(2.6 - 5.5)	2,994
18 or older	14.9	(9.2 - 23.2)	126	-	-	75	-	-	49
Grade									
Class 7	7.0	(4.2 - 11.5)	1,385	8.2	(4.9 - 13.4)	672	5.9	(2.9 - 11.6)	701
Class 8	5.7	(3.2 - 9.8)	1,827	7.3	(3.5 - 14.4)	829	3.7	(2.2 - 6.1)	975
Class 9	5.0	(3.6 - 7.0)	1,493	5.9	(4.4 - 8.0)	660	3.8	(2.0 - 7.2)	822
Class 10	5.9	(3.8 - 9.1)	1,563	8.9	(5.6 - 13.8)	765	2.7	(1.3 - 5.5)	782
Class 11	4.3	(2.2 - 8.2)	139	-	-	58	-	-	75

Note: 33 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNTOB2G: Percentage of students who currently used any tobacco product (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.7	(6.8 - 11.2)	6,403	11.8	(9.3 - 14.8)	2,970	5.4	(3.8 - 7.8)	3,333
Age									
12 or younger	10.6	(5.6 - 19.0)	596	14.4	(7.1 - 27.0)	254	6.2	(2.8 - 12.9)	329
13-15	7.2	(5.4 - 9.4)	4,045	9.5	(7.1 - 12.6)	1,815	4.8	(3.4 - 6.7)	2,187
16 or 17	10.8	(8.4 - 13.8)	1,594	14.9	(11.4 - 19.1)	816	5.9	(3.4 - 10.2)	761
13-17	8.1	(6.4 - 10.2)	5,639	11.0	(8.7 - 13.8)	2,631	5.0	(3.7 - 6.9)	2,948
18 or older	20.2	(13.1 - 29.9)	122	-	-	73	-	-	47
Grade									
Class 7	9.7	(6.2 - 15.0)	1,366	13.0	(7.9 - 20.5)	665	6.6	(3.5 - 12.2)	689
Class 8	8.3	(5.5 - 12.5)	1,795	10.6	(6.3 - 17.3)	811	5.5	(3.5 - 8.6)	963
Class 9	7.5	(5.4 - 10.3)	1,475	9.6	(7.2 - 12.8)	656	5.0	(2.7 - 8.9)	809
Class 10	9.5	(6.8 - 12.9)	1,545	14.4	(10.1 - 20.2)	759	4.2	(2.1 - 8.0)	770
Class 11	6.6	(4.3 - 10.1)	137	-	-	56	-	-	75

Note: 126 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNNOTB2G: Percentage of students who did not currently use any tobacco products (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	91.9	(89.7 - 93.6)	6,368	89.1	(86.4 - 91.3)	2,948	94.9	(92.7 - 96.5)	3,321
Age									
12 or younger	91.0	(84.1 - 95.1)	586	88.1	(78.4 - 93.8)	248	94.2	(87.2 - 97.5)	326
13-15	93.4	(91.3 - 95.0)	4,029	91.4	(88.7 - 93.5)	1,803	95.4	(93.5 - 96.8)	2,183
16 or 17	89.5	(86.7 - 91.8)	1,586	85.2	(81.1 - 88.6)	813	94.7	(91.2 - 96.9)	756
13-17	92.4	(90.4 - 94.0)	5,615	89.6	(87.0 - 91.8)	2,616	95.3	(93.5 - 96.6)	2,939
18 or older	80.6	(69.4 - 88.4)	121	-	-	72	-	-	47
Grade									
Class 7	90.8	(85.6 - 94.2)	1,357	87.9	(80.7 - 92.6)	658	93.6	(87.9 - 96.7)	687
Class 8	92.7	(89.8 - 94.8)	1,783	91.2	(87.3 - 94.0)	802	94.8	(91.6 - 96.8)	960
Class 9	92.8	(90.2 - 94.8)	1,470	90.7	(87.7 - 93.1)	655	95.4	(91.8 - 97.4)	805
Class 10	90.7	(87.3 - 93.3)	1,540	85.8	(80.1 - 90.1)	755	95.9	(92.1 - 98.0)	769
Class 11	94.3	(90.1 - 96.7)	136	-	-	55	-	-	75

Note: 161 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN31: Percentage of students who tried to quit smoking cigarettes (among students who smoked cigarettes during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	79.7	(71.9 - 85.7)	260	87.8	(77.7 - 93.6)	197	-	-	56
Age									
12 or younger	-	-	13	-	-	9	-	-	4
13-15	78.4	(67.4 - 86.4)	115	-	-	84	-	-	28
16 or 17	81.9	(65.6 - 91.5)	112	-	-	91	-	-	20
13-17	80.0	(71.2 - 86.6)	227	88.2	(80.7 - 93.1)	175	-	-	48
18 or older	-	-	16	-	-	13	-	-	3
Grade									
Class 7	-	-	47	-	-	28	-	-	18
Class 8	-	-	64	-	-	50	-	-	11
Class 9	-	-	53	-	-	42	-	-	11
Class 10	-	-	88	-	-	72	-	-	15
Class 11	-	-	5	-	-	5	-	-	0

Note: 6,269 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN32: Percentage of students who reported that people smoked in their presence (on one or more days during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	54.0	(50.9 - 57.1)	6,447	57.2	(53.3 - 61.1)	2,981	51.0	(46.4 - 55.6)	3,362
Age									
12 or younger	47.2	(39.5 - 55.0)	593	48.4	(37.3 - 59.7)	253	45.5	(36.2 - 55.2)	326
13-15	54.1	(50.5 - 57.6)	4,077	57.9	(53.1 - 62.6)	1,823	50.7	(45.4 - 56.1)	2,210
16 or 17	57.4	(53.3 - 61.4)	1,604	59.7	(55.3 - 63.9)	816	54.8	(49.0 - 60.5)	769
13-17	54.9	(51.8 - 58.0)	5,681	58.4	(54.9 - 61.8)	2,639	51.7	(46.8 - 56.5)	2,979
18 or older	56.6	(42.4 - 69.8)	126	-	-	76	-	-	48
Grade									
Class 7	49.7	(44.9 - 54.4)	1,372	52.9	(43.0 - 62.6)	664	47.0	(42.3 - 51.8)	696
Class 8	53.6	(48.3 - 58.7)	1,812	57.9	(51.0 - 64.5)	820	49.1	(42.7 - 55.5)	970
Class 9	57.0	(49.5 - 64.1)	1,486	60.5	(53.2 - 67.4)	657	54.2	(43.9 - 64.3)	818
Class 10	58.0	(54.0 - 61.8)	1,552	59.7	(54.4 - 64.8)	758	55.8	(51.3 - 60.2)	777
Class 11	53.9	(39.0 - 68.1)	137	-	-	58	-	-	73

Note: 82 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN33: Percentage of students who had parents or guardians who used any form of tobacco

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	34.6	(31.4 - 38.0)	6,480	35.3	(31.6 - 39.1)	3,004	33.9	(30.3 - 37.7)	3,371
Age									
12 or younger	33.9	(27.2 - 41.4)	603	37.1	(25.7 - 50.2)	259	29.9	(24.1 - 36.4)	330
13-15	32.7	(29.1 - 36.5)	4,090	32.5	(28.0 - 37.2)	1,834	32.6	(29.0 - 36.5)	2,211
16 or 17	40.2	(36.1 - 44.6)	1,612	40.4	(36.3 - 44.7)	822	40.1	(34.5 - 46.1)	772
13-17	34.6	(31.2 - 38.2)	5,702	34.7	(31.1 - 38.5)	2,656	34.3	(30.7 - 38.2)	2,983
18 or older	43.9	(33.5 - 54.9)	128	-	-	76	-	-	50
Grade									
Class 7	32.7	(28.0 - 37.6)	1,382	36.3	(29.6 - 43.7)	671	29.8	(25.1 - 34.8)	699
Class 8	32.1	(27.8 - 36.7)	1,824	29.3	(23.9 - 35.4)	826	33.8	(28.5 - 39.6)	975
Class 9	37.9	(32.0 - 44.1)	1,487	39.3	(32.5 - 46.5)	660	36.2	(29.9 - 42.9)	816
Class 10	37.1	(32.8 - 41.6)	1,562	37.4	(32.6 - 42.4)	765	37.1	(31.8 - 42.8)	780
Class 11	35.7	(16.9 - 60.3)	138	-	-	58	-	-	74

Note: 49 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN34: Percentage of students who drank alcohol before age 14 years (for the first time among students who ever had a drink of alcohol other than a few sips)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	74.6	(69.6 - 79.0)	576	74.9	(69.1 - 80.0)	383	71.1	(60.9 - 79.6)	173
Age									
12 or younger	-	-	37	-	-	22	-	-	11
13-15	82.0	(76.0 - 86.7)	297	86.6	(79.6 - 91.5)	190	71.9	(59.4 - 81.8)	100
16 or 17	57.4	(48.6 - 65.7)	210	52.1	(41.7 - 62.3)	152	-	-	53
13-17	72.9	(68.0 - 77.4)	507	73.3	(67.6 - 78.2)	342	69.6	(59.6 - 78.1)	153
18 or older	-	-	24	-	-	17	-	-	7
Grade									
Class 7	-	-	87	-	-	59	-	-	27
Class 8	87.8	(79.6 - 93.0)	140	-	-	85	-	-	47
Class 9	77.0	(64.9 - 85.8)	133	-	-	90	-	-	42
Class 10	52.2	(41.2 - 62.9)	186	52.3	(37.8 - 66.5)	138	-	-	44
Class 11	-	-	18	-	-	9	-	-	9

Note: 5,953 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN35: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	5.5	(4.2 - 7.1)	6,385	7.1	(5.6 - 8.9)	2,956	3.7	(2.5 - 5.3)	3,329
Age									
12 or younger	5.9	(3.0 - 11.3)	590	8.6	(3.9 - 18.2)	252	3.1	(1.2 - 7.4)	324
13-15	4.6	(3.2 - 6.4)	4,044	5.5	(4.0 - 7.4)	1,811	3.7	(2.4 - 5.7)	2,193
16 or 17	7.1	(5.5 - 9.1)	1,580	9.9	(7.7 - 12.7)	807	3.3	(2.0 - 5.4)	754
13-17	5.2	(4.0 - 6.9)	5,624	6.7	(5.4 - 8.4)	2,618	3.6	(2.4 - 5.4)	2,947
18 or older	11.2	(6.0 - 20.0)	124	-	-	73	-	-	49
Grade									
Class 7	6.3	(3.3 - 11.7)	1,358	8.5	(4.6 - 15.2)	658	4.4	(2.0 - 9.6)	688
Class 8	4.1	(2.8 - 5.9)	1,793	4.6	(3.2 - 6.5)	810	3.2	(1.7 - 6.2)	962
Class 9	5.4	(3.8 - 7.7)	1,471	7.1	(5.2 - 9.7)	654	3.3	(1.8 - 6.1)	807
Class 10	6.2	(3.8 - 9.9)	1,540	8.9	(5.6 - 14.0)	752	3.3	(1.3 - 7.9)	772
Class 11	5.9	(1.7 - 18.3)	139	-	-	58	-	-	75

Note: 144 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN36: Percentage of students who usually drank two or more drinks per day (on the days they drank alcohol among students who drank alcohol during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	21.7	(13.0 - 34.1)	387	20.6	(12.3 - 32.3)	232	22.8	(11.9 - 39.2)	137
Age									
12 or younger	-	-	33	-	-	15	-	-	14
13-15	18.0	(8.3 - 35.0)	198	14.2	(7.7 - 24.8)	111	-	-	80
16 or 17	23.1	(13.9 - 35.7)	126	-	-	89	-	-	34
13-17	19.7	(10.9 - 32.8)	324	18.7	(10.7 - 30.7)	200	19.2	(9.4 - 35.3)	114
18 or older	-	-	22	-	-	15	-	-	7
Grade									
Class 7	-	-	87	-	-	50	-	-	37
Class 8	-	-	88	-	-	49	-	-	33
Class 9	-	-	86	-	-	48	-	-	36
Class 10	23.1	(14.1 - 35.6)	107	-	-	80	-	-	25
Class 11	-	-	8	-	-	4	-	-	4

Note: 6,142 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN37: Percentage of students who usually obtained the alcohol they drank from friends (among students who drank alcohol during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	17.9	(11.6 - 26.5)	326	21.0	(15.2 - 28.3)	210	11.6	(4.3 - 27.8)	105
Age									
12 or younger	-	-	23	-	-	11	-	-	9
13-15	15.9	(7.8 - 29.7)	160	-	-	96	-	-	60
16 or 17	25.3	(18.5 - 33.4)	122	-	-	91	-	-	29
13-17	19.4	(12.4 - 28.8)	282	23.1	(17.3 - 30.1)	187	-	-	89
18 or older	-	-	16	-	-	11	-	-	5
Grade									
Class 7	-	-	58	-	-	36	-	-	22
Class 8	-	-	70	-	-	43	-	-	23
Class 9	-	-	80	-	-	50	-	-	29
Class 10	24.2	(13.6 - 39.3)	100	-	-	76	-	-	23
Class 11	-	-	9	-	-	4	-	-	5

Note: 6,203 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN38: Percentage of students who ever drank so much alcohol that they were really drunk (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	5.2	(3.7 - 7.2)	6,350	7.2	(5.5 - 9.4)	2,937	2.8	(1.5 - 5.0)	3,314
Age									
12 or younger	4.1	(1.9 - 8.8)	582	5.5	(2.3 - 12.6)	253	2.1	(0.7 - 6.5)	316
13-15	4.2	(2.7 - 6.6)	4,025	5.5	(3.9 - 7.7)	1,801	2.8	(1.3 - 5.7)	2,182
16 or 17	7.5	(5.2 - 10.7)	1,580	11.1	(7.6 - 15.9)	801	2.9	(1.5 - 5.4)	760
13-17	5.1	(3.5 - 7.2)	5,605	7.1	(5.4 - 9.2)	2,602	2.8	(1.4 - 5.4)	2,942
18 or older	15.3	(9.5 - 23.7)	118	-	-	69	-	-	47
Grade									
Class 7	5.4	(2.3 - 11.8)	1,348	7.5	(3.7 - 14.6)	654	3.5	(1.0 - 11.6)	682
Class 8	4.0	(2.4 - 6.8)	1,787	5.2	(3.5 - 7.5)	812	2.1	(0.9 - 5.0)	954
Class 9	5.1	(3.4 - 7.6)	1,466	6.7	(4.5 - 10.0)	651	3.3	(1.7 - 6.5)	806
Class 10	6.2	(3.9 - 9.7)	1,527	10.3	(6.4 - 16.2)	740	2.1	(1.0 - 4.4)	771
Class 11	6.7	(3.0 - 14.2)	136	-	-	56	-	-	75

Note: 179 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN39: Percentage of students who ever got into trouble with their family or friends, missed school, or got into fights as a result of drinking alcohol (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	2.9	(1.6 - 5.0)	6,274	3.6	(2.3 - 5.6)	2,899	1.8	(0.7 - 4.4)	3,283
Age									
12 or younger	3.2	(1.6 - 6.3)	571	4.4	(2.2 - 8.6)	244	0.8	(0.1 - 5.8)	314
13-15	2.6	(1.4 - 5.0)	3,976	3.4	(2.0 - 5.6)	1,779	1.8	(0.6 - 5.1)	2,160
16 or 17	3.0	(1.7 - 5.3)	1,561	3.9	(2.5 - 6.3)	791	2.0	(0.8 - 5.0)	754
13-17	2.7	(1.5 - 4.8)	5,537	3.5	(2.2 - 5.5)	2,570	1.9	(0.8 - 4.5)	2,914
18 or older	3.9	(1.4 - 9.9)	121	-	-	72	-	-	47
Grade									
Class 7	4.3	(1.7 - 10.3)	1,324	5.5	(2.3 - 12.7)	640	3.2	(1.1 - 8.9)	672
Class 8	1.9	(1.2 - 3.2)	1,773	2.0	(1.3 - 3.0)	804	1.4	(0.5 - 3.8)	949
Class 9	3.1	(1.8 - 5.5)	1,451	4.5	(2.8 - 7.1)	644	1.9	(0.5 - 6.8)	798
Class 10	1.6	(1.0 - 2.7)	1,517	2.6	(1.3 - 5.2)	734	0.3	(0.1 - 1.1)	769
Class 11	0.6	(0.1 - 3.1)	131	-	-	55	-	-	72

Note: 255 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN40: Percentage of students who used drugs before age 14 years (for the first time among students who ever used drugs)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	81.7	(77.0 - 85.6)	495	81.1	(73.8 - 86.8)	311	81.0	(70.2 - 88.5)	165
Age									
12 or younger	-	-	42	-	-	19	-	-	20
13-15	87.6	(83.1 - 91.1)	262	89.3	(81.2 - 94.2)	159	-	-	96
16 or 17	64.1	(54.1 - 73.0)	158	62.6	(50.3 - 73.5)	111	-	-	43
13-17	79.5	(74.8 - 83.6)	420	79.2	(71.4 - 85.3)	270	78.4	(67.0 - 86.6)	139
18 or older	-	-	24	-	-	19	-	-	5
Grade									
Class 7	87.3	(78.3 - 93.0)	101	-	-	55	-	-	45
Class 8	87.1	(79.3 - 92.2)	129	-	-	80	-	-	42
Class 9	85.1	(74.8 - 91.7)	106	-	-	65	-	-	40
Class 10	61.0	(48.6 - 72.1)	136	63.4	(46.5 - 77.6)	102	-	-	32
Class 11	-	-	11	-	-	7	-	-	3

Note: 6,034 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN41: Percentage of students who ever used marijuana (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.1	(2.9 - 5.8)	6,284	5.4	(3.9 - 7.5)	2,895	2.5	(1.5 - 4.3)	3,290
Age									
12 or younger	4.4	(2.0 - 9.3)	586	6.6	(2.7 - 15.6)	246	2.8	(1.3 - 6.1)	326
13-15	3.1	(2.1 - 4.6)	3,977	4.0	(2.5 - 6.2)	1,780	2.1	(1.1 - 4.0)	2,155
16 or 17	5.8	(3.9 - 8.5)	1,556	7.7	(5.3 - 11.2)	784	3.5	(1.5 - 8.1)	755
13-17	3.8	(2.6 - 5.5)	5,533	5.0	(3.6 - 7.0)	2,564	2.5	(1.4 - 4.4)	2,910
18 or older	9.3	(5.2 - 16.0)	121	-	-	73	-	-	46
Grade									
Class 7	4.1	(2.2 - 7.6)	1,353	4.5	(2.2 - 9.1)	656	3.7	(1.7 - 7.9)	686
Class 8	3.5	(2.2 - 5.6)	1,761	4.9	(2.8 - 8.5)	792	1.7	(0.8 - 3.6)	948
Class 9	4.1	(2.6 - 6.3)	1,449	5.7	(3.6 - 8.9)	636	2.3	(0.9 - 5.6)	802
Class 10	5.0	(3.3 - 7.5)	1,504	7.3	(4.5 - 11.7)	733	2.5	(0.9 - 6.8)	756
Class 11	3.1	(1.2 - 7.9)	137	-	-	57	-	-	74

Note: 245 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN42: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.2	(2.3 - 4.5)	6,396	4.4	(3.2 - 5.8)	2,955	1.8	(1.1 - 2.9)	3,341
Age									
12 or younger	5.2	(2.5 - 10.6)	592	7.9	(3.6 - 16.4)	252	2.6	(1.0 - 6.8)	326
13-15	2.2	(1.5 - 3.1)	4,045	2.8	(2.0 - 3.9)	1,813	1.3	(0.7 - 2.4)	2,191
16 or 17	4.4	(2.9 - 6.5)	1,588	6.0	(4.0 - 8.8)	803	2.7	(1.6 - 4.5)	767
13-17	2.7	(1.9 - 3.9)	5,633	3.7	(2.7 - 5.0)	2,616	1.6	(1.0 - 2.7)	2,958
18 or older	7.5	(3.5 - 15.1)	125	-	-	74	-	-	49
Grade									
Class 7	3.7	(2.1 - 6.5)	1,365	4.6	(2.3 - 9.1)	661	2.7	(1.4 - 5.3)	694
Class 8	2.9	(1.8 - 4.8)	1,802	4.1	(2.4 - 6.8)	815	1.3	(0.6 - 2.9)	964
Class 9	2.4	(1.3 - 4.2)	1,473	3.2	(1.9 - 5.2)	651	1.6	(0.5 - 5.1)	812
Class 10	3.8	(2.2 - 6.7)	1,533	6.0	(3.5 - 10.0)	749	1.5	(0.5 - 4.3)	769
Class 11	2.5	(0.9 - 6.9)	138	-	-	57	-	-	75

Note: 133 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN43: Percentage of students who ever used amphetamines or methamphetamines (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.2	(2.0 - 5.1)	6,377	3.4	(2.3 - 4.9)	2,944	2.4	(1.2 - 4.7)	3,337
Age									
12 or younger	3.9	(1.9 - 7.8)	580	3.9	(1.4 - 10.3)	243	2.5	(0.9 - 6.6)	324
13-15	2.9	(1.8 - 4.8)	4,041	3.1	(1.8 - 5.1)	1,807	2.5	(1.2 - 5.0)	2,194
16 or 17	3.1	(1.8 - 5.1)	1,585	3.8	(2.4 - 6.1)	807	1.8	(0.7 - 4.7)	761
13-17	3.0	(1.8 - 4.8)	5,626	3.3	(2.2 - 4.9)	2,614	2.3	(1.1 - 4.7)	2,955
18 or older	5.8	(2.9 - 11.5)	125	-	-	74	-	-	49
Grade									
Class 7	4.0	(2.1 - 7.5)	1,347	4.6	(2.4 - 8.9)	645	3.5	(1.6 - 7.8)	691
Class 8	3.2	(1.6 - 6.3)	1,787	2.7	(1.3 - 5.2)	809	2.7	(0.9 - 7.4)	958
Class 9	3.0	(1.7 - 5.5)	1,475	3.4	(1.8 - 6.5)	655	2.5	(0.9 - 6.4)	810
Class 10	2.0	(1.1 - 3.5)	1,546	2.9	(1.4 - 6.1)	753	0.7	(0.2 - 2.7)	777
Class 11	0.7	(0.2 - 2.6)	139	-	-	58	-	-	75

Note: 152 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN44: Percentage of students who ever had sexual intercourse

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	20.8	(17.3 - 24.8)	5,629	22.6	(18.8 - 26.8)	2,580	18.3	(14.8 - 22.4)	2,970
Age									
12 or younger	24.7	(19.7 - 30.6)	477	23.3	(16.7 - 31.4)	202	26.5	(19.9 - 34.3)	265
13-15	18.7	(14.6 - 23.5)	3,585	20.3	(16.3 - 24.9)	1,588	16.7	(12.2 - 22.4)	1,964
16 or 17	22.8	(18.2 - 28.1)	1,423	26.2	(20.3 - 33.1)	714	18.0	(13.2 - 24.1)	695
13-17	19.7	(15.8 - 24.3)	5,008	21.9	(17.8 - 26.7)	2,302	17.0	(12.9 - 21.9)	2,659
18 or older	34.0	(21.5 - 49.2)	107	-	-	65	-	-	40
Grade									
Class 7	26.7	(20.5 - 34.0)	1,086	24.7	(17.8 - 33.2)	510	27.9	(21.0 - 36.1)	569
Class 8	20.6	(16.8 - 24.9)	1,561	21.1	(15.7 - 27.6)	701	18.9	(15.7 - 22.6)	842
Class 9	17.5	(13.1 - 22.9)	1,350	21.8	(16.7 - 27.8)	603	13.0	(8.5 - 19.3)	739
Class 10	17.0	(12.1 - 23.3)	1,438	21.5	(15.8 - 28.5)	690	12.6	(7.8 - 19.7)	732
Class 11	16.5	(10.6 - 24.8)	128	-	-	55	-	-	68

Note: 900 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN45: Percentage of students who had sexual intercourse before age 14 years (for the first time among students who ever had sexual intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	66.9	(55.3 - 76.7)	406	58.5	(47.9 - 68.3)	273	80.0	(64.1 - 89.9)	118
Age									
12 or younger	-	-	31	-	-	16	-	-	14
13-15	77.7	(68.8 - 84.6)	195	69.3	(61.9 - 75.9)	120	-	-	68
16 or 17	43.0	(28.7 - 58.5)	150	39.3	(26.9 - 53.4)	116	-	-	33
13-17	64.3	(52.7 - 74.4)	345	56.1	(46.3 - 65.4)	236	77.1	(59.2 - 88.7)	101
18 or older	-	-	21	-	-	18	-	-	3
Grade									
Class 7	-	-	88	-	-	41	-	-	44
Class 8	-	-	99	-	-	61	-	-	31
Class 9	-	-	82	-	-	60	-	-	22
Class 10	40.3	(26.6 - 55.7)	116	-	-	98	-	-	18
Class 11	-	-	14	-	-	11	-	-	3

Note: 6,123 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN46: Percentage of students who had sexual intercourse with two or more persons (during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.8	(2.4 - 5.8)	6,275	4.9	(3.4 - 7.0)	2,887	2.5	(1.1 - 5.3)	3,293
Age									
12 or younger	2.9	(1.3 - 6.4)	582	2.7	(0.8 - 8.6)	248	2.9	(1.1 - 7.3)	320
13-15	2.8	(1.5 - 5.3)	3,963	3.3	(2.2 - 4.8)	1,769	2.3	(0.8 - 6.4)	2,155
16 or 17	6.1	(3.8 - 9.7)	1,565	8.8	(5.5 - 13.7)	787	2.7	(1.2 - 5.8)	762
13-17	3.7	(2.3 - 5.9)	5,528	4.8	(3.3 - 6.9)	2,556	2.4	(1.0 - 5.6)	2,917
18 or older	11.5	(4.9 - 24.4)	122	-	-	72	-	-	48
Grade									
Class 7	3.9	(1.8 - 8.6)	1,319	3.6	(1.6 - 7.9)	633	4.3	(1.8 - 10.2)	674
Class 8	2.9	(1.5 - 5.8)	1,762	3.0	(1.2 - 7.0)	789	2.3	(1.0 - 4.9)	952
Class 9	4.1	(2.1 - 7.9)	1,448	6.2	(3.6 - 10.3)	645	2.0	(0.4 - 10.2)	795
Class 10	3.8	(2.3 - 6.2)	1,529	7.3	(4.7 - 11.3)	739	0.6	(0.1 - 2.3)	775
Class 11	7.1	(2.6 - 18.0)	136	-	-	57	-	-	73

Note: 254 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN47: Percentage of students who used a condom (during last sexual intercourse among students who ever had sexual intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	57.4	(49.2 - 65.2)	369	64.4	(56.2 - 71.8)	260	-	-	98
Age									
12 or younger	-	-	28	-	-	14	-	-	13
13-15	49.2	(37.1 - 61.3)	179	58.2	(43.0 - 72.0)	121	-	-	55
16 or 17	69.0	(57.0 - 79.0)	133	70.3	(56.6 - 81.1)	103	-	-	29
13-17	56.4	(46.8 - 65.4)	312	63.0	(52.8 - 72.1)	224	-	-	84
18 or older	-	-	20	-	-	19	-	-	1
Grade									
Class 7	-	-	82	-	-	43	-	-	38
Class 8	-	-	89	-	-	55	-	-	28
Class 9	-	-	70	-	-	55	-	-	14
Class 10	69.3	(56.5 - 79.7)	113	-	-	96	-	-	17
Class 11	-	-	11	-	-	10	-	-	1

Note: 6,160 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN48: Percentage of students who used a method of birth control other than condoms (such as withdrawal, rhythm, or birth control pills to prevent pregnancy, during last sexual intercourse, among students who ever had sexual intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	47.3	(38.7 - 56.0)	371	49.5	(38.9 - 60.0)	254	38.7	(22.9 - 57.4)	105
Age									
12 or younger	-	-	36	-	-	18	-	-	16
13-15	47.1	(32.6 - 62.2)	164	48.0	(35.4 - 60.7)	105	-	-	56
16 or 17	43.7	(31.5 - 56.8)	142	45.0	(30.4 - 60.4)	110	-	-	31
13-17	45.7	(35.3 - 56.4)	306	46.6	(35.6 - 57.8)	215	-	-	87
18 or older	-	-	21	-	-	19	-	-	2
Grade									
Class 7	-	-	80	-	-	38	-	-	40
Class 8	-	-	82	-	-	52	-	-	25
Class 9	-	-	78	-	-	52	-	-	25
Class 10	56.5	(42.3 - 69.6)	113	-	-	99	-	-	14
Class 11	-	-	12	-	-	11	-	-	1

Note: 6,158 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.
 This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNBCANYG: Percentage of students who used a method of birth control (such as condoms, withdrawal, rhythm, or birth control pills to prevent pregnancy, during last sexual intercourse, among students who ever had sexual intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	80.9	(72.7 - 87.1)	270	79.8	(68.2 - 87.9)	201	-	-	61
Age									
12 or younger	-	-	19	-	-	10	-	-	8
13-15	78.8	(67.9 - 86.8)	114	-	-	80	-	-	32
16 or 17	78.9	(67.6 - 87.0)	112	-	-	92	-	-	20
13-17	78.9	(69.8 - 85.7)	226	76.9	(64.8 - 85.7)	172	-	-	52
18 or older	-	-	18	-	-	17	-	-	1
Grade									
Class 7	-	-	42	-	-	22	-	-	19
Class 8	-	-	57	-	-	39	-	-	15
Class 9	-	-	60	-	-	46	-	-	13
Class 10	-	-	97	-	-	84	-	-	13
Class 11	-	-	11	-	-	10	-	-	1

Note: 6,259 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNC1G: Percentage of students who ever had sexual intercourse among students who had drunk so much alcohol that they were really drunk (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	48.0	(35.4 - 60.8)	213	48.6	(36.7 - 60.7)	167	-	-	40
Age									
12 or younger	-	-	4	-	-	3	-	-	0
13-15	49.2	(29.1 - 69.7)	102	-	-	75	-	-	24
16 or 17	-	-	93	-	-	78	-	-	14
13-17	46.0	(33.8 - 58.7)	195	44.8	(33.4 - 56.9)	153	-	-	38
18 or older	-	-	13	-	-	11	-	-	2
Grade									
Class 7	-	-	22	-	-	16	-	-	6
Class 8	-	-	46	-	-	35	-	-	7
Class 9	-	-	50	-	-	36	-	-	13
Class 10	-	-	87	-	-	75	-	-	11
Class 11	-	-	8	-	-	5	-	-	3

Note: 6,316 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN49: Percentage of students who were not physically active (for at least 60 minutes per day on any day during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	49.9	(45.7 - 54.1)	6,419	45.0	(40.2 - 49.9)	2,984	54.2	(48.9 - 59.4)	3,330
Age									
12 or younger	53.4	(43.2 - 63.2)	596	47.5	(36.6 - 58.5)	256	57.8	(46.6 - 68.3)	326
13-15	51.6	(47.1 - 56.1)	4,042	47.3	(41.9 - 52.9)	1,826	55.2	(49.5 - 60.7)	2,171
16 or 17	44.1	(39.8 - 48.5)	1,607	39.2	(33.3 - 45.5)	814	49.6	(43.3 - 55.8)	774
13-17	49.7	(45.7 - 53.7)	5,649	45.1	(40.2 - 50.1)	2,640	53.9	(48.8 - 58.9)	2,945
18 or older	35.9	(26.3 - 46.9)	126	-	-	75	-	-	50
Grade									
Class 7	59.0	(52.3 - 65.4)	1,361	51.5	(43.4 - 59.6)	660	65.7	(58.5 - 72.2)	689
Class 8	52.6	(47.6 - 57.5)	1,807	49.6	(42.8 - 56.4)	827	55.9	(49.0 - 62.6)	957
Class 9	45.9	(39.8 - 52.2)	1,472	43.4	(34.2 - 53.1)	655	48.1	(41.7 - 54.7)	806
Class 10	37.4	(32.4 - 42.8)	1,554	31.7	(26.8 - 37.0)	760	42.6	(33.9 - 51.7)	777
Class 11	44.3	(37.5 - 51.3)	137	-	-	58	-	-	73

Note: 110 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNPA5G: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	20.4	(16.7 - 24.8)	6,419	22.8	(18.1 - 28.1)	2,984	18.7	(14.6 - 23.6)	3,330
Age									
12 or younger	16.3	(8.4 - 29.2)	596	18.6	(8.6 - 35.7)	256	14.5	(7.4 - 26.4)	326
13-15	20.0	(16.0 - 24.7)	4,042	21.5	(16.7 - 27.2)	1,826	19.0	(14.7 - 24.3)	2,171
16 or 17	23.5	(19.6 - 27.8)	1,607	26.9	(21.8 - 32.8)	814	20.0	(15.4 - 25.5)	774
13-17	20.9	(17.4 - 24.8)	5,649	23.0	(18.6 - 28.0)	2,640	19.3	(15.4 - 23.8)	2,945
18 or older	26.5	(19.1 - 35.6)	126	-	-	75	-	-	50
Grade									
Class 7	12.3	(7.6 - 19.1)	1,361	16.4	(9.9 - 26.0)	660	8.5	(5.1 - 13.9)	689
Class 8	16.7	(13.3 - 20.8)	1,807	16.3	(11.5 - 22.5)	827	16.8	(13.2 - 21.1)	957
Class 9	26.0	(18.7 - 34.9)	1,472	28.7	(20.2 - 39.0)	655	23.8	(16.2 - 33.6)	806
Class 10	30.6	(26.0 - 35.6)	1,554	32.9	(27.4 - 38.9)	760	28.7	(22.1 - 36.2)	777
Class 11	32.1	(24.2 - 41.1)	137	-	-	58	-	-	73

Note: 110 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QNPA7G: Percentage of students who were physically active at least 60 minutes per day on all 7 days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	15.1	(11.7 - 19.3)	6,419	17.4	(13.2 - 22.6)	2,984	13.1	(9.5 - 17.8)	3,330
Age									
12 or younger	13.4	(6.2 - 26.6)	596	15.7	(6.4 - 33.7)	256	11.6	(5.4 - 22.9)	326
13-15	14.3	(10.9 - 18.6)	4,042	15.8	(11.6 - 21.1)	1,826	13.3	(9.4 - 18.3)	2,171
16 or 17	17.9	(14.3 - 22.3)	1,607	21.8	(16.9 - 27.7)	814	13.7	(9.9 - 18.8)	774
13-17	15.2	(12.1 - 19.0)	5,649	17.4	(13.4 - 22.3)	2,640	13.4	(9.9 - 17.8)	2,945
18 or older	20.0	(14.7 - 26.7)	126	-	-	75	-	-	50
Grade									
Class 7	8.7	(4.7 - 15.8)	1,361	12.0	(6.1 - 22.1)	660	5.8	(3.0 - 10.7)	689
Class 8	12.8	(10.0 - 16.3)	1,807	12.0	(8.2 - 17.1)	827	13.2	(9.6 - 17.9)	957
Class 9	18.5	(12.0 - 27.4)	1,472	22.2	(14.6 - 32.2)	655	15.3	(8.9 - 25.0)	806
Class 10	23.3	(18.5 - 28.8)	1,554	25.9	(21.0 - 31.4)	760	20.8	(14.3 - 29.2)	777
Class 11	22.4	(12.7 - 36.3)	137	-	-	58	-	-	73

Note: 110 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN50: Percentage of students who did not walk or ride a bicycle to or from school (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	42.4	(38.6 - 46.3)	6,420	38.0	(33.5 - 42.8)	2,970	46.4	(42.6 - 50.2)	3,346
Age									
12 or younger	48.0	(40.5 - 55.6)	594	41.1	(31.0 - 52.1)	252	53.4	(46.6 - 60.1)	328
13-15	41.3	(36.7 - 46.1)	4,056	38.7	(33.0 - 44.6)	1,819	43.9	(39.5 - 48.4)	2,192
16 or 17	41.8	(37.1 - 46.7)	1,596	34.9	(28.9 - 41.4)	810	49.4	(43.0 - 55.8)	768
13-17	41.4	(37.4 - 45.6)	5,652	37.6	(33.0 - 42.5)	2,629	45.2	(41.2 - 49.2)	2,960
18 or older	47.9	(36.0 - 60.1)	126	-	-	76	-	-	49
Grade									
Class 7	45.7	(38.4 - 53.1)	1,362	43.4	(34.2 - 53.1)	658	47.5	(40.1 - 55.0)	692
Class 8	46.1	(40.7 - 51.7)	1,807	39.8	(34.4 - 45.6)	818	52.3	(45.3 - 59.2)	966
Class 9	38.2	(30.7 - 46.3)	1,476	34.5	(25.9 - 44.2)	655	41.5	(33.9 - 49.4)	811
Class 10	35.7	(30.4 - 41.4)	1,550	31.7	(24.4 - 40.1)	758	39.7	(32.6 - 47.3)	775
Class 11	48.0	(32.0 - 64.4)	137	-	-	57	-	-	74

Note: 109 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN51: Percentage of students who did not attend physical education classes (each week during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	33.7	(31.2 - 36.2)	6,300	31.3	(28.0 - 34.8)	2,911	35.6	(32.8 - 38.6)	3,287
Age									
12 or younger	36.5	(29.3 - 44.4)	579	32.3	(25.5 - 40.0)	245	39.1	(29.6 - 49.6)	321
13-15	33.6	(30.7 - 36.6)	3,983	32.3	(28.1 - 36.7)	1,785	34.7	(31.8 - 37.6)	2,153
16 or 17	31.7	(28.3 - 35.4)	1,572	27.8	(23.6 - 32.4)	797	35.5	(29.9 - 41.4)	757
13-17	33.1	(30.6 - 35.7)	5,555	31.0	(27.5 - 34.8)	2,582	34.8	(32.3 - 37.5)	2,910
18 or older	35.3	(28.3 - 43.1)	119	-	-	71	-	-	47
Grade									
Class 7	40.3	(36.1 - 44.6)	1,321	38.5	(32.9 - 44.4)	632	41.7	(35.4 - 48.3)	677
Class 8	32.4	(27.6 - 37.6)	1,775	28.8	(24.3 - 33.6)	810	35.5	(28.6 - 43.0)	943
Class 9	26.2	(21.7 - 31.2)	1,455	24.9	(19.0 - 31.8)	648	27.2	(21.9 - 33.2)	797
Class 10	33.3	(28.3 - 38.6)	1,526	30.7	(24.7 - 37.5)	741	35.1	(28.1 - 42.8)	768
Class 11	48.0	(32.4 - 64.1)	137	-	-	56	-	-	75

Note: 229 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNPE3G: Percentage of students who attended physical education classes on three or more days (each week during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	42.9	(39.6 - 46.3)	6,300	45.2	(41.0 - 49.5)	2,911	41.3	(37.3 - 45.5)	3,287
Age									
12 or younger	38.0	(29.1 - 47.8)	579	42.0	(32.4 - 52.3)	245	35.5	(24.1 - 48.8)	321
13-15	42.4	(38.9 - 46.1)	3,983	43.1	(38.1 - 48.3)	1,785	42.4	(38.1 - 46.9)	2,153
16 or 17	47.1	(42.4 - 51.7)	1,572	51.4	(45.4 - 57.3)	797	42.9	(38.0 - 48.0)	757
13-17	43.6	(40.5 - 46.8)	5,555	45.4	(41.2 - 49.7)	2,582	42.5	(38.7 - 46.4)	2,910
18 or older	44.9	(33.9 - 56.4)	119	-	-	71	-	-	47
Grade									
Class 7	33.8	(27.5 - 40.8)	1,321	35.8	(28.9 - 43.4)	632	32.1	(23.8 - 41.7)	677
Class 8	43.1	(38.0 - 48.4)	1,775	47.0	(40.8 - 53.3)	810	39.8	(32.6 - 47.5)	943
Class 9	52.0	(45.8 - 58.1)	1,455	53.7	(44.6 - 62.6)	648	50.6	(43.7 - 57.6)	797
Class 10	46.2	(39.7 - 52.8)	1,526	45.5	(38.4 - 52.7)	741	47.1	(39.4 - 55.1)	768
Class 11	38.6	(27.0 - 51.6)	137	-	-	56	-	-	75

Note: 229 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QNPE5G: Percentage of students who attended physical education classes on five or more days (each week during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	29.8	(27.2 - 32.6)	6,300	30.5	(27.1 - 34.2)	2,911	29.4	(26.3 - 32.8)	3,287
Age									
12 or younger	25.5	(18.6 - 33.8)	579	24.8	(18.5 - 32.4)	245	26.5	(17.5 - 37.9)	321
13-15	29.3	(26.2 - 32.5)	3,983	29.3	(24.9 - 34.2)	1,785	29.5	(26.1 - 33.1)	2,153
16 or 17	34.4	(31.3 - 37.6)	1,572	36.1	(32.8 - 39.6)	797	33.2	(28.5 - 38.2)	757
13-17	30.6	(28.1 - 33.2)	5,555	31.2	(27.8 - 34.9)	2,582	30.3	(27.5 - 33.4)	2,910
18 or older	25.5	(18.0 - 35.0)	119	-	-	71	-	-	47
Grade									
Class 7	23.3	(18.3 - 29.2)	1,321	21.5	(16.2 - 28.1)	632	24.9	(17.9 - 33.5)	677
Class 8	28.7	(24.8 - 32.9)	1,775	31.3	(26.6 - 36.3)	810	26.3	(20.6 - 33.0)	943
Class 9	35.9	(30.6 - 41.6)	1,455	36.4	(28.9 - 44.5)	648	35.8	(28.3 - 43.9)	797
Class 10	34.4	(29.7 - 39.4)	1,526	34.0	(28.4 - 40.1)	741	34.7	(27.9 - 42.1)	768
Class 11	23.2	(12.0 - 40.0)	137	-	-	56	-	-	75

Note: 229 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN52: Percentage of students who spent three or more hours per day doing sitting activities (sitting and watching television, playing computer games, talking with friends when not in school or doing homework during a typical or usual day)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.7	(8.6 - 13.2)	6,427	12.1	(9.9 - 14.7)	2,974	9.3	(6.9 - 12.6)	3,350
Age									
12 or younger	8.1	(4.0 - 15.7)	590	8.9	(5.3 - 14.6)	251	7.0	(2.2 - 19.7)	325
13-15	10.4	(8.2 - 13.1)	4,064	11.6	(9.1 - 14.7)	1,823	9.5	(7.2 - 12.6)	2,196
16 or 17	12.8	(10.0 - 16.3)	1,601	14.7	(10.9 - 19.5)	812	10.3	(6.7 - 15.5)	772
13-17	11.0	(8.8 - 13.7)	5,665	12.5	(10.0 - 15.4)	2,635	9.7	(7.3 - 12.9)	2,968
18 or older	9.2	(4.8 - 17.1)	124	-	-	75	-	-	48
Grade									
Class 7	10.9	(7.2 - 16.1)	1,351	12.2	(8.9 - 16.6)	653	9.5	(4.8 - 18.1)	686
Class 8	8.1	(6.0 - 10.7)	1,816	8.7	(6.0 - 12.4)	825	7.3	(5.4 - 9.8)	969
Class 9	10.7	(8.7 - 13.2)	1,480	12.4	(9.4 - 16.2)	656	9.1	(6.5 - 12.5)	813
Class 10	13.7	(9.2 - 19.9)	1,555	16.0	(10.5 - 23.8)	759	11.4	(6.8 - 18.6)	780
Class 11	16.1	(5.1 - 40.7)	138	-	-	57	-	-	75

Note: 102 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN53: Percentage of students who missed classes or school without permission (on one or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	28.5	(24.9 - 32.5)	6,358	28.1	(24.1 - 32.4)	2,956	28.5	(24.1 - 33.4)	3,300
Age									
12 or younger	32.2	(23.0 - 43.1)	578	36.9	(23.0 - 53.4)	244	28.5	(21.0 - 37.4)	322
13-15	26.1	(22.4 - 30.1)	4,029	25.5	(21.7 - 29.7)	1,816	26.3	(21.8 - 31.4)	2,168
16 or 17	31.8	(27.9 - 36.1)	1,583	29.0	(24.1 - 34.5)	807	35.5	(30.3 - 41.2)	757
13-17	27.5	(24.2 - 31.1)	5,612	26.5	(23.2 - 30.0)	2,623	28.4	(24.0 - 33.3)	2,925
18 or older	35.5	(28.5 - 43.3)	124	-	-	76	-	-	46
Grade									
Class 7	30.0	(22.9 - 38.3)	1,340	34.3	(25.8 - 43.9)	646	26.6	(19.7 - 34.8)	682
Class 8	25.5	(21.5 - 30.0)	1,801	26.2	(20.9 - 32.3)	821	24.2	(19.4 - 29.8)	957
Class 9	29.4	(24.2 - 35.3)	1,464	24.7	(18.9 - 31.6)	654	34.4	(27.3 - 42.3)	800
Class 10	28.5	(23.0 - 34.6)	1,536	26.8	(20.4 - 34.3)	754	30.0	(23.5 - 37.5)	765
Class 11	21.3	(17.0 - 26.3)	133	-	-	57	-	-	71

Note: 171 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN54: Percentage of students who reported that most of the students in their school were most of the time or always kind and helpful (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	53.2	(49.3 - 57.2)	6,427	51.9	(48.2 - 55.7)	2,977	54.9	(49.9 - 59.7)	3,345
Age									
12 or younger	48.4	(39.1 - 57.8)	595	44.5	(34.6 - 54.9)	254	52.1	(41.9 - 62.0)	327
13-15	53.9	(49.9 - 57.9)	4,057	51.7	(47.4 - 55.9)	1,820	56.3	(51.1 - 61.3)	2,192
16 or 17	54.3	(49.7 - 58.7)	1,601	55.7	(50.8 - 60.5)	814	53.4	(47.5 - 59.2)	769
13-17	54.0	(50.1 - 57.8)	5,658	52.8	(49.0 - 56.6)	2,634	55.6	(50.9 - 60.2)	2,961
18 or older	52.9	(45.7 - 60.0)	128	-	-	76	-	-	50
Grade									
Class 7	48.6	(43.0 - 54.3)	1,354	46.3	(39.7 - 53.1)	655	51.2	(44.3 - 57.9)	687
Class 8	51.8	(46.2 - 57.4)	1,816	50.8	(45.6 - 55.9)	825	53.1	(44.6 - 61.4)	968
Class 9	56.9	(49.9 - 63.7)	1,483	56.7	(49.0 - 64.1)	659	57.7	(50.0 - 65.0)	813
Class 10	56.9	(50.8 - 62.7)	1,548	54.6	(47.1 - 62.0)	756	59.5	(51.3 - 67.2)	776
Class 11	61.1	(56.8 - 65.1)	138	-	-	58	-	-	74

Note: 102 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN55: Percentage of students who reported that their parents or guardians most of the time or always checked to see if their homework was done (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	49.1	(44.7 - 53.5)	6,403	47.1	(42.6 - 51.6)	2,963	51.1	(45.6 - 56.6)	3,335
Age									
12 or younger	43.1	(33.2 - 53.6)	591	39.2	(27.0 - 52.8)	253	46.9	(36.5 - 57.5)	324
13-15	51.0	(46.5 - 55.4)	4,042	48.7	(43.6 - 53.8)	1,808	52.9	(47.1 - 58.8)	2,189
16 or 17	48.6	(44.4 - 52.9)	1,595	48.1	(43.9 - 52.4)	813	50.1	(44.4 - 55.7)	764
13-17	50.4	(46.2 - 54.5)	5,637	48.5	(44.1 - 52.9)	2,621	52.3	(46.8 - 57.7)	2,953
18 or older	33.8	(23.9 - 45.2)	128	-	-	76	-	-	50
Grade									
Class 7	43.9	(38.1 - 49.8)	1,347	38.5	(29.3 - 48.6)	650	49.2	(44.6 - 53.8)	685
Class 8	52.2	(44.6 - 59.7)	1,806	50.3	(44.0 - 56.6)	818	54.1	(43.9 - 63.9)	965
Class 9	50.2	(43.3 - 57.1)	1,475	51.0	(44.1 - 57.9)	654	49.5	(40.2 - 58.9)	810
Class 10	49.8	(43.1 - 56.5)	1,550	48.2	(41.7 - 54.9)	760	51.7	(43.1 - 60.1)	774
Class 11	53.4	(39.7 - 66.7)	137	-	-	58	-	-	73

Note: 126 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN56: Percentage of students who reported that their parents or guardians most of the time or always understood their problems and worries (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	52.6	(47.8 - 57.3)	6,351	51.0	(46.4 - 55.5)	2,954	54.6	(48.5 - 60.5)	3,296
Age									
12 or younger	48.4	(36.6 - 60.5)	588	40.0	(28.6 - 52.6)	251	55.7	(42.4 - 68.3)	323
13-15	54.2	(49.6 - 58.8)	4,010	53.1	(47.8 - 58.5)	1,810	55.6	(50.7 - 60.4)	2,157
16 or 17	51.3	(45.9 - 56.6)	1,586	51.3	(46.5 - 56.1)	808	51.6	(43.0 - 60.2)	760
13-17	53.5	(48.8 - 58.1)	5,596	52.6	(48.0 - 57.2)	2,618	54.7	(49.1 - 60.2)	2,917
18 or older	45.1	(36.8 - 53.7)	124	-	-	74	-	-	48
Grade									
Class 7	48.3	(42.5 - 54.1)	1,339	43.5	(35.6 - 51.8)	650	53.1	(46.2 - 59.9)	678
Class 8	53.9	(47.1 - 60.6)	1,787	53.9	(47.5 - 60.2)	815	54.3	(45.9 - 62.4)	950
Class 9	54.4	(46.5 - 62.0)	1,472	54.6	(45.9 - 63.1)	657	54.5	(45.7 - 62.9)	805
Class 10	55.8	(47.7 - 63.6)	1,530	53.9	(46.6 - 61.0)	752	58.1	(47.8 - 67.7)	761
Class 11	54.2	(44.8 - 63.4)	136	-	-	57	-	-	74

Note: 178 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN57: Percentage of students who reported that their parents or guardians most of the time or always really knew what they were doing with their free time (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	49.4	(44.6 - 54.1)	6,420	46.1	(41.6 - 50.6)	2,982	53.3	(47.5 - 59.0)	3,333
Age									
12 or younger	42.8	(32.6 - 53.6)	591	33.2	(23.4 - 44.7)	254	51.4	(40.1 - 62.4)	323
13-15	51.3	(46.2 - 56.4)	4,052	46.8	(41.4 - 52.2)	1,825	55.9	(49.9 - 61.7)	2,183
16 or 17	48.7	(44.5 - 52.9)	1,605	50.3	(46.0 - 54.6)	814	48.4	(42.5 - 54.2)	772
13-17	50.7	(46.1 - 55.3)	5,657	47.7	(43.3 - 52.2)	2,639	54.2	(48.6 - 59.6)	2,955
18 or older	40.1	(31.0 - 50.0)	127	-	-	76	-	-	49
Grade									
Class 7	40.6	(34.9 - 46.5)	1,351	34.9	(27.0 - 43.6)	658	46.8	(39.9 - 53.8)	681
Class 8	50.0	(43.3 - 56.7)	1,808	47.0	(39.7 - 54.5)	826	53.4	(45.2 - 61.6)	959
Class 9	57.3	(48.4 - 65.8)	1,479	55.3	(44.7 - 65.4)	655	59.8	(51.1 - 68.0)	813
Class 10	50.6	(43.2 - 58.0)	1,555	47.6	(41.0 - 54.3)	762	53.8	(43.8 - 63.5)	777
Class 11	60.3	(45.5 - 73.4)	139	-	-	58	-	-	75

Note: 109 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN58: Percentage of students who reported that their parents or guardians never or rarely went through their things without their approval (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	44.7	(41.1 - 48.4)	6,352	43.8	(39.5 - 48.1)	2,950	45.7	(41.2 - 50.3)	3,298
Age									
12 or younger	51.8	(43.0 - 60.4)	587	52.4	(39.1 - 65.4)	252	50.1	(41.5 - 58.8)	321
13-15	43.6	(40.2 - 47.1)	4,013	42.7	(38.7 - 46.9)	1,808	44.5	(40.0 - 49.1)	2,160
16 or 17	43.7	(39.3 - 48.2)	1,582	41.0	(36.2 - 46.1)	801	46.2	(39.3 - 53.3)	762
13-17	43.6	(40.3 - 47.1)	5,595	42.3	(38.7 - 46.0)	2,609	44.9	(40.4 - 49.5)	2,922
18 or older	54.0	(37.5 - 69.6)	127	-	-	76	-	-	49
Grade									
Class 7	47.9	(41.3 - 54.5)	1,334	48.1	(38.7 - 57.6)	649	47.4	(40.7 - 54.1)	673
Class 8	42.0	(36.4 - 47.9)	1,790	40.4	(33.6 - 47.6)	818	43.8	(38.0 - 49.7)	949
Class 9	41.7	(34.6 - 49.1)	1,466	40.0	(33.2 - 47.2)	652	43.2	(33.3 - 53.8)	803
Class 10	48.3	(41.6 - 55.0)	1,538	46.8	(39.5 - 54.4)	750	49.4	(39.9 - 59.0)	771
Class 11	45.7	(32.7 - 59.3)	137	-	-	57	-	-	74

Note: 177 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

This question is part of a GSHS core questionnaire module.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN59: Percentage of students who saw a lot of advertisements for carbonated soft drinks or fast foods when they watched television (among students who watched television during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	42.9	(39.7 - 46.1)	5,429	41.6	(37.7 - 45.7)	2,519	43.8	(40.2 - 47.4)	2,826
Age									
12 or younger	45.1	(39.3 - 51.0)	494	43.2	(33.1 - 53.9)	208	47.0	(38.8 - 55.3)	276
13-15	44.1	(40.5 - 47.8)	3,463	43.9	(39.4 - 48.6)	1,557	43.9	(40.1 - 47.8)	1,873
16 or 17	39.1	(34.6 - 43.8)	1,338	35.7	(29.9 - 42.0)	692	42.7	(36.8 - 48.9)	629
13-17	42.9	(39.5 - 46.3)	4,801	41.7	(37.5 - 45.9)	2,249	43.6	(40.1 - 47.3)	2,502
18 or older	-	-	93	-	-	51	-	-	41
Grade									
Class 7	44.4	(38.9 - 50.1)	1,167	44.2	(35.7 - 53.0)	564	44.6	(38.8 - 50.5)	594
Class 8	44.2	(39.1 - 49.3)	1,479	41.3	(36.1 - 46.7)	676	46.6	(39.6 - 53.8)	782
Class 9	43.3	(39.1 - 47.6)	1,252	42.9	(36.8 - 49.3)	558	43.6	(38.2 - 49.1)	687
Class 10	38.6	(33.7 - 43.7)	1,339	35.7	(29.4 - 42.6)	652	40.9	(33.5 - 48.6)	673
Class 11	45.3	(36.1 - 54.9)	121	-	-	50	-	-	67

Note: 1,100 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN60: Percentage of students who ate salty foods (two or more times per day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	25.5	(22.4 - 28.8)	6,488	23.9	(21.1 - 27.0)	3,003	26.6	(22.8 - 30.8)	3,381
Age									
12 or younger	27.0	(21.6 - 33.2)	599	25.1	(18.1 - 33.8)	258	28.3	(19.9 - 38.5)	328
13-15	24.7	(21.7 - 27.9)	4,107	23.7	(20.8 - 27.0)	1,837	25.6	(21.8 - 30.0)	2,226
16 or 17	26.8	(22.3 - 31.8)	1,610	23.7	(19.4 - 28.6)	820	29.3	(22.5 - 37.2)	771
13-17	25.2	(22.2 - 28.4)	5,717	23.7	(20.9 - 26.8)	2,657	26.5	(22.6 - 30.7)	2,997
18 or older	23.8	(17.2 - 31.9)	125	-	-	76	-	-	47
Grade									
Class 7	27.3	(22.3 - 32.9)	1,397	25.1	(19.8 - 31.2)	675	29.7	(22.4 - 38.1)	710
Class 8	24.4	(21.4 - 27.7)	1,824	23.0	(19.3 - 27.3)	826	25.2	(20.9 - 30.1)	975
Class 9	22.4	(18.6 - 26.7)	1,484	23.9	(18.5 - 30.2)	657	21.1	(16.5 - 26.7)	817
Class 10	27.4	(22.9 - 32.5)	1,556	24.2	(19.6 - 29.4)	763	30.6	(25.3 - 36.3)	776
Class 11	27.3	(19.2 - 37.2)	139	-	-	58	-	-	75

Note: 41 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN61: Percentage of students who usually ate foods high in fat (three or more times per day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.9	(5.9 - 8.0)	6,490	6.0	(4.9 - 7.2)	3,000	7.4	(6.0 - 9.1)	3,387
Age									
12 or younger	10.0	(6.7 - 14.5)	599	10.2	(5.8 - 17.3)	255	9.7	(6.2 - 14.7)	330
13-15	6.4	(5.3 - 7.8)	4,105	5.5	(4.3 - 6.9)	1,837	7.1	(5.4 - 9.5)	2,224
16 or 17	6.4	(4.9 - 8.4)	1,612	5.5	(3.4 - 8.8)	819	6.9	(4.8 - 10.0)	775
13-17	6.4	(5.5 - 7.5)	5,717	5.5	(4.6 - 6.6)	2,656	7.1	(5.7 - 8.8)	2,999
18 or older	5.1	(2.4 - 10.8)	127	-	-	76	-	-	49
Grade									
Class 7	8.2	(6.2 - 10.7)	1,396	6.9	(3.9 - 12.0)	670	9.5	(6.1 - 14.5)	714
Class 8	6.1	(4.4 - 8.4)	1,820	5.5	(3.7 - 8.1)	827	6.3	(4.4 - 9.1)	971
Class 9	5.6	(4.3 - 7.2)	1,491	6.8	(4.8 - 9.6)	658	4.3	(2.9 - 6.5)	822
Class 10	7.4	(5.8 - 9.4)	1,559	4.1	(2.3 - 7.2)	763	10.4	(7.3 - 14.6)	780
Class 11	3.9	(1.6 - 9.3)	138	-	-	58	-	-	74

Note: 39 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN62: Percentage of students who were taught in any of their classes the benefits of eating more fruits and vegetables (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	77.4	(75.2 - 79.4)	6,433	77.0	(73.8 - 79.9)	2,983	77.8	(75.2 - 80.2)	3,358
Age									
12 or younger	76.4	(72.3 - 80.0)	595	75.3	(68.4 - 81.1)	257	77.2	(71.5 - 82.1)	328
13-15	78.7	(76.4 - 80.9)	4,077	77.5	(73.4 - 81.1)	1,829	80.0	(77.1 - 82.6)	2,206
16 or 17	75.4	(70.7 - 79.6)	1,595	78.2	(74.6 - 81.4)	811	72.3	(63.9 - 79.4)	766
13-17	77.9	(75.7 - 80.0)	5,672	77.7	(74.4 - 80.6)	2,640	78.3	(75.2 - 81.1)	2,972
18 or older	63.3	(54.0 - 71.6)	124	-	-	73	-	-	49
Grade									
Class 7	78.4	(74.2 - 82.0)	1,387	76.0	(69.1 - 81.8)	672	80.9	(76.7 - 84.4)	703
Class 8	78.7	(75.4 - 81.6)	1,809	78.9	(73.4 - 83.5)	822	78.9	(74.9 - 82.3)	968
Class 9	77.2	(72.3 - 81.4)	1,474	79.3	(73.7 - 84.0)	652	75.1	(67.3 - 81.6)	812
Class 10	77.1	(70.6 - 82.5)	1,547	75.5	(69.7 - 80.5)	757	78.5	(70.0 - 85.1)	774
Class 11	53.2	(37.5 - 68.4)	134	-	-	56	-	-	74

Note: 96 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN63: Percentage of students who most of the time or always had a tooth ache or felt discomfort because of their teeth (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.2	(3.2 - 5.3)	6,483	4.2	(3.0 - 5.6)	2,996	3.6	(2.7 - 4.9)	3,385
Age									
12 or younger	5.6	(3.1 - 9.9)	604	7.4	(3.6 - 14.7)	258	3.9	(1.8 - 8.0)	332
13-15	3.5	(2.8 - 4.4)	4,090	3.5	(2.7 - 4.4)	1,829	3.2	(2.1 - 4.8)	2,218
16 or 17	4.2	(3.1 - 5.6)	1,616	3.2	(1.7 - 5.9)	822	5.0	(3.5 - 7.2)	776
13-17	3.6	(3.0 - 4.5)	5,706	3.4	(2.6 - 4.3)	2,651	3.6	(2.6 - 4.9)	2,994
18 or older	7.9	(4.4 - 13.7)	126	-	-	74	-	-	50
Grade									
Class 7	4.8	(3.2 - 7.3)	1,395	5.7	(3.3 - 9.7)	669	4.1	(2.2 - 7.5)	714
Class 8	5.0	(3.5 - 7.2)	1,813	4.7	(2.8 - 7.7)	822	4.7	(2.7 - 8.1)	970
Class 9	3.3	(2.3 - 4.8)	1,486	2.9	(1.9 - 4.4)	657	3.7	(2.3 - 5.8)	818
Class 10	2.6	(1.6 - 4.4)	1,564	2.8	(1.4 - 5.5)	766	1.8	(1.0 - 3.5)	781
Class 11	1.5	(0.4 - 6.4)	138	-	-	58	-	-	74

Note: 46 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN64: Percentage of students who used toothpaste with fluoride

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	55.2	(51.2 - 59.2)	6,359	55.5	(50.8 - 60.1)	2,943	55.5	(50.9 - 60.0)	3,317
Age									
12 or younger	62.0	(53.7 - 69.7)	574	60.3	(48.6 - 71.0)	247	65.0	(54.5 - 74.3)	314
13-15	55.1	(51.5 - 58.7)	4,025	54.9	(50.4 - 59.3)	1,802	55.6	(51.2 - 60.0)	2,183
16 or 17	52.2	(45.9 - 58.3)	1,594	53.7	(46.4 - 60.8)	810	50.6	(43.5 - 57.7)	765
13-17	54.4	(50.6 - 58.1)	5,619	54.5	(49.9 - 59.1)	2,612	54.5	(50.2 - 58.7)	2,948
18 or older	54.8	(41.0 - 67.9)	121	-	-	73	-	-	46
Grade									
Class 7	58.9	(51.3 - 66.1)	1,357	59.5	(49.7 - 68.5)	652	58.9	(50.7 - 66.6)	692
Class 8	57.0	(51.3 - 62.4)	1,784	52.1	(44.4 - 59.8)	813	61.6	(56.4 - 66.7)	951
Class 9	47.7	(40.9 - 54.6)	1,459	50.6	(42.8 - 58.3)	646	45.0	(37.3 - 53.0)	803
Class 10	59.5	(53.0 - 65.7)	1,540	62.0	(52.3 - 70.8)	753	57.5	(51.7 - 63.2)	772
Class 11	36.8	(15.3 - 65.3)	133	-	-	56	-	-	72

Note: 170 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN65: Percentage of students who were taught in any of their classes the importance of cleaning or brushing teeth (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	74.0	(70.8 - 76.9)	6,460	73.5	(69.4 - 77.3)	2,991	74.7	(71.3 - 77.8)	3,370
Age									
12 or younger	77.8	(72.4 - 82.5)	596	75.2	(67.7 - 81.4)	255	80.3	(73.4 - 85.7)	328
13-15	75.6	(71.8 - 79.1)	4,083	75.7	(70.4 - 80.3)	1,831	75.9	(72.0 - 79.5)	2,211
16 or 17	68.7	(64.5 - 72.7)	1,608	68.4	(64.1 - 72.5)	818	68.3	(61.2 - 74.6)	772
13-17	73.9	(70.3 - 77.2)	5,691	73.7	(69.3 - 77.6)	2,649	74.2	(70.4 - 77.7)	2,983
18 or older	61.7	(49.3 - 72.8)	126	-	-	74	-	-	50
Grade									
Class 7	80.2	(74.4 - 84.9)	1,383	80.7	(73.6 - 86.2)	669	79.7	(73.3 - 84.9)	702
Class 8	78.4	(74.3 - 82.0)	1,814	76.1	(71.1 - 80.6)	825	80.8	(76.0 - 84.8)	968
Class 9	71.9	(65.1 - 77.9)	1,484	74.3	(65.7 - 81.4)	657	69.6	(60.8 - 77.1)	818
Class 10	64.4	(57.7 - 70.6)	1,554	61.3	(54.4 - 67.8)	759	67.9	(59.2 - 75.5)	780
Class 11	46.8	(35.4 - 58.5)	139	-	-	58	-	-	75

Note: 69 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN66: Percentage of students who were taught in any of their classes the importance of hand washing (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	78.1	(75.7 - 80.4)	6,427	76.0	(71.5 - 80.0)	2,987	80.3	(77.1 - 83.0)	3,340
Age									
12 or younger	77.4	(69.5 - 83.7)	589	74.0	(63.3 - 82.5)	252	81.1	(72.8 - 87.3)	323
13-15	78.3	(75.7 - 80.7)	4,071	76.1	(71.2 - 80.4)	1,832	80.5	(77.1 - 83.6)	2,197
16 or 17	78.7	(75.3 - 81.8)	1,593	76.9	(71.1 - 81.8)	814	80.4	(75.9 - 84.3)	762
13-17	78.4	(76.0 - 80.6)	5,664	76.3	(71.6 - 80.4)	2,646	80.5	(77.5 - 83.2)	2,959
18 or older	70.2	(58.3 - 79.9)	127	-	-	76	-	-	49
Grade									
Class 7	81.2	(77.2 - 84.5)	1,386	78.7	(72.2 - 83.9)	671	83.3	(76.5 - 88.4)	703
Class 8	77.6	(73.0 - 81.6)	1,793	75.3	(67.3 - 81.9)	818	80.5	(77.1 - 83.4)	952
Class 9	77.8	(71.0 - 83.5)	1,477	77.0	(67.5 - 84.4)	659	78.6	(71.4 - 84.4)	808
Class 10	77.7	(73.2 - 81.5)	1,551	74.5	(68.4 - 79.7)	759	81.1	(75.3 - 85.8)	776
Class 11	54.1	(43.8 - 64.1)	137	-	-	57	-	-	74

Note: 102 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN67: Percentage of students who had separate toilets and latrines for boys and girls at school (among students who had toilets or latrines at school)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	91.8	(89.0 - 94.0)	6,104	92.1	(89.4 - 94.1)	2,825	92.1	(88.2 - 94.7)	3,193
Age									
12 or younger	87.6	(79.8 - 92.6)	545	86.9	(75.0 - 93.6)	231	88.3	(81.1 - 93.0)	303
13-15	93.1	(90.2 - 95.2)	3,882	92.9	(89.6 - 95.2)	1,739	93.6	(90.4 - 95.8)	2,105
16 or 17	91.0	(86.6 - 94.1)	1,525	92.6	(89.4 - 94.9)	774	89.7	(83.0 - 93.9)	735
13-17	92.6	(89.5 - 94.8)	5,407	92.8	(90.1 - 94.9)	2,513	92.7	(88.9 - 95.3)	2,840
18 or older	90.7	(75.9 - 96.8)	112	-	-	69	-	-	42
Grade									
Class 7	90.1	(85.8 - 93.2)	1,281	89.3	(84.1 - 92.9)	618	90.9	(85.7 - 94.3)	653
Class 8	90.9	(85.6 - 94.4)	1,711	91.4	(87.6 - 94.1)	769	90.9	(82.7 - 95.4)	923
Class 9	95.3	(92.1 - 97.3)	1,420	95.1	(90.1 - 97.7)	633	95.4	(92.7 - 97.2)	779
Class 10	91.3	(83.7 - 95.5)	1,490	92.5	(85.1 - 96.4)	731	91.3	(82.2 - 95.9)	745
Class 11	95.8	(88.6 - 98.5)	130	-	-	54	-	-	70

Note: 425 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN68: Percentage of students who did not have a source of clean water for drinking at school

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	23.6	(17.2 - 31.5)	6,461	26.1	(19.3 - 34.2)	2,993	21.2	(14.9 - 29.4)	3,366
Age									
12 or younger	21.4	(13.5 - 32.0)	591	21.6	(13.5 - 32.8)	253	20.0	(11.5 - 32.3)	324
13-15	22.6	(16.4 - 30.4)	4,087	25.6	(18.3 - 34.4)	1,833	19.9	(14.2 - 27.3)	2,212
16 or 17	27.0	(19.2 - 36.6)	1,610	27.9	(20.7 - 36.4)	819	26.3	(16.9 - 38.6)	773
13-17	23.7	(17.2 - 31.7)	5,697	26.2	(19.2 - 34.6)	2,652	21.4	(15.0 - 29.6)	2,985
18 or older	36.7	(20.4 - 56.7)	125	-	-	75	-	-	48
Grade									
Class 7	19.2	(13.1 - 27.2)	1,383	22.7	(15.4 - 32.0)	669	15.8	(9.7 - 24.8)	703
Class 8	20.7	(15.0 - 27.9)	1,811	21.7	(16.5 - 27.9)	824	19.5	(12.9 - 28.4)	965
Class 9	25.0	(16.7 - 35.7)	1,484	27.5	(19.1 - 37.8)	657	22.9	(13.0 - 37.2)	816
Class 10	29.8	(19.5 - 42.6)	1,560	32.2	(21.3 - 45.4)	763	27.3	(16.8 - 41.0)	780
Class 11	48.6	(20.6 - 77.5)	137	-	-	57	-	-	74

Note: 68 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN69: Percentage of students who had toilet or latrine at home

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	92.4	(89.1 - 94.8)	6,444	92.2	(88.5 - 94.8)	2,986	92.9	(89.3 - 95.4)	3,359
Age									
12 or younger	89.2	(84.1 - 92.8)	588	87.6	(79.5 - 92.8)	253	90.7	(83.0 - 95.1)	325
13-15	93.7	(90.8 - 95.7)	4,081	94.5	(92.1 - 96.2)	1,832	93.4	(89.7 - 95.8)	2,206
16 or 17	90.8	(84.6 - 94.7)	1,603	89.0	(81.3 - 93.7)	815	93.0	(87.2 - 96.3)	770
13-17	93.0	(89.5 - 95.4)	5,684	93.0	(89.5 - 95.4)	2,647	93.3	(89.4 - 95.8)	2,976
18 or older	90.9	(81.0 - 95.9)	124	-	-	73	-	-	49
Grade									
Class 7	90.9	(86.4 - 94.0)	1,385	89.3	(83.6 - 93.2)	671	92.1	(86.3 - 95.6)	701
Class 8	92.4	(87.7 - 95.3)	1,798	92.4	(86.7 - 95.7)	817	92.9	(88.6 - 95.6)	960
Class 9	92.8	(84.4 - 96.8)	1,483	93.4	(85.0 - 97.3)	659	92.6	(83.3 - 96.9)	814
Class 10	94.4	(85.7 - 97.9)	1,555	94.6	(88.0 - 97.7)	758	94.1	(81.8 - 98.2)	781
Class 11	95.7	(90.1 - 98.2)	138	-	-	57	-	-	75

Note: 85 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN70: Percentage of students who did not go to school because they felt unsafe (one or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	41.7	(36.2 - 47.5)	6,446	42.0	(37.2 - 46.9)	2,987	40.4	(33.8 - 47.3)	3,356
Age									
12 or younger	46.8	(36.6 - 57.3)	594	48.6	(37.4 - 59.9)	253	44.3	(33.5 - 55.8)	327
13-15	40.7	(34.5 - 47.2)	4,072	42.0	(36.5 - 47.6)	1,825	38.9	(31.4 - 46.9)	2,204
16 or 17	40.1	(35.3 - 45.2)	1,607	37.8	(32.3 - 43.6)	820	42.0	(36.1 - 48.2)	768
13-17	40.5	(35.0 - 46.4)	5,679	40.8	(35.8 - 46.1)	2,645	39.6	(33.1 - 46.5)	2,972
18 or older	50.3	(43.1 - 57.5)	126	-	-	76	-	-	48
Grade									
Class 7	50.3	(42.1 - 58.5)	1,378	54.2	(45.9 - 62.3)	664	46.3	(37.0 - 55.8)	702
Class 8	43.2	(36.9 - 49.7)	1,800	42.4	(36.8 - 48.2)	819	42.5	(33.7 - 51.7)	958
Class 9	36.9	(31.4 - 42.7)	1,487	35.9	(30.6 - 41.5)	659	37.4	(29.0 - 46.7)	817
Class 10	32.3	(26.1 - 39.1)	1,557	32.0	(25.9 - 38.8)	763	32.4	(25.2 - 40.4)	779
Class 11	34.1	(18.2 - 54.7)	138	-	-	58	-	-	75

Note: 83 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN71: Percentage of students who were hit, slapped, or physically hurt by their teacher on purpose (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	40.8	(37.9 - 43.8)	6,431	46.8	(43.5 - 50.2)	2,981	34.8	(31.0 - 38.8)	3,350
Age									
12 or younger	44.3	(36.6 - 52.3)	581	49.2	(39.1 - 59.3)	250	40.9	(32.6 - 49.6)	320
13-15	40.8	(38.0 - 43.7)	4,078	48.1	(44.1 - 52.1)	1,828	34.0	(30.3 - 38.0)	2,205
16 or 17	38.8	(33.6 - 44.2)	1,601	43.0	(37.3 - 49.0)	816	32.6	(26.3 - 39.6)	767
13-17	40.3	(37.5 - 43.2)	5,679	46.7	(43.4 - 49.9)	2,644	33.7	(29.9 - 37.7)	2,972
18 or older	42.0	(31.4 - 53.5)	126	-	-	75	-	-	49
Grade									
Class 7	46.8	(42.1 - 51.6)	1,374	53.3	(47.2 - 59.4)	668	40.9	(34.0 - 48.2)	693
Class 8	42.0	(38.1 - 45.9)	1,797	46.6	(40.8 - 52.4)	815	36.9	(31.5 - 42.5)	960
Class 9	37.4	(31.0 - 44.2)	1,478	43.9	(36.3 - 51.9)	654	30.8	(22.8 - 40.1)	814
Class 10	36.2	(31.2 - 41.5)	1,560	42.1	(37.3 - 47.1)	763	29.8	(24.2 - 36.1)	781
Class 11	19.3	(12.9 - 27.8)	137	-	-	57	-	-	75

Note: 98 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN72: Percentage of students who have ever been forced to have sexual intercourse when they did not want to

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	11.6	(9.2 - 14.6)	6,375	11.9	(8.9 - 15.8)	2,951	11.1	(8.5 - 14.3)	3,325
Age									
12 or younger	15.6	(11.0 - 21.7)	574	13.6	(8.8 - 20.5)	244	17.6	(12.1 - 24.8)	317
13-15	10.9	(8.2 - 14.4)	4,037	12.1	(8.2 - 17.4)	1,810	9.6	(7.2 - 12.6)	2,185
16 or 17	11.6	(8.4 - 15.7)	1,592	10.9	(7.6 - 15.5)	810	12.0	(7.9 - 17.9)	764
13-17	11.1	(8.5 - 14.3)	5,629	11.8	(8.4 - 16.2)	2,620	10.1	(7.6 - 13.3)	2,949
18 or older	12.4	(6.8 - 21.5)	126	-	-	74	-	-	50
Grade									
Class 7	16.1	(11.5 - 22.1)	1,356	17.3	(10.6 - 26.7)	656	14.9	(11.0 - 20.0)	687
Class 8	11.0	(8.3 - 14.4)	1,781	11.0	(7.4 - 16.1)	815	10.9	(8.2 - 14.4)	945
Class 9	9.6	(7.1 - 12.7)	1,467	9.8	(7.3 - 12.9)	645	9.5	(5.8 - 15.1)	812
Class 10	8.4	(5.7 - 12.1)	1,550	8.3	(5.7 - 11.9)	753	7.5	(4.4 - 12.5)	780
Class 11	6.5	(2.7 - 14.6)	137	-	-	58	-	-	73

Note: 154 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN73: Percentage of students who never or rarely wore a helmet when driving a motor bike (during the 30 days before the survey, among students who drove a motor bike)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	48.1	(42.8 - 53.5)	1,523	36.8	(31.2 - 42.8)	869	63.4	(55.7 - 70.6)	617
Age									
12 or younger	53.1	(35.9 - 69.6)	133	-	-	65	-	-	61
13-15	45.6	(38.8 - 52.5)	903	34.1	(26.7 - 42.4)	518	61.5	(51.5 - 70.5)	371
16 or 17	50.9	(44.2 - 57.5)	434	35.9	(29.6 - 42.8)	258	73.3	(63.5 - 81.2)	172
13-17	47.1	(41.6 - 52.7)	1,337	34.6	(29.3 - 40.4)	776	64.9	(57.1 - 72.0)	543
18 or older	-	-	35	-	-	23	-	-	11
Grade									
Class 7	49.2	(38.9 - 59.7)	339	38.3	(25.2 - 53.3)	187	63.7	(48.5 - 76.6)	147
Class 8	52.5	(43.7 - 61.2)	440	43.0	(34.1 - 52.4)	234	62.9	(47.5 - 76.1)	194
Class 9	46.1	(39.1 - 53.2)	322	34.5	(25.2 - 45.2)	180	62.8	(51.5 - 72.9)	137
Class 10	39.8	(33.4 - 46.5)	374	28.1	(22.0 - 35.1)	247	62.2	(49.7 - 73.4)	122
Class 11	-	-	25	-	-	13	-	-	11

Note: 5,006 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN74: Percentage of students who drove a motor bike when they had been drinking alcohol (one or more times during the 30 days before the survey, among students who drove a motor bike)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	26.8	(20.7 - 33.9)	1,522	25.6	(19.0 - 33.5)	872	27.5	(21.1 - 35.0)	614
Age									
12 or younger	35.0	(20.2 - 53.5)	137	-	-	66	-	-	64
13-15	27.0	(19.3 - 36.3)	896	25.1	(16.6 - 36.1)	515	28.6	(21.5 - 37.0)	367
16 or 17	21.6	(17.5 - 26.4)	437	21.5	(16.3 - 27.9)	263	21.8	(16.0 - 28.9)	170
13-17	25.4	(19.8 - 31.9)	1,333	24.0	(18.0 - 31.3)	778	26.6	(20.7 - 33.5)	537
18 or older	-	-	35	-	-	23	-	-	11
Grade									
Class 7	42.9	(28.5 - 58.5)	338	43.1	(27.9 - 59.8)	187	42.5	(26.8 - 59.9)	146
Class 8	22.1	(15.2 - 31.0)	437	18.7	(12.4 - 27.2)	233	25.0	(15.7 - 37.4)	193
Class 9	20.9	(13.7 - 30.4)	325	19.9	(12.2 - 30.7)	183	22.6	(14.9 - 32.8)	137
Class 10	14.0	(9.3 - 20.6)	376	15.2	(11.1 - 20.5)	249	9.2	(3.5 - 22.0)	122
Class 11	-	-	24	-	-	13	-	-	10

Note: 5,007 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN75: Percentage of students who were taught in any of their classes signs of depression and suicidal behavior (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	37.9	(34.2 - 41.8)	6,404	38.8	(34.6 - 43.2)	2,971	36.9	(32.3 - 41.7)	3,328
Age									
12 or younger	35.0	(26.1 - 45.0)	593	33.3	(22.8 - 45.7)	257	36.8	(28.1 - 46.4)	322
13-15	38.3	(34.3 - 42.4)	4,043	39.1	(34.5 - 43.8)	1,812	37.6	(32.4 - 43.2)	2,186
16 or 17	37.8	(32.8 - 43.1)	1,596	39.5	(33.1 - 46.2)	814	34.9	(28.5 - 41.9)	763
13-17	38.2	(34.2 - 42.3)	5,639	39.2	(34.9 - 43.6)	2,626	37.0	(32.1 - 42.2)	2,949
18 or older	44.9	(36.8 - 53.3)	126	-	-	76	-	-	48
Grade									
Class 7	35.3	(26.5 - 45.2)	1,362	38.9	(28.6 - 50.4)	662	31.6	(23.4 - 41.1)	689
Class 8	39.0	(35.6 - 42.5)	1,803	37.9	(32.7 - 43.3)	820	40.4	(35.9 - 45.0)	960
Class 9	40.4	(34.3 - 46.8)	1,467	41.1	(35.7 - 46.7)	651	39.3	(29.1 - 50.5)	805
Class 10	38.1	(31.7 - 45.0)	1,547	37.8	(30.2 - 46.0)	758	38.6	(29.3 - 48.8)	772
Class 11	30.1	(23.7 - 37.3)	138	-	-	57	-	-	75

Note: 125 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN76: Percentage of students who were taught in any of their classes how to handle stress in healthy ways (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	47.4	(44.4 - 50.4)	6,458	46.2	(42.7 - 49.8)	2,989	48.4	(44.2 - 52.7)	3,367
Age									
12 or younger	47.6	(40.0 - 55.3)	596	46.6	(38.2 - 55.2)	255	49.4	(40.7 - 58.2)	328
13-15	47.1	(43.3 - 50.9)	4,083	46.1	(42.0 - 50.3)	1,830	48.0	(43.0 - 53.2)	2,210
16 or 17	47.5	(43.7 - 51.3)	1,607	46.0	(41.1 - 51.0)	816	49.4	(43.6 - 55.2)	772
13-17	47.2	(44.0 - 50.3)	5,690	46.1	(42.6 - 49.6)	2,646	48.4	(43.7 - 53.0)	2,982
18 or older	53.1	(43.6 - 62.4)	126	-	-	75	-	-	49
Grade									
Class 7	45.3	(39.0 - 51.8)	1,382	44.6	(38.3 - 51.1)	669	45.6	(37.6 - 53.9)	701
Class 8	48.3	(43.9 - 52.7)	1,815	46.4	(41.1 - 51.9)	823	50.4	(43.6 - 57.2)	969
Class 9	49.0	(42.1 - 55.9)	1,478	49.0	(43.2 - 54.9)	653	48.8	(38.8 - 58.9)	815
Class 10	47.9	(40.2 - 55.8)	1,559	45.9	(37.3 - 54.8)	762	50.5	(42.1 - 58.9)	781
Class 11	41.2	(31.1 - 52.2)	137	-	-	58	-	-	74

Note: 71 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN77: Percentage of students who thought they definitely or probably would not smoke a cigarette at any time during the next 12 months

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	96.5	(95.3 - 97.5)	6,473	96.1	(94.6 - 97.2)	3,004	97.2	(95.8 - 98.2)	3,365
Age									
12 or younger	94.4	(91.1 - 96.5)	597	91.8	(85.8 - 95.5)	258	96.5	(92.3 - 98.4)	325
13-15	97.4	(95.9 - 98.4)	4,093	97.3	(95.7 - 98.3)	1,835	97.7	(95.7 - 98.8)	2,214
16 or 17	95.7	(94.2 - 96.9)	1,610	95.8	(93.9 - 97.1)	822	96.4	(94.4 - 97.6)	770
13-17	97.0	(95.8 - 97.9)	5,703	96.9	(95.7 - 97.7)	2,657	97.4	(95.9 - 98.3)	2,984
18 or older	90.1	(77.9 - 95.9)	126	-	-	76	-	-	48
Grade									
Class 7	95.1	(92.0 - 97.0)	1,376	94.3	(90.5 - 96.7)	671	95.7	(92.3 - 97.7)	693
Class 8	97.3	(95.5 - 98.4)	1,825	98.1	(95.9 - 99.2)	828	97.1	(93.8 - 98.6)	974
Class 9	97.0	(95.4 - 98.0)	1,485	96.2	(94.4 - 97.4)	659	97.9	(95.1 - 99.1)	816
Class 10	96.8	(94.8 - 98.0)	1,561	95.5	(92.2 - 97.4)	764	98.3	(96.1 - 99.2)	780
Class 11	98.0	(96.7 - 98.8)	139	-	-	58	-	-	75

Note: 56 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN78: Percentage of students who definitely or probably would not smoke a cigarette if one of their best friends offered one

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	96.1	(94.7 - 97.2)	6,445	95.5	(93.7 - 96.8)	2,986	97.0	(95.4 - 98.0)	3,358
Age									
12 or younger	95.1	(92.2 - 97.0)	596	92.6	(83.4 - 96.9)	256	97.0	(93.2 - 98.7)	327
13-15	97.0	(95.5 - 97.9)	4,073	96.2	(94.1 - 97.6)	1,827	97.9	(96.5 - 98.7)	2,203
16 or 17	95.0	(93.4 - 96.3)	1,603	95.5	(93.4 - 97.0)	816	94.3	(90.8 - 96.4)	770
13-17	96.5	(95.2 - 97.4)	5,676	96.0	(94.4 - 97.2)	2,643	97.1	(95.5 - 98.1)	2,973
18 or older	91.9	(82.8 - 96.4)	126	-	-	75	-	-	49
Grade									
Class 7	95.1	(92.3 - 96.9)	1,373	94.2	(89.0 - 97.1)	665	95.9	(92.2 - 97.9)	696
Class 8	96.9	(95.0 - 98.0)	1,815	96.5	(93.7 - 98.1)	826	97.4	(95.3 - 98.6)	968
Class 9	96.9	(94.6 - 98.3)	1,482	96.5	(93.8 - 98.1)	655	97.6	(92.5 - 99.3)	818
Class 10	95.5	(93.3 - 97.0)	1,550	94.3	(91.6 - 96.2)	758	97.1	(94.8 - 98.4)	775
Class 11	98.8	(93.4 - 99.8)	138	-	-	58	-	-	74

Note: 84 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN79: Percentage of students who usually drank beer, lager, or stout (among students who drink alcohol)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	47.8	(40.4 - 55.2)	353	51.0	(41.4 - 60.4)	235	45.3	(30.3 - 61.2)	110
Age									
12 or younger	-	-	19	-	-	8	-	-	10
13-15	47.2	(38.0 - 56.7)	174	51.1	(42.9 - 59.3)	111	-	-	60
16 or 17	53.6	(43.9 - 63.0)	138	57.0	(42.0 - 70.7)	102	-	-	35
13-17	49.8	(42.4 - 57.2)	312	53.6	(45.5 - 61.5)	213	-	-	95
18 or older	-	-	17	-	-	14	-	-	3
Grade									
Class 7	-	-	57	-	-	37	-	-	20
Class 8	-	-	58	-	-	37	-	-	18
Class 9	-	-	73	-	-	49	-	-	24
Class 10	50.0	(31.8 - 68.3)	145	57.2	(39.2 - 73.5)	104	-	-	40
Class 11	-	-	12	-	-	8	-	-	4

Note: 6,176 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN80: Percentage of students who usually drank alcohol with their friends (among students who drank alcohol)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	61.6	(50.7 - 71.5)	346	71.6	(61.5 - 79.9)	233	42.6	(25.6 - 61.7)	105
Age									
12 or younger	-	-	17	-	-	8	-	-	8
13-15	62.0	(45.5 - 76.1)	172	74.9	(63.1 - 83.9)	110	-	-	59
16 or 17	68.9	(59.2 - 77.2)	135	75.4	(63.8 - 84.2)	101	-	-	33
13-17	64.7	(52.0 - 75.6)	307	75.1	(66.5 - 82.1)	211	-	-	92
18 or older	-	-	17	-	-	14	-	-	3
Grade									
Class 7	-	-	52	-	-	36	-	-	16
Class 8	-	-	57	-	-	37	-	-	17
Class 9	-	-	74	-	-	49	-	-	25
Class 10	67.7	(45.5 - 84.0)	143	81.1	(72.7 - 87.3)	103	-	-	39
Class 11	-	-	12	-	-	8	-	-	4

Note: 6,183 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN81: Percentage of students who reported that their parents knew they drank alcohol (among students who drank alcohol)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	47.8	(36.5 - 59.4)	340	43.0	(33.2 - 53.4)	231	61.7	(41.8 - 78.3)	103
Age									
12 or younger	-	-	17	-	-	8	-	-	8
13-15	44.8	(30.2 - 60.3)	171	35.4	(25.6 - 46.6)	108	-	-	60
16 or 17	44.9	(36.0 - 54.2)	133	40.5	(29.9 - 52.0)	101	-	-	32
13-17	44.8	(32.9 - 57.4)	304	37.6	(28.8 - 47.3)	209	-	-	92
18 or older	-	-	16	-	-	14	-	-	2
Grade									
Class 7	-	-	51	-	-	34	-	-	17
Class 8	-	-	57	-	-	37	-	-	17
Class 9	-	-	72	-	-	49	-	-	23
Class 10	51.3	(30.9 - 71.3)	143	44.5	(32.3 - 57.4)	103	-	-	39
Class 11	-	-	12	-	-	8	-	-	4

Note: 6,189 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN82: Percentage of students who were taught in any of their classes the problems associated with drinking alcohol (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	75.2	(72.8 - 77.5)	6,454	74.3	(71.9 - 76.5)	2,991	76.3	(73.3 - 79.1)	3,361
Age									
12 or younger	75.2	(68.1 - 81.1)	599	75.2	(68.1 - 81.2)	258	75.4	(65.5 - 83.1)	327
13-15	77.2	(74.5 - 79.6)	4,072	76.7	(74.0 - 79.2)	1,826	77.8	(74.1 - 81.1)	2,203
16 or 17	69.6	(65.4 - 73.5)	1,612	67.7	(62.5 - 72.6)	818	72.2	(68.4 - 75.8)	775
13-17	75.2	(73.0 - 77.4)	5,684	74.2	(71.8 - 76.5)	2,644	76.5	(73.7 - 79.1)	2,978
18 or older	72.4	(64.9 - 78.8)	126	-	-	76	-	-	48
Grade									
Class 7	75.5	(71.2 - 79.3)	1,371	74.4	(69.7 - 78.5)	665	76.7	(70.9 - 81.6)	695
Class 8	75.6	(70.1 - 80.3)	1,813	74.9	(68.9 - 80.1)	825	76.6	(69.1 - 82.7)	966
Class 9	76.8	(72.0 - 81.1)	1,488	75.3	(69.0 - 80.7)	657	78.4	(72.5 - 83.4)	820
Class 10	75.2	(70.9 - 79.1)	1,557	74.7	(69.8 - 79.1)	762	75.7	(70.3 - 80.3)	779
Class 11	58.7	(41.7 - 73.9)	138	-	-	58	-	-	74

Note: 75 students were excluded from this analysis.
 N = Number of students in this subgroup.
 - = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN83: Percentage of students who used prescription drugs without a doctors prescription (such as trama, fencidyl, nitrosun, or morphine, one or more times during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.4	(8.1 - 13.3)	6,419	10.3	(7.7 - 13.7)	2,966	9.8	(7.4 - 13.0)	3,352
Age									
12 or younger	10.6	(6.1 - 17.8)	595	12.2	(6.8 - 20.8)	256	8.7	(4.8 - 15.3)	325
13-15	10.1	(7.6 - 13.3)	4,050	10.3	(7.2 - 14.6)	1,809	9.5	(7.1 - 12.6)	2,198
16 or 17	10.5	(8.1 - 13.4)	1,602	9.3	(6.9 - 12.6)	814	11.3	(8.3 - 15.3)	770
13-17	10.2	(7.9 - 13.1)	5,652	10.0	(7.4 - 13.5)	2,623	9.9	(7.4 - 13.0)	2,968
18 or older	11.6	(7.2 - 18.1)	126	-	-	74	-	-	50
Grade									
Class 7	12.1	(8.8 - 16.3)	1,363	15.0	(9.7 - 22.4)	665	9.3	(6.5 - 13.0)	687
Class 8	10.5	(7.2 - 15.2)	1,809	9.7	(6.1 - 15.1)	816	10.5	(6.8 - 15.8)	970
Class 9	8.3	(5.3 - 12.9)	1,469	7.1	(4.4 - 11.3)	645	9.5	(5.6 - 15.6)	814
Class 10	9.7	(5.9 - 15.5)	1,552	9.1	(5.9 - 13.7)	758	9.6	(4.7 - 18.6)	779
Class 11	6.5	(3.1 - 13.0)	138	-	-	58	-	-	74

Note: 110 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN84: Percentage of students who used a needle to inject any illegal drug into their body (one or more times during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.4	(6.3 - 11.1)	6,485	8.7	(6.4 - 11.8)	3,006	7.6	(5.7 - 10.1)	3,376
Age									
12 or younger	9.7	(5.5 - 16.4)	603	8.0	(3.9 - 15.8)	257	10.1	(5.9 - 16.6)	332
13-15	8.2	(6.2 - 10.8)	4,092	9.1	(6.4 - 12.9)	1,837	7.1	(5.4 - 9.2)	2,212
16 or 17	7.7	(5.6 - 10.4)	1,614	7.7	(5.4 - 10.8)	823	7.2	(4.4 - 11.5)	773
13-17	8.1	(6.1 - 10.6)	5,706	8.7	(6.4 - 11.8)	2,660	7.1	(5.3 - 9.4)	2,985
18 or older	10.6	(5.2 - 20.3)	128	-	-	76	-	-	50
Grade									
Class 7	10.6	(8.0 - 14.0)	1,383	10.9	(6.7 - 17.3)	671	10.1	(7.6 - 13.3)	701
Class 8	8.2	(5.2 - 12.5)	1,823	9.3	(5.2 - 16.1)	828	6.4	(4.4 - 9.0)	973
Class 9	7.4	(4.4 - 12.1)	1,490	6.4	(3.9 - 10.4)	660	7.9	(4.0 - 15.0)	819
Class 10	6.8	(4.1 - 11.2)	1,563	7.4	(4.7 - 11.4)	765	6.2	(2.9 - 12.7)	781
Class 11	2.2	(0.8 - 6.2)	139	-	-	58	-	-	75

Note: 44 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN85: Percentage of students who were taught in any of their classes the problems associated with using drugs (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	73.6	(71.3 - 75.8)	6,440	72.0	(69.1 - 74.7)	2,981	75.4	(72.6 - 77.9)	3,357
Age									
12 or younger	68.3	(62.8 - 73.4)	595	68.2	(59.5 - 75.8)	255	68.7	(61.6 - 74.9)	326
13-15	74.5	(72.1 - 76.7)	4,071	72.5	(69.1 - 75.6)	1,826	76.5	(73.2 - 79.6)	2,202
16 or 17	73.6	(68.1 - 78.4)	1,603	71.3	(64.8 - 77.0)	814	76.1	(70.7 - 80.8)	771
13-17	74.2	(71.8 - 76.6)	5,674	72.1	(69.0 - 75.0)	2,640	76.4	(73.4 - 79.2)	2,973
18 or older	79.4	(68.0 - 87.5)	125	-	-	73	-	-	50
Grade									
Class 7	68.6	(64.8 - 72.3)	1,365	67.3	(62.5 - 71.7)	664	70.0	(64.1 - 75.3)	691
Class 8	73.0	(67.8 - 77.6)	1,813	69.8	(63.9 - 75.2)	821	75.9	(69.7 - 81.2)	969
Class 9	77.3	(71.7 - 82.0)	1,486	77.2	(70.9 - 82.4)	657	77.6	(71.2 - 82.9)	818
Class 10	78.3	(73.9 - 82.1)	1,554	75.9	(70.4 - 80.7)	759	80.7	(74.7 - 85.5)	778
Class 11	68.0	(47.9 - 83.0)	137	-	-	56	-	-	75

Note: 89 students were excluded from this analysis.
N = Number of students in this subgroup.
- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN86: Percentage of students who reported the main reason they had not had sexual intercourse was they wanted to wait until they were older (among students who had not had sexual intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	28.7	(25.0 - 32.8)	5,228	33.2	(29.2 - 37.4)	2,374	23.9	(19.7 - 28.7)	2,781
Age									
12 or younger	34.5	(22.5 - 48.9)	448	38.0	(24.8 - 53.2)	189	30.6	(18.3 - 46.4)	246
13-15	28.7	(25.2 - 32.5)	3,358	33.2	(29.0 - 37.7)	1,499	24.0	(19.6 - 29.1)	1,832
16 or 17	26.5	(23.2 - 30.2)	1,298	31.8	(27.0 - 37.1)	625	20.0	(15.6 - 25.3)	658
13-17	28.1	(24.9 - 31.6)	4,656	32.9	(29.4 - 36.5)	2,124	23.1	(19.1 - 27.5)	2,490
18 or older	-	-	89	-	-	49	-	-	39
Grade									
Class 7	30.0	(25.1 - 35.5)	1,023	33.5	(27.3 - 40.4)	507	25.2	(19.1 - 32.5)	508
Class 8	32.8	(25.0 - 41.8)	1,454	35.4	(27.3 - 44.5)	645	30.4	(22.0 - 40.4)	794
Class 9	26.5	(20.2 - 33.9)	1,243	32.8	(25.2 - 41.4)	546	20.7	(13.9 - 29.9)	691
Class 10	23.8	(18.9 - 29.5)	1,334	29.7	(23.3 - 37.1)	616	18.6	(12.0 - 27.6)	706
Class 11	17.9	(10.7 - 28.4)	109	-	-	42	-	-	62

Note: 1,301 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN87: Percentage of students who had sexual intercourse four or more times (during 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	1.9	(1.2 - 2.9)	6,326	2.7	(1.8 - 4.2)	2,913	0.9	(0.5 - 1.9)	3,313
Age									
12 or younger	1.0	(0.3 - 3.5)	573	1.3	(0.2 - 8.0)	241	0.7	(0.1 - 4.2)	319
13-15	1.4	(0.7 - 2.7)	4,008	1.8	(1.0 - 3.4)	1,785	0.9	(0.4 - 2.0)	2,179
16 or 17	3.4	(2.3 - 5.1)	1,576	5.2	(3.2 - 8.4)	802	1.3	(0.6 - 2.8)	758
13-17	1.9	(1.2 - 3.0)	5,584	2.8	(1.7 - 4.4)	2,587	1.0	(0.5 - 1.9)	2,937
18 or older	4.5	(1.6 - 12.1)	122	-	-	72	-	-	48
Grade									
Class 7	1.8	(0.7 - 4.6)	1,323	2.5	(0.9 - 6.4)	636	1.1	(0.4 - 3.4)	676
Class 8	1.1	(0.5 - 2.5)	1,782	1.3	(0.4 - 3.5)	800	0.8	(0.3 - 1.8)	959
Class 9	2.5	(1.4 - 4.5)	1,457	4.3	(2.4 - 7.4)	645	0.8	(0.2 - 2.9)	803
Class 10	2.4	(1.3 - 4.2)	1,540	3.2	(1.6 - 6.5)	750	1.2	(0.4 - 3.5)	775
Class 11	1.7	(0.2 - 11.7)	137	-	-	58	-	-	73

Note: 203 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN88: Percentage of students who would most likely get a condom from a pharmacy, clinic, or hospital if they wanted one

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	16.6	(14.5 - 19.0)	6,289	23.1	(20.2 - 26.2)	2,951	10.7	(8.3 - 13.7)	3,238
Age									
12 or younger	7.2	(4.0 - 12.6)	581	11.8	(5.7 - 22.7)	250	3.7	(2.1 - 6.5)	317
13-15	16.1	(14.0 - 18.3)	3,961	20.8	(17.5 - 24.6)	1,804	11.8	(9.2 - 15.0)	2,116
16 or 17	23.4	(20.0 - 27.2)	1,575	33.6	(29.0 - 38.5)	809	12.2	(7.9 - 18.2)	747
13-17	17.9	(15.9 - 20.2)	5,536	24.4	(21.5 - 27.6)	2,613	11.9	(9.2 - 15.1)	2,863
18 or older	18.3	(10.6 - 29.8)	127	-	-	75	-	-	50
Grade									
Class 7	9.3	(6.7 - 12.8)	1,336	13.8	(9.0 - 20.7)	655	5.1	(3.2 - 7.8)	669
Class 8	14.5	(11.4 - 18.4)	1,771	18.4	(13.9 - 24.1)	816	10.8	(7.5 - 15.4)	934
Class 9	20.5	(16.7 - 25.0)	1,438	28.1	(22.1 - 35.0)	650	13.1	(9.8 - 17.4)	779
Class 10	24.7	(20.7 - 29.3)	1,526	34.7	(28.7 - 41.2)	751	15.2	(10.1 - 22.5)	759
Class 11	24.7	(13.7 - 40.3)	131	-	-	56	-	-	69

Note: 240 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey
Summary Tables - Weighted Data

QN89: Percentage of students who most of the time or always used a condom (among students who ever had sexual Intercourse)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	17.1	(13.9 - 20.8)	930	22.5	(17.1 - 29.0)	488	10.4	(6.5 - 16.4)	413
Age									
12 or younger	-	-	88	-	-	30	-	-	54
13-15	16.8	(12.3 - 22.4)	525	23.8	(17.0 - 32.2)	254	10.3	(4.9 - 20.6)	260
16 or 17	19.3	(14.4 - 25.2)	269	22.3	(15.5 - 31.0)	176	-	-	88
13-17	17.5	(14.0 - 21.7)	794	23.2	(17.8 - 29.7)	430	10.0	(5.6 - 17.3)	348
18 or older	-	-	33	-	-	24	-	-	9
Grade									
Class 7	9.3	(4.9 - 16.7)	238	11.5	(5.1 - 23.8)	108	7.7	(3.1 - 17.9)	125
Class 8	18.4	(11.9 - 27.3)	264	15.7	(9.1 - 25.6)	113	19.2	(9.1 - 35.9)	142
Class 9	22.2	(14.3 - 32.7)	176	33.4	(22.1 - 46.9)	103	-	-	72
Class 10	22.9	(17.9 - 28.7)	214	31.4	(24.0 - 39.9)	149	-	-	63
Class 11	-	-	20	-	-	12	-	-	7

Note: 5,599 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN90: Percentage of students who were taught in any of their classes how to avoid HIV infection or AIDS (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	84.8	(82.5 - 86.9)	6,383	84.0	(80.6 - 86.9)	2,958	85.9	(83.3 - 88.3)	3,326
Age									
12 or younger	79.6	(74.8 - 83.8)	591	75.8	(67.3 - 82.6)	253	82.6	(75.1 - 88.1)	326
13-15	85.3	(82.8 - 87.6)	4,028	84.4	(80.4 - 87.7)	1,808	86.5	(84.0 - 88.7)	2,176
16 or 17	86.3	(83.2 - 89.0)	1,594	86.5	(82.5 - 89.6)	809	86.1	(80.7 - 90.2)	767
13-17	85.6	(83.2 - 87.7)	5,622	85.0	(81.5 - 87.9)	2,617	86.4	(83.8 - 88.7)	2,943
18 or older	87.9	(77.1 - 94.0)	126	-	-	75	-	-	49
Grade									
Class 7	78.5	(73.7 - 82.6)	1,345	76.5	(69.6 - 82.2)	655	80.3	(74.3 - 85.1)	679
Class 8	86.0	(82.0 - 89.2)	1,794	84.5	(79.0 - 88.8)	812	87.9	(83.2 - 91.4)	961
Class 9	88.0	(84.4 - 90.9)	1,475	89.1	(83.0 - 93.2)	656	87.2	(81.5 - 91.3)	809
Class 10	89.9	(86.1 - 92.7)	1,547	89.1	(85.1 - 92.1)	753	90.8	(84.4 - 94.7)	778
Class 11	76.9	(61.8 - 87.3)	137	-	-	58	-	-	73

Note: 146 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.

2015 GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY RESULTS

Nepal Survey Summary Tables - Weighted Data

QN91: Percentage of students who were taught in any of their classes the benefits of physical activity (during this school year)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	77.6	(74.8 - 80.2)	6,384	76.8	(72.7 - 80.5)	2,966	78.3	(75.1 - 81.1)	3,314
Age									
12 or younger	69.5	(64.2 - 74.3)	588	68.5	(60.8 - 75.3)	252	69.7	(62.5 - 76.1)	323
13-15	78.9	(75.8 - 81.7)	4,029	77.1	(72.0 - 81.6)	1,814	80.4	(77.1 - 83.4)	2,171
16 or 17	78.5	(75.0 - 81.6)	1,593	79.2	(74.5 - 83.3)	811	78.2	(74.5 - 81.5)	763
13-17	78.8	(76.0 - 81.4)	5,622	77.7	(73.4 - 81.5)	2,625	79.9	(76.9 - 82.6)	2,934
18 or older	72.5	(60.8 - 81.8)	126	-	-	76	-	-	48
Grade									
Class 7	73.0	(67.8 - 77.7)	1,341	72.3	(66.4 - 77.6)	649	73.3	(66.0 - 79.6)	680
Class 8	78.5	(72.4 - 83.5)	1,807	77.6	(70.2 - 83.6)	825	79.1	(72.3 - 84.6)	960
Class 9	81.3	(77.2 - 84.9)	1,467	80.3	(73.6 - 85.6)	659	82.8	(78.5 - 86.4)	798
Class 10	79.8	(75.1 - 83.8)	1,545	79.6	(74.0 - 84.2)	752	80.7	(74.6 - 85.7)	776
Class 11	60.9	(45.6 - 74.2)	138	-	-	58	-	-	74

Note: 145 students were excluded from this analysis.

N = Number of students in this subgroup.

- = Fewer than 100 students in this subgroup.



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