

**MONITORING OF MEDICAL / HEALTH AGENCIES
DESIGNATED AS RESEARCH CENTRES IN NEPAL**

Government of Nepal
Nepal Health Research Council (NHRC)
Ramshah Path, Kathmandu

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Prof. Dr. Anjani Kumar Jha
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EXECUTIVE SUMMARY

Health research has led to significant discoveries, the development of new therapies, and a remarkable improvement in health care and public health around the world. Concisely, health research has made many significant breakthroughs in disease treatment and prevention and saved the lives of millions of people.

Nepal Health Research Council (NHRC) is a national apical body of Government of Nepal for promoting health research in Nepal. The aim of NHRC is to maintain highest level of ethical standards and promote quality research enhancing research capacity in country. Being authorized body to regulate, monitor and coordinate health research centers of Nepal; NHRC had started to monitor the performance of health research centers throughout the country with an objective of assessing various research activities being conducted by Medical/Health Agencies designated as Research Centre in Nepal and also to ensure good ethical practices in health research are important to ensure that the dignity, rights, safety, and well-being of health research after all monitoring is also important for minimizing misuse of the word written as 'Research' in title of the health institutions.

A cross sectional descriptive study design was used to carry out monitoring and follow up of activities of research centre of all seven provinces of Nepal that had title "Research" in their title name from January 2018 to July 2018.

Initially, Company Registrar Office was contacted to collect relevant information of medical/health agencies (Hospitals, Polyclinics etc.) that has word "Research" in their title name. All the research centers were then grouped in their respective provinces and districts. The responsible persons of centers were contacted and their informed consent was taken and information was collected. Right after which twelve staff from NHRC was selected for monitoring and collecting the information from research centers all over Nepal and was provided intensive training before study. During training, emphasis was given on information collection procedures focusing on interview technique that used semi structured questionnaire contained with cover letter. After completion of data collection, questionnaires were checked for consistency and completeness. Data were entered into Epi Data 3.2 and cross tabulation were done using statistical package for social sciences (SPSS) version 17.0.

Research found that 82.3% so called research centers were just health service provider and 10 % of research institute were research based and just 5% have the core objectives of research. Likewise, 30% of research institute were actually involved in health related researches whereas large proportion (70%) of research institute were not involved in any kind of research work. Surprisingly, only 37.5% have taken ethical approval to conduct the designated research.

It has been concluded that there were 370 research centers presented in Nepal from the information provided by the Office of Company Registrar Tripureswor, Kathmandu (As per law every private institution must be register their firm before operating any kind of business in OCR).

It was also found that there are disparities in the availability of the research center. So, strategic policy should be incorporated for equal involvement. Similarly, organizations whose core objectives are to provide health services are more active in research rather than research organization itself. Furthermore, most of the research organizations want to conduct research but they do not have required research skills and competent manpower at their institutions to carry out research.

INTRODUCTION

Background

It is vital to improving human health and health care (1). Health research helps to generate knowledge through systematic investigation about different dynamics of people's health. With the primary focus of health research is to improve the functioning of health system by identifying the most innovative approaches in meeting the health needs of population. In other words, it is needed so that decisions can be based on evidence (2).

Health research has led to significant discoveries, the development of new therapies, and a remarkable improvement in health care and public health around the world(1). Some countries around the globe who have substantially invested in health research for many years are advancing rapidly in health and economic development with demonstrable benefits (3).The high quality of health care we enjoy today is due to energetic efforts of many health professionals conducting research. Concisely, health research has made many significant breakthroughs in disease treatment and prevention and saved the lives of millions of people (4).

Nepal Health Research Council (NHRC) is a national apical body for promoting health research in Nepal. The aim of NHRC is to maintain highest level of ethical standards and promote quality research enhancing research capacity in country (5). NHRC basically coordinates with Ministry of Health and Population (MoHP), non-government agencies, private sectors and other relevant ministries to promote health research in policy development and health care services (6).

MOHP has provision that each center with name tag "Research Center" in their title name should conduct at least two researches per year in different topics of relevant health areas with ethical approval from the Ethical Review Board at the NHRC or the Institutional Review Committees (IRCs) at different institutions(7),(6). They must follow the application of ethical principles of NHRC while conducting health research in Nepal(8).

However, several organization/center/polyclinic/institute/hospitals have been deliberately adding a research tag to their title names to compete with other agencies, and for business strategy to make the word fancy and catchy for public to draw their attention towards them(7),(6).

Being responsible body to regulate, monitor and coordinate health research centers of Nepal; NHRC had started to monitor the performance of health research centers throughout the country.

Rational of study

Good ethical practices in health research are important to ensure that the dignity, rights, safety, and well-being of research participants are promoted. Similarly, it has increasingly been recognized that a coordinating mechanism would be useful to avoid duplication of research efforts and to assess adequate recommendations.

Therefore, it is crucial to find out the existing number of Medical/Health Agencies (Hospitals, Polyclinics etc) designated as Research Centers in Nepal to monitor their ethical practices. Also, it is essential to find out the major reasons/challenges of health agencies for not conducting research and in what way they seek support from NHRC or concerned authorities in performing research activities. Finally, monitoring is also important for minimizing misuse of the word written as 'Research' in title of the health institutions.

Objectives

General objectives

- To assess various research activities conducted by Medical/Health Agencies designated as Research Centre in Nepal.

Specific Objectives

- To find out the existing number of Medical/Health Agencies (Hospitals, Polyclinics etc.) designated as Research Centres in Nepal.
- To find out the distribution of health related research centers in Nepal.
- To assess research centres in terms of research related characteristics.
- To analyze the performance of research activities in last three years.
- To assess ethical practices followed by the research centre.
- To identify the major reasons or challenges for not conducting research.
- To identify the way, NHRC or concerned authorities could support in performing research activities.

METHODOLOGY

Study design

A cross sectional descriptive study design was used to carry out monitoring and follow up of activities of research centre.

Study area

Study was conducted in all Medical/Health Agencies of all seven provinces of Nepal that had title “Research” in their title name.

Study duration

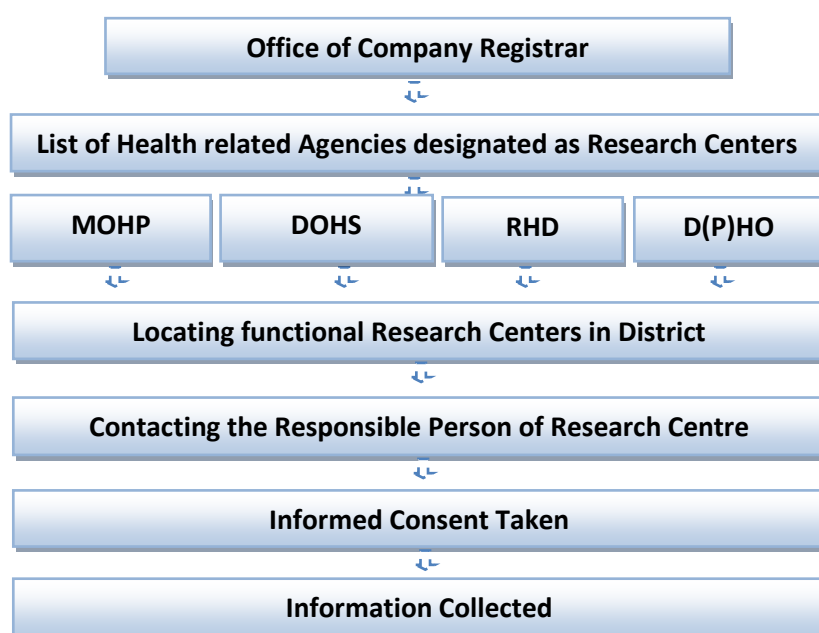
Study was conducted from January 2018 to July 2018

Study procedure

Initially, Company Registrar Office was contacted to collect relevant information of medical/health agencies (Hospitals, Polyclinics etc.) that has word “Research” in their title name.

With the purpose of finding the functionality of medical/health agencies, we visited Ministry of Health and Population (MOHP) for collecting the list of 200 bedded research centers; Department of Health Services (DoHS) for 50-200 bedded research centers; five Regional Health Directorate (RHD) for 25-50 bedded research centers and all the District (Public) Health Office (DPHO/DHO) of all districts of each province for less than 25 bedded research centers.

All the research centers were grouped in their respective provinces and districts. The responsible persons of centers were contacted and their informed consent was taken and information was collected.



Recruitment and Training of Information Collectors

Twelve staff from NHRC was selected for monitoring and collecting the information from research centers all over Nepal. Intensive training was provided to them before study. During training, emphasis was given on information collection procedures focusing on interview technique.

Study tools and techniques

The study used semi structured questionnaire contained with consent form.

Data Management and Analysis

After completion of data collection, questionnaires were checked for consistency and completeness. Data were entered into Epi Data 3.2 with pre-set jump command. Data cleaning and editing was done subsequently after entry and descriptive statistical analysis (frequency and percentage) and cross tabulation were done using statistical package for social sciences (SPSS) version 17.0.

FINDINGS

The purpose of this chapter is to describe the major findings of monitoring and evaluation study of medical/health agencies designated as Research Center in Nepal. Total 81 research centers were interviewed all over Nepal.

Table 1: Research centers in different States

States	Frequency	Percent
1	7	8.6
2	10	12.3
3	45	55.6
Gandaki	12	14.8
5	4	4.9
Sudur Paschim	3	3.7
Total	81	100.0

The above table shows that more than fifty percentages of research centers are located at province No.3, whereas in province No.5 and Province Sudur Paschim the availability of researcher center is below five percentages.

Table 2: District-wise distribution of research centers

Districts	Frequency	Percent
Baglung	1	1.2
Banke	2	2.5
Dhanusha	4	4.9
Jhapa	5	6.2
Kailali	3	3.7
Kaski	10	12.3
Kathmandu	45	55.6
Parsa	5	6.2
Rupandehi	3	3.7
Sarlahi	1	1.2
Sunsari	2	2.5
Total	81	100.0

Among 81 scattered research centers, it was found that more than fifty percentage research centers are at Kathmandu valley, followed by Kaski (12.2%), Parsa (6.2%) and Jhapa (6.2%). No other districts were accounted for having more than 5% of total research centers.

Table 3: Informed consent

Consent	Frequency	Percent
Yes	70	86.4
No	11	13.6
Total	81	100

Above table reveals that overwhelmed (86.4%) of institute provided informed consent before research and 13.6% did not provided consent for study/information.

Table 4: Type of organization

Type of organization	Frequency	Percent
Health facility/Hospital/Nursing home	58	82.8
NGO	2	2.9
Others*	10	14.3
Total	70	100

*Ayurveda research center, diagnostic center, institute, laboratory, pharmacy, polyclinic, sports clinic and research center.

Table 5: Core business

Core business(Multiple response)	Frequency	Percent
Providing health service	65	82.3
Teaching	4	5.1
Research	8	10.1
Laboratory	2	2.5
Total	79	100

Among the total surveyed research center significant number of research base institute were of health services providers (82.3%). Similarly, one in ten institutes were researched based, where as five percentages of institutes having core objectives are research.

Table 6: Involvement in health research

Health research involvement	Frequency	Percent
Yes	21	30.0
No	49	70.0
Total	70	100

The above table shows, despite of fact that the main objectives of research centers was to conduct research but it was found that in Nepal only 30 percentage of the research institution were actually involving in research and rest 70 percentage of the research institution were not involved in any research activity.

Table 7: Taken ethical approval

Ethical approval taken	Frequency	Percent
Yes	6	28.57
No	15	71.43
Total	21	100

Among 6 research centers, 3 from NHRC, 1 from Gandaki Medical College, 1 from Kantipur Dental College (IRC) and 1 from National Ayurveda Research and Training Center.

It was found that among the research centers who had done the research, only 28.57 % of them had taken ethical approval before conducting research.

Number of health research/projects conducted till date ranged from 1-25

Reasons for not conducting any research

- Planning to do research shortly,
- No idea about the research,
- Recently established,
- No fully developed infrastructure,
- Lack of manpower

Table 8: Help research centers want from NHRC

Help wanted from NHRC (multiple response)	Frequency	Percent
Technical services/support	20	30.3
Statistical help	15	22.7
Research methodology training	24	36.4
Others	7	10.6

Others: provide fund/research grant for conducting research work, sharing of health related information, conduct monitoring and supervision of their projects

Among surveyed research institute more than one third (36.4%) of institute expect research methodical training, followed by technical support (22.7%), statistical help.

Suggestions to NHRC

Study participants made some comments for NHRC based on their experience and practicality of the field. Major recommendations are provided below.

- Exchange of data and approval for IRC
- Ethical approval from ERB should be examined to promote research
- Invite their staffs for training, workshop and seminar
- Frequent monitoring and supervision visits
- Need of regular monitoring

CONCLUSION/RECOMMENDATION

Study identified 370 research centers in Nepal from the information provided by the Office of Company Registrar, Tripureswor, Kathmandu (As per law, every private institution must register their firm before operating any kind of business in OCR.)

During Monitoring of those centers, we found that only 81 research centers were functional (according to the rule, all private health institutions must register and renew the license in every year. For up to 25-bedded hospitals, registration and renewal of registration needs to be obtained from their respective Districts Public Health/Hospitals Offices. For 25 to 50 bedded hospitals, registration and renewal of registration needs to be obtained from Regional Health Directorate. And lastly, for 50 to 200 bedded and more than 200-bedded hospitals registration and renewal of registration needs to be obtained from Department of Health Services and Ministry of Health and population respectively. Among 81 functional research centers only 30 percent are involved in any kind of research.

Study found lack of knowledge and awareness among the participants regarding doing research or importance of research. Strong policy needs to be adopted to ensure participation from all health related institutions in research activities.

Similarly, organizations whose core objectives are to provide health services are more active in research rather than research organization itself. Furthermore, most of the research organizations want to conduct research but they do not have adequate skills and resources to carry out research.

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5. NHRC. Health Research System In Nepal. Nepal Heal Res Counc. 2006;(November):1–20.
6. Nepal Health Research Council Act 1991, Section 6 , Sub section “chha”
7. Lee Y. Kasper J. Assessment of medical. Vol. 32, Health Services Research. 1998. p. 741–58.
8. Path R. National Ethical Guidelines For Health Research in Nepal And Standard Operating Procedures. 2011.

9. Conducted any health related Research Program/Project (As lead organization)

a) Yes

b) No (If no go to Q. 15)

10. No. of health related Research Program/Projects conducted till date:

11. No. of health related Research Program/Projects conducted in last year's:

a) Fiscal year 2073/74:

b) Fiscal year 2072/73:

c) Fiscal year 2071/72:

12. Did you submit the completed research to:

a) Ministry of Health

a) Yes

b) No

b) Nepal Health Research Council

a) Yes

b) No

13. If you have not submitted the research report to MoH or NHRC, Please provide reasons

.....
.....

14. If any of above mentioned research projects is incomplete, provide the main reason?

.....
.....

15. If you have not conducted any health related research program/project, provide the reasons?

.....
.....

(Go to Q. 20)

16. What was the source of funding for your last health related research project?

a) Institutional donors/external development partner

b) Government

c) Institution

d) Privately funded research

e) Other

If other, please specify:

17. Did you face any technical/professional difficulties while doing research?

a) Yes

b) No

18. If yes, what difficulties did you/your organization face? (Multiple answer possible)

a) Lack of competent manpower

b) Scarcity of related literatures

-
- c) Lack of infrastructures
 - d) Lack of fund
 - e) Others

If others, specify:

19. Had your organization taken ethical approval to conduct the health research from NHRC or IRCs?

- a) Yes
- b) No

20 If yes, mention the organization name that issued the approval letter:

21. Did you/your team submit interim or final reports to the donor agency or even NHRC?

- a) Yes
- b) No
- c) Don't know

22. If yes, mention the titles list of research reports.

- 001. _____
- 002. _____
- 003. _____
- 004. _____

23. Did you/your team disseminate the findings of the research project?

- a) Yes
- b) No
- c) Don't know

24. If yes, at what level did you disseminate your findings?

- At NHRC meeting/workshop
- At Some Government Forum
- At International Forum
- At the Community/District Level

Among donor agencies

Other (specify):

25. If no, what was the reason?

26. Did NHRC make any supervision & monitoring of your last research project (if approved by NHRC)?

- a) Yes

b) No

27. If yes, how many times?

28. Mention the project title that were supervised and monitored by NHRC.

a. _____

b. _____

29. What do you suggest to NHRC for the development of health research in Nepal or even your organization?

30. Do you expect any assistance from NHRC?

a) Yes

b) No

31. What kind of help would you like to get from NHRC?

a) Technical consultancy

b) Statistical help

c) Research Methodology Training

d) Others

If others, specify:

32. Do you have any comments/suggestions?

.....
.....
.....
.....

Thank You

Annex: 2

S.N.	States	Districts	Name of the organization	Address	Contact person	Contact number 1	Contact number 2	Email
1	1	JHAPA	MECHI NETRALAYA AND OPHTHALMIC RESEARCH CENTER	Mechi Nagar 6 Jhapa	POONAM PARDHAN	23562358	9852673854	mechinetrалaya@gmail.com
2	1	JHAPA	P.T. BIRTA CITY HOSPITAL & RESEARCH CENTER	Birtamode 01 Jhapa	DR ANIL K. BASNET	23544855	9852682345	birtacityhospital@gmail.com
3	1	JHAPA	DRISHTI EYE HOSPITAL AND RESEARCH CENTER	Birtamode 09 Jhapa	AJIT KUMAR THAKUR	23545703	9841479740	ajitthakur.drisht@gmail.com
4	1	JHAPA	DAMAK HOSPITAL AND RESEARCH CENTER	Damak	MOTI LAL BARAL	23581971	9852670927	moti.baral@yahoo.com
5	1	SUNSARI	BIRAT DIAGNOSTIC AND RESEARCH CENTER PVT LTD	Inaruwa -01 Sunsari	MADHAV PRASAD SAH	25560740	9852048502	
6	1	SUNSARI	SUSWASTHYA DENTAL HOSPITAL AND RESEARCH CENTER	Itahari -06 Sunsari	BIMAL NEPAL	25580962	9842064413	bimaljmc@gmail.com
7	1	JHAPA	B & C MEDICAL COLLEGE TEACHING HOSPITAL AND RESEARCH CENTER	Birtamode Jhapa	BABU RAM DHAMALA	23545566	9851177425	bncktmoffice@gmail.com
8	2	DHANUSHA	BINAY DIAGNOSTIC AND MEDICAL RESEARCH CENTER	Bhanu Chowk-02 Janakpur	SHIV KUMAR MISHRA	9744060527	9844027607	

9	2	DHANUSHA	MAA BHAGWATI DENTAL HOSPITAL AND RESEARCH CENTER	Kishori Nagar -02 Janakpurdham	DR. SANTOSH RAJ PAJIYAR	41527041	9806098673	drsranjnyar@gmail.com
10	2	DHANUSHA	JANKI HEALTH CARE AND RESEARCH CENTER	Bajarang Chowk -08 Janakpur Dham	RAJIV KUMAR YADEV	41525342	9801600103	
11	2	DHANUSHA	SAMAR HOSPITAL AND RESEARCH CENTER	Thapa Chowk-09 Janakpur Dham	DR. SUJIT YADEV	41530825	9844135718	drsujit2004@yahoo.com
12	2	SARLAHI	BRAHMBHUMI HEALTH RESEARCH CENTER	Ring Road -08 Malangwa	DR. TINA JAYSWAL	46520745	9864008607	
13	2	PARSA	MAHABIR DIAGNOSTIC AND MEDICAL RESEARCH CENTER	Birta Chowk -04 Birgunj Metropol	ARBIND KUMAR PATEL		9815208990	
14	2	PARSA	BHAWANI HOSPITAL AND RESEARCH CENTER	Link Road -16 ,Birgunj	SUNIL KUMAR GUPTA	51520200	9851110368	
15	2	PARSA	TERAI HOSPITAL AND RESEARCH CENTER	Birgunj -13	SANANDAN PARSAD KURMI		9841339848	spkurmi@gmail.com
16	2	PARSA	JOKHU CHAUDHARY SAMUDAYIK HOSPITAL AND RESEARCH CENTER	Badnihar-06 Biruwagutthi Parsa	BIJAY KUMAR CHAUDHARY		9816289021	

17	2	PARSA	NEPAL UNANI MEDICARE HOSPITAL AND RESEARCH CENTER	Garda, Bahuwari-17 Birgunj	DR HASIBURAHMAN ANSARI	9845192674 9804211285	drhasibrahmanansari@58gmail.com
18	3	KATHMANDU	PRITI JADIBUTI AUSADHALAYA AND RESEARCH CENTER	Jay Bageshwori	DR GITA SHRESTHA BAIDHYA	9741182959	
19	3	KATHMANDU	SUVEKSHYA INTERNATIONAL HOSPITAL AND RESEARCH CENTER	Sitapaila	MS BISHNU TRIPATHI	4302028 9856045841	www.sihrc.com.np
20	3	KATHMANDU	MOTHER INFANT RESEARCH ACTIVITIES	Thapathali, Kathmandu	JYOTI SHRESTHA	4101546 9841238362	j.shrestha@mira.org.np
21	3	KATHMANDU	MEDICARE NATIONAL HOSPITAL AND RESEARCH CENTER	Chabahal Chowk	HARI BHAKTA SIGDEL	980313511	
22	3	KATHMANDU	NATIONAL INSTITUTE FOR DEVELOPMENT AND RESEARCH PVT LTD(NIDR)	Sankhamul, Kathmandu		4782977	
23	3	KATHMANDU	BHENUS HEALTH CARE AND RESEARCH CENTER	Jay Bageshwori	SHREEJANA SHRESTHA	9851186524	khusbuhealthcare2014@gmail.com
24	3	KATHMANDU	DIRGHAYU GURU HOSPITAL PVT.LTD.	Mitrapark, Chabahal	MENUKA PUDASAINI		

25	3	KATHMANDU	SHREE KUNTA POLYCLINIC AND HEALTH CARE CENTER	Tilganga	BIPANA JOSHI	4112533	9851139871
26	3	KATHMANDU	HIMAL HOSPITAL PVT LTD	Gyaneshwor	ARCHANA THAPA	4419672	9860937736
27	3	KATHMANDU	LOKHIT DENTAL HOSPITAL PVT LTD	Tripureshwor	DR.GANESH SAH	4101041	9851029264 drganesshah@gmail.com
28	3	KATHMANDU	RELIANCE MEDICARE CENTER	Siphel	TEJ KUMAR LAMA	4465708	9841246290 reliancemedicare@gmail.com
29	3	KATHMANDU	SPORT MEDICINE AND RESEARCH CENTER	Tripureshwor	KRISHNA KUMAR SINGH	4101026	9851029425
30	3	KATHMANDU	OM HOSPITAL AND RESEARCH CENTER	Chabahil	DR.BIJAYA PYAKUREL	4476225	9851069677 bijay.pyakurel@omhospitalnepal.com
31	3	KATHMANDU	ASTANGA AYURVEDA HOSPITAL AND RESEARCH CENTER	Kalaki	SUJAN TIMILSINA	9842982035	9851144295 hnchaudhary@gmail.com
32	3	KATHMANDU	DIRGHA JEEVAN HEALTH CARE AND RESEARCH CENTER PVT.LTD.	Tripureshwor Chowk	MEKH BAHADUR PULAMI	4264115	9808117533
33	3	KATHMANDU	HIMALAYA DENTAL SERVICE AND RESEARCH CENTER		USHA THAPA MAGAR	4261053	9841278130
34	3	KATHMANDU	BP MEMORIAL HEALTH INSTITUTE AND RESEARCH CENTER	Dhapasi Basundhara	PREM POUDEL	14355456	bpmhirc@gmail.com

35	3	KATHMANDU	ALLIANCE MEDICAL AND RESEARCH CENTER	Basundhara	TEJ BAHADUR BASNET				
36	3	KATHMANDU	OJUS AYURVEDA HOSPITAL AND RESEARCH CENTER	Samakhusi Chowk	SITA PANDEY	4363161	9841387007	info@ojusayurveda.com	
37	3	KATHMANDU	NATIONAL AYURVEDA RESEARCH AND TRAINING CENTER	Kirtipur	BANDANA SHARMA	9851213360	4336254	natrc.org.np	
38	3	KATHMANDU	KANTIPUR DENTAL COLLEGE TEACHING HOSPITAL AND RESEARCH CENTER		RAJENDRA DAWADI	9851023469	9851001414	kdchbm@gmail.com	
39	3	KATHMANDU	JANAK MEDICAL AND RESEARCH CENTER	Balazu, Kathmandu					
40	3	KATHMANDU	MA LAXMI POLYCLINIC AND RESEARCH CENTER	Samakhusi					
41	3	KATHMANDU	DI SKIN HEALTH AND RESEARCH CENTER	Maharajgunj					
42	3	KATHMANDU	JALBINAYAK POLYCLINIC AND RESEARCH CENTER	Gongabu					
43	3	KATHMANDU	SHREE BINAYAK RESEARCH CENTER		SHREE GOVINDA PRASAD				

44	3	KATHMANDU	NABODAYA HEALTH CLINIC RESEARCH AND TRAINING CENTER PVT LTD	Tokha-14, Kathmandu	9841069836	9841147325
45	3	KATHMANDU	ANMOL HOSPITAL AND RESEARCH CENTER			
46	3	KATHMANDU	KIRTIPUR EYE HOSPITAL AND STUDY CENTER	Kirtipur	4331823	9841411360
47	3	KATHMANDU	MERO DENTAL HOSPITAL AND PVT.LTD		MANOJ KUMAR UPADHYAY	
48	3	KATHMANDU	GAMMA IMAGING CENTER PVT.LTD			
49	3	LALITPUR	NATIONAL HOSPITAL OF CANCER AND RESEARCH CENTER	Jawalakhel, Lalitpur	MAYA NEUPANE	9851041376 shyamkrishnajoshi@gmail.com
50	3	BHAKATPUR	DR.IWAMURA MEMORIAL HOSPITAL AND RESEARCH CENTER	Saillaghari, Bhaktapur	RANJIT MAMARIKHU	9851136541 ranjitmarikhu@gmail.com
51	3	LALITPUR	SUBHA EKATA CLINIC AND RC PVT.LTD	Bhaisepati	SARITA ADY	5590878 9843267525
52	3	LALITPUR	AADHYA DIAGNOSTIC AND RESEARCH CENTER	Balkumari, Lalitpur	DR.NIRAJAN ACHARAYA	15186621 sabinapoudel@hotmail.com

53	3	KATHMANDU	CAPITAL COLLEGE AND RESEARCH CENTER	DEVRAJ POUDEL	9851038136	
54	3	KATHMANDU	CENTRAL DIAGNOSTIC LABORATORY AND RESEARCH CENTER PVT.LTD	Kamalpokhari -32, Kathmandu	UMESH MEHTA	14417177 9801245950 centraldiagnosticslabs@gmail.com
55	3	LALITPUR	LALIGURASH HOSPITAL PVT.LTD	Talchekhel Lalitpur	SAMJHANA SAHANI	5152245
56	3	LALITPUR	NEPAL CANCER HOSPITAL AND RESEARCH CENTER	Harisiddhi Lalitpur	JANA HIT BASUKALA	9801300605 janahit.basukala@nch.com.np
57	3	LALITPUR	TRANQUILITY HOSPITAL AND RESEARCH CENTER	Khumaltar, Lalitpur-15	RUPAK GAUTAM	9841504122 info.tranquilityhospital@gmail.com
58	3	KATHMANDU	JAPAN NEPAL HEALTH AND TUBERCULOSIS RESEARCH ASSOCIATION	Subidhanagar, Tinkune	RAM SHARAN GOPALI	9841896531 gwala73@hotmail.com
59	3	KATHMANDU	WELLCARE HOSPITAL AND RESEARCH CENTER		MUKUNDA BHATTARAI	9851105578
60	3	KATHMANDU	CLINIC AT FOUR CLINICAL RESEARCH AND DIAGNOSTIC CENTER	520, Tahachal Garden, Kathmandu-13	AYAY P.PRADHAN	9851014100 4276670 drajaypradhan@hotmail.com

61	3	KATHMANDU	GLOBAL HEALTH CARE AND RESEARCH CENTER	Faika Kapan	SUNITA KANDEL	4822027	9841343539	sunitasigdel@gmail.com
62	3	KATHMANDU	AROGIN HEALTH CARE AND RESEARCH CENTER	Bishalnagar, Kathmandu	KRISHNA RAJA MAHAT	71541107	9851234310	krishnarajamahat@gmail.com
63	4	RUPANDEHI	ZENUS HOSPITAL AND RESEARCH CENTER	Butwal	DR SHARDA SINGH	71541107	9857059525	
64	4	KASKI	SWASTIK REFFERAL LABORATORY AND RESEARCH CENTER	Hospital Chowk Pokhara 10	BINDU THAPA	61541575	9856025292	
65	4	KASKI	POKHARA OM HOSPITAL DIAGNOSTIC & RESEARCH CENTER PVT LTD	Mahendra Pool Pokhara	OM PARKASH GURUNG	61534577	9856020147	om_gurung@hotmail.com
66	4	KASKI	FISHTAILHOSPITAL AND RESEARCH CENTER	Gairapatan Pokhara	DR BHOLA SHRESTHA	61527553		fishtailhospital@gmail.com
67	4	KASKI	KASKI SEWA HOSPITAL AND RESEARCH CENTER	Pokhara 12	PADAM BAHADUR KHADAKA	61528161	9856028196	drpadamkhadaka@gmail.com
68	4	KASKI	BG HOSPITAL AND RESEARCH CENTER	Matepani Pokhara 12	KOOL PARSAD LAMICHHANE	61538975	9841194471	
69	4	KASKI	ANNAPURNA CHILDREN & WOMEN'HOSPITAL	Pokhara 9	BHARAT KOIRALA	61527774	9802838390	varatvai@gmail.com
70	4	KASKI	CHAUTHE HOSPITAL AND RESEARCH CENTER	Chauthe Pokhara 14	PRIYANKA GC	61501140	9824112155	

71	4	KASKI	LIFECARE DIAGNOSIS & RESEARCH CENTER POKHARA PVT LTD	New Road Pokhara	DR MAHENDRA PRASAD BHATT	61521845	9851185573	mahendramit@gmail.com
72	4	KASKI	POKHARA HOSPITAL AND RESEARCH CENTER	Indra Chowk 10 , Pokhara	SHIV PD KOIRALA	61521924	9846035456	
73	4	KASKI	HEMJA HOSPITAL AND RESEARCH CENTER	Milan Chowk , Hemja , Pokhara 25	RAJESH TRIPATHI	61400055	9856044378	
74	4	BAGLUNG	MUKTINATH HOSPITAL AND RESEARCH CENTER	Loktamrik Chowk Baglung Nagarpa	BRIHASPATI KADEL	68522269	9857620146	
75	5	RUPANDEHI	DEVDAHA MEDICAL COLLEGE AND RESEARCH INSTITUTE	Devdaha ,Rupandehi	DR RAJNEESH JINDAL			
76	5	RUPANDEHI	SIDDABABA SUPERSPECIALIST INTERNATIONAL HOSPITAL	Butwal	SHAKTI BASNET		9851089112	
77	5	BANKE	CENTRAL CITY HOSPITAL AND RESEARCH CENTER	Nepalgunj , Banke	NARAYAN DEV BUDA	81521343	9864708122	
78	5	BANKE	MID WESTERN EYE HOSPITAL AND RESEARCH CENTER	Nepalgunj - 13	UDAY NARAYAN YADEV	81526500	9848061377	
79	7	KAILALI	SATHI ASPATAL AND RESEARCH CENTER PVT LTD	Tikapur 1 Kailali	NAGENDRA BAHADUR SHAHI	91560666	9848465203	sathihospital@gmail.com

80	7	KAILALI	DHANGADHI DIAGNOSTIC & RESEARCH CENTER PVT LTD	TCN Chowk Hasanpur 5 Dhangadhi	ROSHANI UPADHYAY	91520660	9858425933	diagnosticsdhn@gmail. com
81	7	KAILALI	LIFE CARE DIAGNOSTIC AND RESEARCH CENTER DHANGADI PVT LTD	Chatakpur 3 , Dhangadi	MUKUND JOSHI	91416577	9849511983	mukundjoshi700@gmail. com